

Casey Intel

Cell Phone: (253)-000-000 | Email: intelc@plu.edu | Location: Tacoma, WA

Education

Bachelor of Arts in Criminal Justice

May 2023

Minor in Psychology | GPA: 3.20/4.00

Pacific Lutheran University - Tacoma, WA

Associate of Science in Intelligence Operations Studies

May 2019

Concentration in Human Intelligence Operations | GPA: 3.61/4.00 - Graduated with Honors

Cochise College - Sierra Vista, AZ

Experience

Mental Skills and Performance Intern

June 2022 - Present

R2 - Joint Base Lewis-McChord, WA

- Observed over 50 clients in individual and in groups sessions, and learned about high performance skills including imagery, goal setting, thought restructuring, and mindfulness
- Assisted mental health skills experts with their daily duties of facilitating training for active-duty service members by creating weekly team-building activities, and leading small groups in mindfulness exercises once a month

Military Intelligence Analyst

August 2008 – October 2020

United States Army - Sergeant First Class, Retired

- Cyber Intelligence Operations Supervisor; Washington, DC
 - Served as master resilience trainer; ensured resilience training requirements met for 200+ personnel
 - Developed courseware for an 80-hour intelligence professionalization course
- Advanced Individual Training Platoon Sergeant; San Angelo, TX
 - Planned and conducted training for over 500 Soldiers in preparation for deployed overseas contingency operations; served as master resilience trainer
 - Selected over other leaders to orchestrate fundraising with community partners
- Counter-Transnational Crime Intelligence Operations Supervisor; Comayagua, Honduras
 - Conducted 55 intelligence briefing and 26 strategic and tactical debriefings with joint intelligence teams, special forces, and international law enforcement agencies
 - Provided indications and warnings to key personnel in support of counter narcotics, humanitarian assistance, and disaster relief missions
- Training and Operations Supervisor; Washington, DC
 - Scheduled and validated training and wellness requirements for over 800 personnel worldwide
 - Led a 53-person group through brainstorming and decision techniques to resolve workplace conflict