



Pierce to PLU

Bachelor of Science in Kinesiology (Exercise Science) transfer degree plan

In order to complete a biology degree in two years at PLU, we recommend you complete the Associate of Science (AS-T) Track 1 Degree at Pierce. If you earn an AS-T from Pierce, you will enter PLU with junior standing.

At Pierce:

If you plan to major in **Kinesiology** at PLU, your Pierce AS-T must include the following courses and you must complete **96** transferable credits:

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| BIOL&211: Majors: Cellular | BIOL&241: Human Anatomy & Physiology I | CHEM&161: General Chemistry w/ lab I |
| BIOL&212: Majors: Animals | BIOL&242: Human Anatomy & Physiology II | CHEM&162: General Chemistry w/ lab II |
| BIOL&213: Majors: Plants | | CHEM&163: General Chemistry w/ lab III |
| MATH&151: Calculus I | PSYC&100: General Psychology | 2 Humanities Courses (each course must be from a different line): |
| MATH&152: Calculus II | 3 PE courses | - <i>PHIL&100, 110, 150, 210, 220, 230, 238</i> |
| MATH&146: Intro. to Stat. | | - <i>ENGL&111, &112, &113, &114, 204, 205, 207, 210, &220, &226-228, 239, &244-246, 264, 265, 266</i> |
| | | - <i>ART&100, 105, 145, 243, 244, 245; DRMA& 101, 160; HUM&210, 212, 215; MUSC 100, 102, 103, &105, 106, &141-143, 205, &241-243</i> |

At PLU:

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
JUNIOR	KINS 380: Exercise Physiology	KINS 383: Exercise Testing & Prescription	KINS 277: Foundations in Kinesiology
	KINS 300+		KINS 324 or 386
	General Education Requirement		KINS 483: Clinical Mngmt. for Special Pop.
	General Education Requirement		KINS 486: Applied Biomechanics & Kin.
			PHED 100: Personalized Fitness Program

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
SENIOR	KINS 300+	General Elective	KINS 499: Capstone: Senior Seminar
	KINS 478: Motor Learning & Human Prf.		General Education Requirement
	KINS 495: Internship		General Elective 100+
	General Education Requirement		

plu.edu/kinesiology

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