

# Firstname Lastname

Tacoma, WA | 253-535-xxxx | [youremail@gmail.com](mailto:youremail@gmail.com)

## EDUCATION

**Pacific Lutheran University** | Tacoma, WA

May 20xx

Bachelor of Science in Kinesiology, Minor in Exercise and Sport Psychology

GPA: 3.5

Relevant Coursework: Biomechanics, Exercise Physiology, Motor Learning, Exercise Testing and Prescription, Medical Terminology

## EXPERIENCE

**Tacoma Central Physical Therapy** | Tacoma, WA

Sept 20xx – May 20xx

Intern

- Greeted and escorted clients to the appropriate equipment to complete their prescribed warm-up exercises to ensure appointments began on time
- Observed physical therapists to gain knowledge about conducting assessments, developing treatment plans, and completing documentation in patient records
- Assisted physical therapists during appointments by monitoring clients during application of modalities like heat and electrical stimulation, and educating clients on safe exercise techniques

**St. Francis Hospital** | Tacoma, WA

May 20xx – Sept 20xx

Practicum

- Observed inpatient therapy sessions to acquire practical knowledge of assessment, treatment, and documentation best practices
- Maintained a clean, safe office environment by ensuring all surfaces were regularly disinfected and equipment was properly stored to increase appointment efficiency

**PLU Dept of Kinesiology** | Tacoma, WA

Sept 20xx – May 20xx

Office Assistant

- Ensured lab equipment was labeled, sanitized, and properly stored to maintain organization and accurate inventory records
- Performed administrative support by responding to more than 25 emails and phone calls per shift, accurately filing electronic documents, and assisting with faculty projects to promote smooth office workflow

## RESEARCH EXPERIENCE

**Variability Patterns for Injury Predication During Running**

Nov 20xx

- Performed gait analysis to examine intra-individual biomechanical variabilities to explain and predict injury and performance for novice runners
- Presented research findings at the PLU Undergraduate Research Symposium

## CERTIFICATIONS

Basic Life Support, AED, and CPR Certification

April 20xx

Stay Active and Healthy for Life Instructor Certification

Sept 20xx