

What are my skills?

Each of the experiences you have written about utilized skills. Make a list of your skills and put a mark (asterisk or star) next the skills you enjoyed using.

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Hint: If you need additional help assessing your skills, download the *Skills Assessment Handout* from the Career Development website or take the *Career Key* online assessment. Both are available at:
<http://www.plu.edu/-career/job-search/skills-assessment.html>

What are my values?

Your values play an important role in your daily life. Describe your values; why they are important to you; and how your values impact your choices.

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Set up an appointment to have your resume reviewed with a professional!
Call Career Development today 253-535-7459
www.plu.edu/-career