



Highline to PLU

Bachelor of Science in Kinesiology (BSK) transfer guide Pre-Physical Therapy

A completed **Associate of Science (AS-T) Track 1** degree (96 credits) from **Highline College** will guarantee junior standing upon transfer to Pacific Lutheran University.

At Highline:

The **AS-T Track 1** degree must include the following coursework with a grade of C- or better:

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|---------------------------------|---------------------------------|-------------------------------------|
| BIOL&211 Majors: Cell | CHEM&161 General Chem I w/Lab | MATH&151 Calculus I |
| BIOL&212 Majors: Animal | CHEM&162 General Chem II w/Lab | MATH&152 Calculus II |
| BIOL&213 Majors: Plant | CHEM&163 General Chem III w/Lab | MATH&146 Introduction to Statistics |
| BIOL&241 Human Anat. & Phys. I | PSYC&100 General Psychology | |
| BIOL&242 Human Anat. & Phys. II | 3 PE courses | |

2 Humanities courses, each from a **different** discipline group (**AR, LT, and/or PH**):

AR: ART&100, 101-103, 105, 110-115, 120, 125-126, 148-151, 155, 171-173, 181, 228, 238; CMST&102; DGS120; FS105, 112, 207; HUM103; MUSC100, &105, 106-110, 112-114, &241-243, 285; VICOM110, 132-133, 210; **LT:** DGS 212; ENGL&111-113, 121-123, &220, &244-246, 247, &254, 257; **PH:** PHIL&101, 110, 145-148, 150

At PLU:

| | FALL SEMESTER | JANUARY TERM | SPRING SEMESTER |
|---------------|------------------------------------|-------------------------------|--|
| JUNIOR | KINS 300+ | General Education Requirement | KINS 277: Foundations in Kinesiology |
| | KINS 380: Exercise Physiology | | KINS 486: Applied Biomechanics & Kins. |
| | PSYC 320: Developmental Psychology | | General Education Requirement |
| | General Education Requirement | | General Education Requirement |
| | | | PHED 100: Personalized Fitness |

| | FALL SEMESTER | JANUARY TERM | SPRING SEMESTER |
|---------------|--|-----------------------|------------------------------------|
| SENIOR | KINS 478: Motor Learning & Human Perf. | General Elective 300+ | KINS 499: Capstone: Senior Seminar |
| | KINS 495: Internship | | PHYS 126: College Physics II w/Lab |
| | PHYS 125: College Physics I w/Lab | | General Elective 300+ |
| | General Elective 300+ | | |