



Bachelor of Science in Physical Education (BSPE)

Movement Studies and Wellness Education

Pre-Athletic Training Concentration

Major Required Coursework (52 hrs)

Dept/No	Course Title & Prerequisite(s)	Credits	Term	
BIOL 225	Molecules, Cells, and Organisms	4	F	
BIOL 205	Human Anatomy and Physiology I	4	F	
BIOL 206	Human Anatomy and Physiology II	4	SP	
CHEM 105	Chemistry of Life	4	SP	
HEED 266	Nutrition, Health and Performance	4	F	
HEED 281	Injury Prevention and Therapeutic Care	2	SP	
PHED 277	Foundations of Physical Education	2	F/SP	
PHED 326	Adaptive Physical Activity	4	SP	
PHED 480	Exercise Physiology	4	F	
PHED 486	Applied Biomechanics and Kinesiology	4	SP	
PHED 495	Internship (SR)	4	SP	
PHED 499	Capstone: Senior Seminar (SR)	4	SP	
PSCY 101	Introduction to Psychology	4	F	
STATS 231	Introductory Statistics	4	F	
Total Hours/Credits		52		

~ **ALL students must have current First Aid and CPR certification prior to internship**

~ **Candidates for the BSPE degree must meet the College of Arts and Sciences foreign language requirements.**



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Suggested Course Sequence for Major

Year	Fall	Spring
Freshman		
	BIOL 225 Molecules, Cells, & Organisms (4)	CHEM 105 Chemistry of Life (4)
	PSYC 101 Introduction to Psychology (4)	PHED 277 Foundations of Physical Education (2)
Sophomore		
	BIOL 205 Human Anatomy & Physiology I (4)	BIOL 206 Human Anatomy & Physiology II (4)
		HEED 281 Injury Prevention & Therapeutic Care (2)
Junior		
	HEED 266 Nutrition, Health & Performance (4)	PHED 326 Adaptive Physical Activity (4)
	PHED 480 Exercise Physiology (4)	PHED 486 Applied Biomechanics/Kinesiology (4)
Senior		
	STATS 231 Introductory Statistics (4)	PHED 495 Internship (SR) (4)
		PHED 499 Capstone: Senior Seminar (SR) (4)

For Additional Information:

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