



# Green River to PLU

## Bachelor of Science in Kinesiology (BSK) transfer guide Exercise Science

A completed **Associate of Science (AS-T) Track 1** degree (96 credits) from **Green River College** will guarantee junior standing upon transfer to Pacific Lutheran University.

### At Green River:

The **AS-T Track 1** degree must include the following coursework with a grade of C- or better:

BIOL&211 Majors: Cellular	CHEM&161 General Chem I w/Lab	MATH&151 Calculus I
BIOL&212 Majors: Animals	CHEM&162 General Chem II w/Lab	MATH&152 Calculus II
BIOL&213 Majors: Plants	CHEM&163 General Chem III w/Lab	MATH&146 Introduction to Statistics
BIOL&241 Human Anat & Phys I	PSYC&100 General Psychology	
BIOL&242 Human Anat & Phys II	3 PE courses	

2 Humanities courses, each from a **different** discipline group (**AR, LT**, and/or **PH**):

**AR:** ART&100, 105-107, 109-114, 119-120, 122, 212-214, 219, 251-253, 255-257; CMST&102; DRMA&101, 111-113, 151-154; FILM120-121; MUSC101, 103-104, &105, 107-110; PHOTO101-103, 111-113; **LT:** ENGL&112-114, 115, 160-161, 163, 165, 168, 180-181, 183, 185, 187, 190, &220, &226-228, &244-246, 247-251, &254-256, 257; HUMAN190; **PH:** PHIL&101, 102-105, 110, 114, 160, 200, 206, 220, 236, 238, 240, 243

### At PLU:

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
<b>JUNIOR</b>	KINS 380: Exercise Physiology	KINS 383: Exercise Testing and Prescription	KINS 277: Foundations in Kinesiology
	KINS 300+		KINS 324: Physical Activity and Lifespan <b>or</b> KINS 386: Soc. Psyc., Sport, Phys. Act.
	General Education Requirement		KINS 483: Clinical Mgmt for Special Pop.
	General Education Requirement		KINS 486: Applied Biomechanics & Kins.
			PHED 100: Personalized Fitness Program

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
<b>SENIOR</b>	KINS 300+	General Elective	KINS 499: Capstone: Senior Seminar
	KINS 478: Motor Learning & Human Perf.		General Education Requirement
	KINS 495: Internship		General Elective 100+
	General Education Requirement		