

# Growth and Development

Janice Doyle, RN, MSN, NCSN

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## General Principles

- ▣ Growth
- ▣ Development
- ▣ Delays

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## Theories of Development

- ▣ Theory explains sequential nature
- ▣ Failure achieve mastery hinders further progression

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### Erik Erikson's Theory

- ❑ Autonomy vs. Shame and Doubt (ages 1-3)
- ❑ Initiative vs. Guilt (ages 3-6)

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### Erik Erikson's Theory (cont.)

- ❑ Industry vs. Inferiority (ages 6-12)
- ❑ Identity vs. Role Confusion (ages 12-19)

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### Piaget's Theory of Cognitive Development

- ❑ Occurs through interactions with environment
- ❑ Preoperational Stage (ages 2-7)
- ❑ Concrete Operations (ages 7-11)
- ❑ Formal Operations (ages 11-15)

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	Preschool Years
	Ages 3-5
	<input type="checkbox"/> Developmental tasks <ul style="list-style-type: none"> <li><input type="checkbox"/> Physical</li> <li><input type="checkbox"/> Psychosocial</li> </ul>

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	Preschool Years
	<input type="checkbox"/> Cognitive

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	Preschool Years
	<input type="checkbox"/> Diet and nutrition <input type="checkbox"/> Discipline <input type="checkbox"/> School nurse implications

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	<p>School-age Years (ages 6-12)</p> <hr/> <p>▣ Developmental tasks</p> <ul style="list-style-type: none"> <li>■ Physical</li> <li>■ Psychosocial</li> <li>■ Cognitive</li> </ul>

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	<p>School-aged Years</p> <hr/> <p>▣ Psychosocial</p>

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	<p>School-aged Years</p> <hr/> <p>▣ Cognitive</p>

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	<p>School-aged Years</p> <hr/> <ul style="list-style-type: none"> <li>▣ Diet and nutrition</li> <li>▣ Dentition</li> <li>▣ Discipline</li> </ul>

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	<p>School-age Years</p> <hr/> <ul style="list-style-type: none"> <li>▣ School nurse implications</li> </ul>

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	<p>Adolescent Years (Ages 13-19)</p> <hr/> <ul style="list-style-type: none"> <li>▣ Developmental tasks             <ul style="list-style-type: none"> <li>■ Physical</li> <li>■ Secondary sex characteristics</li> </ul> </li> </ul>

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	<h2>Adolescent Years</h2> <hr/> <ul style="list-style-type: none"> <li>▣ Secondary sex characteristics                             <ul style="list-style-type: none"> <li>■ Breast development</li> <li>■ Height</li> </ul> </li> </ul>

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	<h2>Adolescent Years</h2> <hr/> <ul style="list-style-type: none"> <li>▣ Secondary sex characteristics</li> </ul>

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	<h2>Adolescent Years</h2> <hr/> <ul style="list-style-type: none"> <li>▣ Psychosocial</li> <li>▣ Cognitive</li> </ul>

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	Adolescent Years
	<ul style="list-style-type: none"><li>▣ Diet and nutrition</li><li>▣ Dentition</li></ul>

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	Adolescent Years
	<ul style="list-style-type: none"><li>▣ School nurse interventions</li></ul>

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