

**Sexuality in Schools**

Janice Doyle, RN, MSN, NCSN

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**Sexual Activity**

- Trends
- Ages of sexual activity
- Pregnancy

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**Reasons Sexual Activity**

- Puberty occurs earlier

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### Sexual Activity

- Sexual awareness
- Media
- School culture
- Environment

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### Sexuality

- Not just about sex
- Attractiveness
- Reputation
- Relationships
- Finding love and intimacy

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### Sexuality Education

- Relationships
- Communication
- Family
- Information reproduction
- Cognitive, affective and psychomotor components

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### Increase Sexual Intercourse

- *Healthy People 2010* objectives
- Debate sex education programs
- Abstinence programs

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### Opposed Sex Education

- Believe material condones early sexuality
- AAP
- Comprehensive sex ed

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### Sex Ed Resources

- National Campaign to Prevent Teen Pregnancy
- Sexuality Information and Education Council of the United States (SIECUS)
- Planned Parenthood of America

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### Centers for Disease Control and Prevention

- National Framework to Help Schools Become Partners in Preventing Teen Pregnancy
- HIV, STD, and pregnancy programs
- Policies enhancing school connectedness
- Sense of purpose and vision
- Youth development principles and practices
- Supportive partners

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### Components Comprehensive Sex Education Program

- Reproductive anatomy and physiology
- Puberty
- Reproduction
- Sex
- STDs

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### Components Comprehensive Sex Education Program

- Relationships
- Feelings
- Values clarification/cultural differences
- Respect for others
- Legal issues
- Sexual abuse/domestic abuse

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### Sex Ed

- Parent sex ed
- U.S. highest teen pregnancy rate among industrialized nations
- Teachers comfortable with content
- Well-educated population

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### Pregnancy

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### Pregnancy Statistics

- Pregnant teens attend high school
- 10% women 15-19 years pregnant
- Costs more than 7 billion dollars annually
- 40% American females pregnant as teenagers
  - 30% abortion
  - 14% miscarry
  - 56% give birth

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### Why Teens Get Pregnant

- Internal and external pressure have sex
- Risk factors
- Early onset physical maturity
- Behavioral development

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### Social Changes

- Women work outside home
- High divorce rate
- Latchkey kids
- Recreational drugs

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### Young Father

- More easily separate responsibility parenthood
- Believe impregnating woman enhances masculinity
- May be involved meaningful relationship
- May complicate negotiation developmental tasks adolescents

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### Teenage Mother

- Pregnancy is a crisis
- Feeling self-control reduced
- Fear unknown
- Developmental tasks complicated
- Many drop out of school

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### Child

- Greater risks health, social, and economic problems
- At risk academic and behavior problems
- Adolescent mother parenting

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### School Nurse Role

- First adult contacted for advice
- Right to confidential care
- Document decision to notify parent
- Laws
- Medical confirmation

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### Pregnancy Options

- Most important aspect early pregnancy management
- Prenatal care
- Adoption and abortion – feelings of loss
- Keep baby – demands parenthood
- Refer agency or health care provider

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### Physical Health Issues

- Prenatal care

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### Physical Health Issues (cont.)

- Nutrition
- Prenatal vitamin and mineral supplementation
- Iron deficiency
- Neural tube defects
- School nurse counseling

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### Immunizations

- Hepatitis B
- Influenza (inactivated)
- Tdap
- Live attenuated vaccines contraindicated

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### Substance Abuse

- Passed on to fetus
- Consequences
- Maternal smoking
- Alcohol
- Medications
- Herbal preparations

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### STDs

- Higher risk acquiring STDs
- Chlamydia trachomatis
- Gonorrhea
- HIV
- School nurse role

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### School Nurse Monitoring

- Diet
- Weight
- Blood pressure
- Substance abuse
- Questions

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