

# ALCOHOL, MASCULINITY, AND RAPE

## WHAT ANTI-RAPE MAN WANTS YOU TO KNOW



Henry Niemeyer, mild-mannered children's book writer, became a superhero when he was looking for a restroom and stumbled upon a secret feminist laboratory, where a bizarre, unexplainable accident occurred that turned him into ANTI-RAPE MAN.

And so now, he's just an ordinary guy with superpowers to prevent sexual violence.

Occasionally, he's hired to do Public Service Announcements.

So, ANTI-RAPE MAN wants you to know...

### ALCOHOL AND TRADITIONAL MASCULINITY PUT YOUNG WOMEN AND MEN AT RISK FOR RAPE AND OTHER AT-RISK BEHAVIORS

- In a study of 119 college campuses, one in 20 women reported being raped in college since the beginning of the school year, and nearly three-quarters of those rapes happened when the victims were so intoxicated they were unable to consent or refuse (Harvard School of Public Health Alcohol Study 2004).
- When drinking, college men are likely to misjudge a woman's sexual interest, care less about her experience, and are less able to evaluate accurately whether consent has been obtained (Abbey 2002).
- Findings from a national study of young men, reveal that traditional beliefs about manhood are associated with poor health behaviors, including drinking and drug use and high-risk sexual activity (Courtenay 1998).

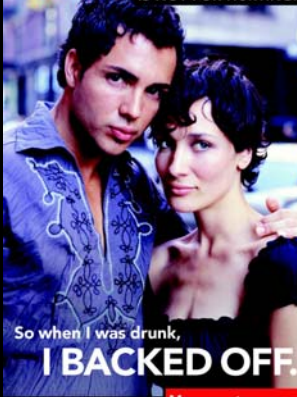
### WHAT YOUNG MEN CAN DO FOR YOUNG WOMEN AND FOR THEMSELVES

- **Define Your Own Manhood.** Consider whether the connection between manhood and alcohol plays a role in creating unhealthy behavior that puts you at risk. Decide for yourself how much you want to drink and what kind of man you want to be.
- **Understand the ability to consent.** Alcohol and drugs can affect people's ability to decide whether they want to be sexual with someone. If a person is drunk or high and can't give consent, back off and wait until you both are ready to enthusiastically say yes.
- **Talk it over.** Better communication in sexual situations—listening to the other person, stating desires clearly, and asking when a situation is unclear—requires minds not clouded by alcohol. Create a space to speak honestly and clearly about sex.
- **Be a friend.** You've heard of designated drivers. Use the same principle in connection with rape. At a party where there is alcohol, designate one guy among your group of friends to keep an eye on alcohol intake and whether any of the other guys might be starting to act in ways that could lead to sexual violence.

## ANTI-RAPE MAN SAYS: SHOW YOUR STRENGTH DRINK RESPONSIBLY

READ "THE SAGA OF ANTI-RAPE MAN" COMIC STRIP AT  
[WWW.MENCANSTOPRAPE.ORG](http://WWW.MENCANSTOPRAPE.ORG) IN THE "RESOURCES" SECTION

MY STRENGTH IS NOT FOR HURTING.



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