



Pierce to PLU

Bachelor of Science in Kinesiology (Exercise Science) transfer degree plan

PLU accepts direct transfer degrees from Pierce College (AA-DTA). If you earn a DTA from Pierce, you will enter PLU with automatic junior standing and given credit for having satisfied all core and general education requirements, except for four semester hours in religion and four semester hours in diversity, both of which must be taken at PLU.

At Pierce:

If you plan to major in **Kinesiology with an Exercise Science concentration** at PLU, your Pierce DTA must include the following courses:

BIOL&241: Human Anatomy & Physiology I CHEM&131: Introduction to Organic & Biochemistry

BIOL&242: Human Anatomy & Physiology II MATH&146: Statistics

PSYC&100: General Psychology

An Associate in Pre-Nursing DTA will also prepare a Pierce student for a PLU Bachelor of Science in Kinesiology (Exercise Science) degree.

At PLU:

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
JUNIOR	KINS 277: Foundations in Kinesiology	KINS 383: Exercise Testing & Prescription	KINS 483: Clinical Mngt. for Special Pop.
	KINS 380: Exercise Physiology		KINS 486: Applied Biomechanics & Kin. General Elective
	KINS 300+		General Education Requirement
	BIOL 225: Molecules, Cells & Organisms		

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
SENIOR	KINS 300+	General Elective	KINS 386 or 324
	KINS 478: Motor Learning		KINS 499: Capstone Senior Seminar
	KINS 495: Internship		General Education Requirement
	General Elective		General Elective

This Kinesiology degree plan allows you enough flexibility to add an additional minor while studying at PLU.

plu.edu/kinesiology

plu.edu/transfer/pierce



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UNIVERSITY