

Global Studies

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The Global Studies Program aims to encourage and enable students to achieve global literacy defined as a multidisciplinary approach to contending perspectives on global problems, their historical origins, and their possible solutions. To this end, the Global Studies program offers courses and experiences designed to equip students with the factual knowledge and analytical skills necessary to comprehend, and engage with, foundational questions of global analysis (e.g., the commonalities and variations between human cultures), identifiable global themes (e.g., war and peace, economic development, globalization and trade, environmental sustainability), and the specifics of particular contemporary global problems (e.g., regional conflicts, weapons proliferation, environmental degradation, movement for political integration and autonomy, the AIDS crisis).

COURSE OF STUDY

Students electing the Global Studies major are required to declare a primary major before they declare a Global Studies major. No more than two courses (eight semester hours) can be taken in any one discipline to fulfill the requirements for the issue concentration for the Global Studies major. In addition, students may not apply more than two courses (eight semester hours) from each other major or minor.

Faculty: The Global Studies Committee administers this program: Grosvenor, *Chair*, Keller, Martinez-Carbajo, Manfredi, Nosaka, Storfjell, Thomson.

MAJOR REQUIREMENTS

Global Studies Core 16 semester hours

ANTH/HIST/POLS 210: Global Perspectives:
The World in Change (4)

Select two courses from the following:

ANTH 102: Intro to Human Cultural Diversity (4)
 ECON 111: Principles of Microeconomics: Global
and Environmental (4)
 HIST 215: Modern World History (4)
 GLST 499: Capstone: Research Seminar (4)

• **Issue Area Concentrations** 16 semester hours

Four courses must be taken from one of the five concentrations outlined below. At least three of the four courses counted toward a concentration must be at the 300 level or higher.

• **Language**

Students must demonstrate proficiency in a language relevant to their coursework and at a level consistent with Option 1 of the College of Arts and Sciences foreign

language requirement. This may be accomplished through a proficiency examination or through the equivalent of 16 semester hours of coursework.

• **Off-Campus Study Component**

Majors are required to participate in an off-campus study program. While off-campus students must earn eight semester hours of credit related to the global studies core or the student's global studies concentration. At least four credits must be related directly to the student's global studies concentration. For example, this study away requirement could be met by taking two appropriate J-term courses, or by eight semester hours of appropriate coursework taken during a semester away. Language study coursework does not necessarily count for this requirement; coursework must deal with the contemporary world and its issues. Obtaining pre-approval for credit is encouraged. Local internships related to an area concentration and involving a cross-cultural setting may be allowed. The Global Studies chair must approve exceptions.

• **Senior Research Project**

The senior project is a general university requirement in all programs and majors. Students satisfy this requirement by completing a research project or paper in GLST 499.

CONCENTRATIONS*

• **Development and Social Justice Courses:**

ECON 333: Economic Development: Comparative
Third World Strategies (4)
 ENGL 233: Post-Colonial Literature (4)
 HISP 301: Hispanic Voices for Social Change
(when approved by the GLST chair) (4)
 HISP 322: Latin American Culture and Civilization (4)
 HIST 335: History of the Caribbean (4)
 HIST 340: Modern Japan (4)
 POLS 380: Politics of Global Development (4)

• **Responses to International Violence and Conflict Courses:**

ANTH 376: Nation, State, and Citizen (4)
 COMA 304: Intercultural Communication (4)
 COMA 340: Conflict and Communication (4)
 POLS 331: International Relations (4)
 POLS 332: International Conflict Resolution (4)
 POLS 431: Advanced International Relations (4)

• **World Health Courses:**

ANTH 380: Sickness, Madness, and Health (4)
 ECON 323: Health Economics (4)
 PHED 362: Healing Arts of the Mind and Body (4)
 RELI 230: Religion and Culture (When the topic is:
Religion, Healing, and the Body) (4)

• **Globalization and Trade Courses:**

BUSA 201: Value Creation in the Global Environment (4)
 BUSA 352: Global Management (3)

BUSA 408: International Business Law and Ethics (3)
 BUSA 460: International Marketing (3)
 COMA 393: Communication Abroad (4)
 ECON 331: International Economics (4)
 POLS 347: Political Economy (4)
 POLS 381: Comparative Legal Systems (4)
 POLS 383: Modern European Politics (4)

• **Transnational Movements and Cultural Diversity Courses:**

ANTH 330: Native North Americans (4)
 ANTH 360: Ethnic Groups (4)
 ANTH 387: Special Topics in Anthropology
 (When the topic is: First Nations) (4)
 ENGL 232: Women's Literature (4)
 ENGL 343: Post-Colonial Literature and Theory (4)
 FREN 221: French Literature & Film of the Americas (4)
 FREN 301: Composition and Conversation
 (When approved by GLST chair) (4)
 GERM 301: Composition and Conversation
 (When approved by GLST chair) (4)
 HISP 341: The Latino Experiences in the U.S. (4)
 HIST 344: The Andes in Latin American History (4)
 PSYC 335: Cultural Psychology (4)
 RELI 227: Christian Theology (When the topic is:
 Theologies of Liberation and Democracy) (4)
 RELI 236: Native American Religious Traditions (4)

*Students may petition the Chair of Global Studies for the inclusion of courses that meet issue concentration requirements but that are not taught regularly enough to be listed here.

