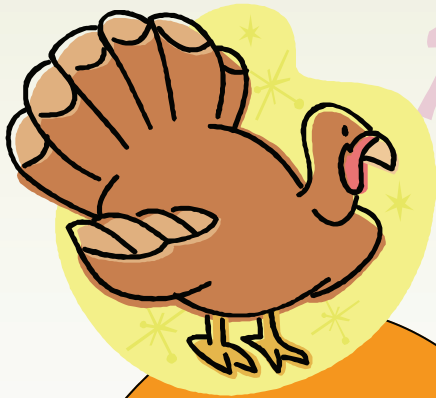


Volunteer Center

November 2009

Welcome to November everyone! With Fall in full swing, there are tons of fun and exciting ways to help out! Make sure to check out our website for even more volunteer opportunities. Also, November 8th to the 14th is **HUNGER AND HOMELESSNESS AWARENESS WEEK!** Pay attention to the events and participate as much as possible. Have a great November PLU!



Come visit the VC!

volunteer@plu.edu

Ramstad 116

(253) 535-8318

Metro Parks Turkey Trot!

- A 5K run in Northeast Tacoma on the morning of Thanksgiving (Nov. 26th)
- Volunteers needed to help with course marshaling, giving water out, registration, kids' activities, and more!
- Needed anytime from Wednesday night through close down Thursday afternoon
- Contact Janet Bissell at (253) 305-1028 or janetb@tacomaparks.com
- Preferred Contact deadline is November 13th, 2009

Fish Food Banks is always in need of volunteers to re-stack, repackage, and other jobs! Come help out:

Mondays from 10:00 to 4 pm,
Wednesdays from 10-3 pm or
3-6:30 pm, and Fridays from
10:00 to 4 pm.

Contact: Beth Elliott at (253)
531-4530



**Visit us for more
opportunities!**

**Have a great Novem-
ber everyone!**

**Hunger and Homelessness
Awareness Week!**

Monday: visit Box City in Red Square and look for facts on signs around campus

Tuesday: attend the Hunger Banquet from 5:30 to 7:00 pm outside of the UC Commons (dinner is free!)

Wednesday: Attend our panel on homelessness issues relating to domestic violence, mental issues, veteran issues, and more! 5-6 pm in the Regency Room (Appetizers served!)

Thursday: Charity Concert featuring Tyrone Wells PLU- tonic! Bring a dollar or a can of food to get in—8:30 to 10 pm in the UC Dining area. Also, come to the Candlelight Vigil in Red Square and Sleep under the stars: 10:00 pm to am.

Friday: Volunteer! Serve food at the 705 Feed at 6:00 pm. Contact Mikal at applewmk@plu.edu

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