



# Bellevue to PLU

## Bachelor of Science in Kinesiology (BSK) transfer guide Exercise Science

A completed **Associate of Science (AS-T) Track 1** degree (96 credits) from **Bellevue College** will guarantee junior standing upon transfer to Pacific Lutheran University.

### At Bellevue:

The **AS-T Track 1** degree must include the following coursework with a grade of C- or better:

BIOL&211 Majors: Cellular	CHEM&161 General Chem I w/Lab	MATH&151 Calculus I
BIOL&212 Majors: Animals	CHEM&162 General Chem II w/Lab	MATH&152 Calculus II
BIOL&213 Majors: Plants	CHEM&163 General Chem III w/Lab	MATH130 Introduction to Statistics
BIOL&241 Human Anat. & Phys. I	PSYC&100 General Psychology	
BIOL&242 Human Anat. & Phys. II	3 PE courses	

2 Humanities courses, each from a **different** discipline group (**AR, LT, and/or PH**):

**AR:** ART101, 103, 105, 110-112, 120-121, 150-151, 154, 201-203, 205-206, 221-222, 225, 230, 235, 240, 242, 245, 247, 253-254, 256, 260-261, 280; CES115, 210; CMST&102, 120-121, 260; DMA102-103, 125-126, 213-215, 230-231; DRMA&101, 106, 141, 151, 161, 224, 241, 251, 280, 284; MUSC&105, 107. 110-118, 150, 210-212; PHIL225; **LT:** ENGL&111-114, 115, 131, 210, 215, 220-221, 223, &224-225, 226, 228-229, 241, &244-246, 260-261, 263-266, 276, 279; **PH:** BUS260; CJ248; PHIL&101, 102, 112, &115, &120, 122, 145, 160, 201, 247-248, 260, 265, 267, 365; POLS201

### At PLU:

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
<b>JUNIOR</b>	KINS 380: Exercise Physiology	KINS 383: Exercise Testing and Prescription	KINS 277: Foundations in Kinesiology
	KINS 300+		KINS 324: Physical Activity and Lifespan <b>or</b> KINS 386: Soc. Psyc., Sport, Phys. Act.
	General Education Requirement		KINS 483: Clinical Mgmt for Special Pop.
	General Education Requirement		KINS 486: Applied Biomechanics & Kins.
			PHED 100: Personalized Fitness Program

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
<b>SENIOR</b>	KINS 300+	General Elective	KINS 499: Capstone: Senior Seminar
	KINS 478: Motor Learning & Human Perf.		General Education Requirement
	KINS 495: Internship		General Elective 100+
	General Education Requirement		