

# ***Firstname Lastname***

Tacoma, WA ~ msn@plu.edu ~ 253-700-099

## **EDUCATION**

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***Master of Science in Nursing, Pacific Lutheran University - Tacoma, WA*** ***Expected May 2023***

- *Specialization: Clinical Nurse Leader*
- *Nursing Service Club Curriculum & Instruction Committee*

***Bachelor of Science in Nursing, Pacific Lutheran University – Tacoma, WA*** ***May 2018***

- *Spanish Studies minor*
- *Study Aboard: Oaxaca, MX (January 2017)*

***Associates of Arts, Viridian City College – Viridian City, KN*** ***December 2014***

- *Pre-Nursing Studies*
- *GPA: 3.85/4.00*

## **LICENSES & CERTIFICATIONS**

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***Registered Nurse, Washington State Department of Health*** ***July 2018***

- *Credential ID: RN00000000*

***Basic Life Support, American Heart Association / American Stroke Association*** ***February 2015***

## **RELEVANT WORK EXPERIENCE**

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***Critical Care Registered Nurse, St. Francis Hospital – Federal Way, WA*** ***June 2018 – Present***

- *Worked in the Progressive Care Unit for approximately 1 year and then moved to the Intensive Care Unit to provide bedside care to critically ill patients with a diverse variety of conditions, diagnoses, and complications.*
- *Act as nurse preceptor for new hire RN's by giving instruction on what patients they will work with and critiquing their methods to ensure they learn proper medical techniques.*
- *Participate in the Unit-Based Council to improve education and patient safety, and initiated a monthly unit published newsletter.*

***Licensed Professional Nurse, St. Joseph Medical Center – Tacoma, WA*** ***January 2015 – May 2018***

- *Provided up to 10 patients per shift with essential care such as feeding, bathing and dressing to help with hygiene.*
- *Assisted RNs and doctors with keeping patient records and maintained communication with the entire care team.*
- *Worked with patients and their families to understand procedures for how to care for their sick relatives by speaking Spanish or providing ASL interpretation.*

## **SENIOR PRECEPTORSHIP EXPERIENCE**

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***Student Nurse, Providence St. Peter Hospital – Olympia, WA*** ***Spring 2018***

- *Assessed patient conditions in the Emergency Department by gathering subjective and objective data through focused and comprehensive physical assessments, and observation, allowing for the appropriate planning and implementation.*
- *Received education on how to give direct and indirect care to a diverse group of people along with gaining knowledge about the current healthcare system.*

- Collaborated with a multidisciplinary healthcare team to provide safe, quality, and individualized care to a diverse patient population to advance the plan of care.
- Administered medications, provided treatments, and implemented patient-centered care to accomplish treatment goals.
- Utilized nursing technologies including but not limited to Pyxis, IV pumps, Epic, and tube feed pumps.

### **ADDITIONAL CLINICAL EXPERIENCE – Student Nurse**

<i>Providence St. Peter Hospital (PCU) – Olympia, WA</i>	<i>85 hours</i>	<i>Spring 2018</i>
<i>SHAG Conservatory Place (Community Health) – Tacoma, WA</i>	<i>85 hours</i>	<i>Spring 2018</i>
<i>Mary Bridge Hospital (Pediatrics) – Tacoma, WA</i>	<i>70 hours</i>	<i>Fall 2017</i>
<i>St Joseph Medical Center (OB, L&amp;D) - Tacoma, WA</i>	<i>70 hours</i>	<i>Fall 2017</i>
<i>PLU (Mental Health Virtual Simulations) – Tacoma, WA</i>	<i>45 hours</i>	<i>Spring 2017</i>
<i>Providence St. Peter Hospital (Ortho) – Olympia, WA</i>	<i>67 hours</i>	<i>Spring 2017</i>
<i>PLU (Nursing Competencies Lab/Virtual learning) – Tacoma, WA</i>	<i>30 hours</i>	<i>Spring 2017</i>
<i>PLU (Physical Assessment Lab) – Tacoma, WA</i>	<i>23 hours</i>	<i>Fall 2016</i>
<i>Linden Grove Health Care Center – Puyallup, WA</i>	<i>92 hours</i>	<i>Fall 2016</i>

### **ADDITIONAL WORK EXPERIENCE**

***TCL Girl’s Leader/Kitchen Assistant, Eagle Fern Camp – Estacada, OR*** ***Summer 2013 & 2014***

- Directed and supervised the Training Christian Leaders (TCL) Program for high school students through coordinating work projects, and other activities utilizing effective communication, organization, and collaboration with other staff to foster servant leadership and teamwork in high school students.
- Supported, oversaw, and communicated with kitchen staff to create an efficient environment and team that produced quality food services to a diverse population.
- Managed food allergies of campers and staff through communication, preventative measures, and alternative food services.

### **VOLUNTEER SERVICE**

***Volunteer, St. Jude Children’s Research Hospital – Seattle, WA*** ***Summer 2017***

- Provided activities and played games with the over 13 children ages 5 to 12 to distract them from their situation.
- Completed daily tasks such as collecting wheelchairs around the facility and supporting the nursing staff to maintain cleanliness of the unit.
- Assisted 10+ families per shift in the cafeteria with ordering and picking up their meals.

***Volunteer, The Humane Society – Tacoma, WA*** ***Summer 2016***

- Walked 5+ dogs per shift that were living at the shelter to calm them down.
- Completed administrative tasks such as assisting customers with the adoption process of a dog, cat or rabbit.

### **PROFESSIONAL ORGANIZATIONS**

***Delta Iota Chi*** ***September 2016 – Present***  
***American Nurses Association*** ***July 2018 – Present***