



PACIFIC  
LUTHERAN  
UNIVERSITY

# Health Center

## Medical History Record

Tacoma WA 98447-0003  
Phone 253-535-7337 option 2  
FAX 253-536-5042 Health@plu.edu

◆ This form must be completed and submitted to the Health Center for attendance. This form has 3 pages.

Last Name	First Name Preferred Name	Middle Initial	Date of Birth (MM / DD / YYYY)
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Gender assigned at birth Preferred Gender	<input type="checkbox"/> Female <input type="checkbox"/> Male	Social Security Number
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Student ID	Telephone Number (Home)	Telephone Number (Mobile)
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### Home Address

Street	City	State or Province	ZIP or Postal Code	Country
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Emergency Contact Name ( in US )	Relationship	Telephone Number
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Are you a former PLU Student?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, when?	Previous Name
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Are you an international student? Have you attended an US college?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, which country are you from?
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In what term will you enter PLU?	<input type="checkbox"/> Fall <input type="checkbox"/> J-Term	<input type="checkbox"/> Spring <input type="checkbox"/> Summer	Of what year?	<input type="checkbox"/> 2019 <input type="checkbox"/> 2020	<input type="checkbox"/> 2021 <input type="checkbox"/> 2022
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### Insurance Information

Do you have medical and hospital coverage?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, what is the name of the person who carries the coverage?
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Name of Insurance Carrier	ID Number	Group Number
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Insurance Carrier Address	Insurance Carrier Telephone Number
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## 1. Health Center Consent and Release

This document has legal significance; please read it carefully.  
Pacific Lutheran University (PLU) offers medical services to all of its' full- and part-time students. This form is required for attendance.

PLU will keep your medical records confidential, and they will only be used for the provision of health care services. Because of PLU's promise of confidentiality, you, as the student, must inform Residence Hall staff or other university personnel (i.e. physical education instructors or athletic coaches) of any medical condition that you have that could be of concern while you are attending PLU. Furthermore, you are responsible for wearing a Medic Alert bracelet, necklace, or similar device to warn health care providers of your diabetes, hemophilia, heart disease, seizure disorder, drug allergies, or other significant medical conditions.

In the event that PLU is required to rely on this consent to authorize necessary medical care and treatment for the student, the undersigned, individually and jointly, agree to indemnify and hold PLU harmless for the costs incurred for said emergency care and treatment, including reasonable attorney's fees and costs incurred in defending and/or instituting a suit to recover said medical expenses.

*As a PLU student, I consent to any necessary medical or surgical treatment in the event of a medical emergency as confirmed by any attending physician, advanced registered nurse practitioner, or physician assistant at PLU Health Services. If the student is under 18 years of age, PLU will attempt to contact the undersigned parent or guardian for approval before relying on this consent. In addition, the undersigned student must personally consent to said medical procedure if he or she is physically and emotionally capable of consenting at the time such treatment is required.*

Student Signature Please print and sign your name	Date
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Parent or Guardian Signature Required if the student is under 18 years of age	Date
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Last Name	First Name	Middle Initial	Student ID
<b>2. Immunization Record</b>		<p><b>You will not be permitted to register without proof of immunizations on record at the PLU Health Center.</b>          Places to look for official immunization documents include your high school, primary care provider's office, parent's official records, and military records. If you are unable to locate this information, we are able to offer you immunizations at the Health Center at reduced cost. Please call us at 253-535-7337 or send email to health@plu.edu for an appointment.</p>	

If you were born prior to 1 January 1957, you are considered immune due to exposure to these diseases, and you are not subject to the immunization requirements.

For all other students:

**1. Rubeola (Measles)**

One of the following must be provided

- a. Documentation of two immunizations with live attenuated virus vaccine **after the student's first birthday and administered at least 30 days apart.** Persons vaccinated with an inactivated (killed) virus or an unknown vaccine prior to 1968 must be revaccinated.
- b. Documented history of measles disease
- c. Documented laboratory evidence of immunity to rubeola

**2. Mumps**

One of the following must be provided

- a. Documentation of immunization **after 1967 and after the student's first birthday**
- b. Documented history of mumps disease
- c. Documented laboratory evidence of immunity to mumps

**3. Rubella (German Measles)**

One of the following must be provided

- a. Documentation of vaccination with a live virus vaccine **after 1969 and after the student's first birthday**
- b. Laboratory evidence of immunity to rubella

Immunizations **Required** for All Students. **You may also attach copies of official records.**

<b>Measles, Mumps, and Rubella (MMR)</b>	Date of 1st Vaccine	<b>◆ OR</b>	<b>Measles</b>	Date of 1st Vaccine	
	Date of 2nd Vaccine			Date of 2nd Vaccine	
			<b>Mumps</b>	Date of Vaccine	
			<b>Rubella</b>	Date of Vaccine	
<b>Certification</b>	This section must be completed by a health care provider, <b>or</b> you may attach copies of official records				
<b>Signature of Healthcare Provider</b>	<input type="checkbox"/> DO <input type="checkbox"/> MA <input type="checkbox"/> NP <input type="checkbox"/> LPN <input type="checkbox"/> MD <input type="checkbox"/> RN	<b>Telephone Number</b>	<b>Date</b>		

Immunizations **Recommended** for All Students

<b>Tetanus</b> Date of Last Vaccine	<input type="checkbox"/> Td <input type="checkbox"/> TdAP	<b>Hepatitis B 1</b> Date of 1st Vaccine	<b>Hepatitis B 2</b> Date of 2nd Vaccine	<b>Hepatitis B 3</b> Date of 3rd Vaccine
<b>Hepatitis A 1</b> Date of 1st Vaccine	<b>Hepatitis A 2</b> Date of 2nd Vaccine	<b>HPV 1</b> Date of 1st Vaccine	<b>HPV 2</b> Date of 2nd Vaccine	<b>HPV 3</b> Date of 3rd Vaccine
<b>Meningococcal</b> Date of vaccine	<b>Varicella (Chickenpox)</b> Date of vaccine, disease, or titer	<input type="checkbox"/> Vaccine <input type="checkbox"/> Disease <input type="checkbox"/> Titer		
<b>Polio 1 (OPV/IPV)</b> Date of 1st Vaccine	<b>Polio 2</b> Date of 2nd Vaccine	<b>Polio 3</b> Date of 3rd Vaccine	<b>Polio 4</b> Date of 4th Vaccine	

Last Name	First Name	Middle Initial	Student ID
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### 3. Medical History *IF YES TO ANY QUESTIONS BELOW, PLEASE, EXPLAIN IN DETAIL*

Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, when did it start?
Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type and when did it start?
Depression/Anxiety	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, when did it start?
Eating disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type and when did it start?
Heart disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type and when did it start?
Seizure disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what illness when did it start?
Other chronic illness	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what illness when did it start?
Have you ever been hospitalized or had surgery?	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type of hospitalization or surgery, and when?
Do you take any medications regularly? <small>Please include vitamins and supplements.</small>	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what medication(s), dosage and how often?
Do you smoke	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, when did you start smoking?

### 4. Allergies

Any drug or medicine	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type of drug and reaction?
Any food	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type of food and reaction?
Insect stings or bites	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type of bite or sting and reaction?

### 5. Family History

Do any of your blood relatives have any of the following?  
Please specify parents, siblings, maternal grandparents or paternal grandparents.

Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type of diabetes and who?
Stroke	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, who?
Heart attack before age 50	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, who?
High blood pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, who?
Alcohol problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, who?
Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	◆ If yes, what type of cancer and who?

Please return this form to: Pacific Lutheran University Health Center, Tacoma WA 98447-0003