

J Term Travel 2009

The information listed below is in most cases a recommendation for travelers and not a requirement. Personal risks will vary depending on the itinerary, length of stay, style of travel, and season of the year. Individual travel counseling is encouraged and required to obtain immunizations or medications from the PLU Student Health Center.

Routine immunizations should be up to date for all destinations. These include: tetanus/diphtheria/pertussis (booster within the past 10 years), (MMR) measles/mumps/rubella, hepatitis B, varicella (if there is no history of chicken pox), and influenza (yearly vaccine).

Country	Hepatitis A	Typhoid	Polio	Yellow Fever	Malaria Risk	*Approximate cost (without malaria med.)
Australia						
Austria						
Brazil/Argentina	√	√		I	I	\$200.00/\$285.00
Caribbean	√	√				\$200.00
China	√	√				\$200.00
China/Korea	√	√			L	\$200.00
Dubai/U.A.E.	√	√				\$200.00
Ecuador	√	√		√	√	\$285.00
Egypt	√	√	√			\$240.00
England/Germany/Greece						
France						
Germany/Austria						
India	√	√	√		√	\$240.00
Italy						
Martinique	√	√				\$200.00
New Zealand						
Norway/Iceland						
South Africa	√	√	√		I	\$240.00
Switzerland						
Tobago	√	√		√		\$285.00

Malaria Medications: Prices will vary depending on type of medication and length of stay in the risk area. Current prices range from ~ \$10 to \$200.

I = itinerary dependent, risk confined to specific areas

L = very low risk, only mosquito bite prevention recommended