



Seattle Central to PLU

Bachelor of Science (BS) in Biology transfer guide Pre-Med track with a gap year

A completed **Associate of Science (AS-T) Track 1** degree (96 credits) from **Seattle Central College** will guarantee junior standing upon transfer to Pacific Lutheran University.

At Seattle Central:

The **AS-T Track 1** degree must include the following coursework with a grade of C- or better:

BIOL&211 Majors: Cellular	CHEM&161 General Chem I w/Lab	PHYS&114 General Physics I
BIOL&212 Majors: Animal	CHEM&162 General Chem II w/Lab	PHYS&115 General Physics II
BIOL&213 Majors: Plant	CHEM&163 General Chem III w/Lab	PHYS&116 General Physics III
MATH&151 Calculus I	MATH&146 Introduction to Statistics	3 PEC courses
MATH&152 Calculus II	PSYC&100 General Psychology	

2 Humanities courses, each from a **different** discipline group (**AR**, **LT**, and/or **PH**):

AR: ART&100, 101, 111-113, 121, 170, 210, 214, 221, 255, 281; CMST&102; MUSC&105, 110, 113, 116-117, &141-143; **LT:** ENGL&111-114, &224-228, &244-246, 252, &254, &256, 258; **PH:** PHIL&101, 110

At PLU:

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
JUNIOR	BIOL 330: Genetics	BIOL 300+	BIOL 300+
	CHEM 331: Organic Chemistry I w/Lab		CHEM 332: Organic Chemistry II w/Lab
	SOCI 101: Introduction to Sociology		General Education Requirement
	PHED 100: Personalized Fitness		College of Arts & Sciences Requirement

	FALL SEMESTER	JANUARY TERM	SPRING SEMESTER
SENIOR	BIOL 300+	General Education Requirement	BIOL 300+
	BIOL 300+		BIOL 300+
	CHEM 403: Biochemistry I		BIOL 499: Capstone: Senior Seminar
	General Elective 300+		General Education Requirement

Please note: This schedule assumes the common practice of a “gap year” between PLU graduation and medical school. A gap year allows for a flexible course schedule and one full year of upper-division coursework at PLU prior to attempting the Medical College Admission Test (MCAT) the spring semester of senior year, increasing the likelihood of admission into medical school. This schedule is recommended by the PLU Department of Biology.