MINOR REQUIREMENTS

20 semester hours

- ANTH/HIST/POLS 210: Global Perspectives - The World in Change (4)
- Select one course from the following:
 ANTH 102: Intro to Human Cultural Diversity (4)
 ECON 111: Principles of Microeconomics: Global and Environmental (4)
 HIST 215: Modern World History (4)

- Three courses in one concentration, at least two must be at the 300 level or higher.

Students must take one semester of 200-level college coursework in a foreign language or demonstrate equivalent proficiency.

Students must take at least four credit hours of study away coursework related to the contemporary world and its issues. For example, one appropriate January Term (J-Term) course that would apply toward the student's concentration.

To view Global Studies (GLST) courses, go to the PLU Directory of Approved Courses on page 184.

Greek

To view curriculum and course requirements, please go to Department of Languages and Literature, page 75.

To view Greek (GREK) courses, go to the PLU Directory of Approved Courses on page 184.

Health Education

To view curriculum requirements, please go to Department of Movement Studies and Wellness Education on page 79.

To view Health Education (HEED) courses, go to the PLU Directory of Approved Courses on page 184.

Hispanic Studies

For curriculum and course offerings information, see Department of Languages and Literature, page 75

To view Hispanic Studies (HISP) courses, go to the PLU Directory of Approved Courses on page 185.



Global Studies (GLST)

GLST 495: Internship

A project, usually undertaken during a study-abroad experience and supervised by a PLU faculty member, that combines field experience, research, and writing on issues related to the student's issue concentration in Global Studies. Local internships that involve transnational issues and constituencies will also be considered. **Prerequisite:** Prior consent of the chair of the Global Studies Committee and of the supervising PLU faculty member. (1-12)

GLST 499: Capstone: Research Seminar – SR

Required of all students majoring in Global Studies, this is a capstone seminar that culminates in the writing of an extensive research paper.

Prerequisite: ANTH/HIST/POLS 210. (4)



Greek (GREK)

GREK 101, 102: Elementary Greek

Basic skills in reading classical, koine, and patristic Greek. (4, 4)

GREK 201, 202: Intermediate Greek – C

Review of basic grammar, reading in selected classical and New Testament authors. (4, 4)

Health Education (HEED)

HEED 262: Big Fat Lies – A

Investigation of body weight as both a source of social prejudice and as a health issue. Issues of body image, social expectations and ideals, and discrimination are addressed in the first half and topics such as metabolism, dieting, heart disease, diabetes and cancer are addressed as they relate to obesity in the second half. (4)

HEED 266: Nutrition, Health & Performance

An examination of the role of dietary choices in the maintenance of health, the prevention of disease and the optimizing of physical performance. Topics covered include: consumer nutrition skills, basic nutrients and nutritional science, energy balance, sport and performance nutrition including the use of supplements and ergogenic aids, lifespan nutrition, global nutrition and food safety. (4)

HEED 281: Injury Prevention and Therapeutic Care

Prevention, treatment, and rehabilitation of all common injuries sustained in athletics; physical therapy by employment of electricity, massage, exercise, light, ice, and mechanical devices. (2)

HEED 292: First Aid

Meets requirements for the American Red Cross Standard First Aid and Personal Safety. (2)

HEED 360: Professional Practicum

Students work under the supervision of a coach, teacher, recreation supervisor, or health care provider.

Prerequisite: Departmental approval. (1 or 2)

HEED 366: Health Psychology

This course examines how human physiology and psychology interact and influence personal health choices and behavior change. Topics surveyed include behavior change models; nicotine, alcohol and drug use and abuse; stress and stress management; psychological factors in the prevention, development and treatment of chronic disease; death and dying. (4)

HEED 395: Comprehensive School Health

This course explores the integrated nature of comprehensive school health programs. Students will use their health knowledge and resources to effectively communicate essential health content with an emphasis placed on environmental health, intentional and unintentional injury prevention, consumer health and sexuality education. The course addresses program planning, implementation and evaluation based on the needs of the learner. **Prerequisites:** PHED 279, HEED 266 and HEED 366. (4)

HEED 425: Health Promotion/Wellness Intervention Strategies

Examination of strategies for improving the state of wellness through healthier lifestyles. (2)