



PACIFIC LUTHERAN UNIVERSITY

Volleyball Camp

Pacific Lutheran University
Tacoma, WA 98447-0003



2006 Volleyball Camp

2 Sessions

July 10 - 13

July 17 - 20

Grades 7 - 12

2006 PLU Volleyball Camp

2 Sessions

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DIRECTOR

Kevin Aoki will be entering his 11th year as the Head Volleyball coach at PLU. He previously coached at Bethel High School and led them to 5 league titles, 2 district championships, 10 straight district appearances and 8 state tourney entries. His 1999 and 2004 teams finished 1st in the Northwest Conference and also made the NCAA Div. III National Tournament.

FACILITIES

Olson Auditorium will house 4 courts while Memorial Gymnasium will have 2 courts. Training room facilities with a full time trainer will be on site at all times during the camp. Players must provide their own tape.

TARGET GROUP

Beginning, intermediate, and advanced players who would like to improve their all-around skills and ability to play the complete game. The ratio of players to coach will be around 8 to 1. Players will be placed carefully into groups according to skill and grade (7-12) so that learning is more conducive for the group and the individual.

TOPICS TO BE COVERED

Each camper grades 7-12 will receive instruction on passing, setting, blocking, attacking, serving, and individual & team defense/offense.

CAMP STAFF

Current PLU players as well as some of the top high school and junior high coaches in the area.

WHAT YOU GET:

- *24 Hours of Instruction
- *Great Individual Attention
- *Camp T-Shirt
- *Water Bottle
- *Camp Certificate
- *Lots of FUN!

TYPICAL CAMP DAY:

- 9:00-11:00 Individual Skill Development
- 11:00-12:00 Team Offense/Defense
- 12:00-1:00 Lunch - Brown Bag from Home
- 1:15-3:00 Team Prep
- 3:00-4:00 Tournament Play

CAMP COST
\$170.00

REGISTRATION and DEPOSIT

Registration form and \$100.00 non-refundable deposit due as soon as possible to reserve your spot. Camp will only take 96 players per session. You will receive a confirmation letter or call upon our reception of the above items.

The balance is due on the first day of camp. Registration begins at 8:15am on the first day of each session.

Questions, please call (253) 535-8799 or email aokika@plu.edu

REGISTRATION FORM

Circle the week you will attend

July 10 - 13
July 17 - 20

Name _____
Address _____
City, ST, Zip _____
Home Phone _____
Parent Names _____
Work Phone _____
Emerg. Contact Person _____
Phone _____
Fall 2006. Grade _____ Age _____
School _____ Height _____
Positions Played _____
T-Shirt Size (Check One) __S __M __L __XL
E-mail Address _____

MEDICAL RELEASE

I hereby authorize my child's participation in the PLU Volleyball Camp. I know of no physical, mental, emotional, or behavioral problems which may affect my child's ability to safely participate. The camp staff is authorized to attend to any health problem or injury my daughter may incur while attending camp. I understand that my daughter must have current and active medical insurance before she may attend camp and hereby confirm that she does. Neither I nor my daughter will hold the PLU Volleyball Camp, Kevin Aoki, or any camp coach or personnel liable for any injuries/illnesses or expenses relating to injuries/illnesses sustained while my daughter is at camp.

Date _____ Signature _____

Return this form with \$100.00 non - refundable deposit to secure your spot in this years camp. If camp is full, you will receive your deposit back.

Mail to: PLU

Attn: Kevin Aoki, Volleyball Coach
Tacoma, WA 98447-0003



Make check or money order payable to: PLU Volleyball