

Harvey Mover

har@plu.edu - (253) 888-000 - Tacoma, WA

Education

Pacific Lutheran University - Tacoma, WA Expected May 2022

Bachelor of Arts – Kinesiology (Pre-Physical Therapy)

Minor in Exercise and Sport Psychology

- GPA 3.50/4.00

Stay Active and Independent for Life (S.A.I.L.), Instructor Certification January 2022-Present

CPR & AED Certification June 2021-Present

Experience

Pacific Lutheran University: Kinesiology Department - Tacoma, WA January 2022-Present

Office Assistant

- Answer over 20 emails and questions daily from students and families about the kinesiology department.
- Maintain cleanliness of the work environment and develop professional relationships with co-workers and supervisors within the department.

Tacoma Central Physical Therapy - Tacoma, WA September 2021-November 2020

Internship–Outpatient Physical Therapy

- Performed cleaning and maintenance tasks (cleaning rehabilitation equipment and mats after patient use, replenishing linens, etc.) to ensure smooth workflow for the therapists and a clean environment for the patients.
- Took patients on and off of modalities (ice, electrical stimulation, heat) and educated them on the purpose of using the modalities.
- Took patients through rehabilitative exercises on a limited basis, giving them the proper cues and making corrections to their form.
- Observed the physical therapist, athletic trainer, and physical therapy student and asked questions to gain practical knowledge.

St. Francis Hospital - Federal Way, WA June 2021-August 2021

Volunteer - Therapy Aid

- Performed various cleaning and maintenance tasks (replenishing linens, cleaning gym/therapy equipment, filing patient charts, clerical duties, etc.) to ensure smooth workflow for the therapists and a clean environment for patients.
- Observed inpatient and outpatient physical therapists, outpatient occupational therapists, and speech therapists and asked questions to gain practical knowledge.

Self-Employed - Federal Way, WA May 2020 – September 2020

Private Mathematics Tutor

- Provided I-on-I math tutoring for a neighbor's 11-year-old daughter 3 days a week for 1 hour.
- Utilized lessons from workbooks that were obtained and created own lesson plans based on the student's progress and level of understanding of mathematical concepts.

Accomplishments

Pacific Lutheran University, Tacoma, WA September 2019-Present

Academic Scholarship Recipient

Memberships

Member, American Association of Sport Psychology (AASP) October 2021-Present

Member, Tacoma Branch of the Mountaineers January 2021-Present