

# Pacific Lutheran University International Student Insurance Enrollment Process PGH Global Preferred Provider: UnitedHealthcare Options PPO

太平洋路的大学国际学生保险登记程序  
首选公司: UnitedHealthcare Options PPO

## INSTRUCTIONS FOR SIGNING UP | 签署说明

1. 打开此链接: <https://www.pgh-global.com/Browse/>  
Open this link: <https://www.pgh-global.com/Browse/>

The screenshot shows the PGH Global website interface. At the top, there is a navigation bar with links for Renewals, FAQs, Customer Service, and a phone number: 1-888-251-6253. Below this is a dark blue menu bar with options: Student Tools, Enrollments, Additional Services, Browse Plans, and Student Login. The main content area features three input fields: Birthdate (07/25/2001), School Name (Choose a school), and Academic Year (2018-2019). At the bottom, there are links for Privacy Policy, Security Policy, and Terms of Use, along with social media icons for Twitter, Facebook, LinkedIn, and Google+. The NAFSA GLOBAL ASSOCIATE logo is also present. A red footer bar contains the copyright notice: © Copyright PGH Global, All Rights Reserved 2019.

2. 输入您的出生日期  
Enter your **Birthdate** using the calendar or as MM/DD/YYYY

This screenshot is similar to the previous one but shows the birthdate field with a calendar dropdown menu open. The calendar is for July 2001, and the date 25 is highlighted. The rest of the page, including the navigation bar, menu, and footer, remains the same as in the previous screenshot.

3. 选择太平洋路德大学和学年 2019-20  
Choose **Pacific Lutheran University** and **Academic Year 2019-2020**

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Renewals | FAQs | Customer Service | Call: 1-888-251-6253

Student Tools ▾ Enrollments ▾ Additional Services ▾ Browse Plans Student Login

Birthdate: 07/25/2001 School Name: Pacific Lutheran University Academic Year: 2019-2020

GLOBAL CARE PLUS - PACIFIC LUTHERAN Preferred Provider: \$100 (Waived at Student Health Center) Out-of-Network: \$500 ▾  
Annual Student Price: \$1078  
Annual Spouse Price: \$6405  
Annual Child Price: \$3305  
• Flyer: [click to view](#)  
• Brochure: [Click To View](#)

GLOBAL CARE SPORTS PLUS - PACIFIC LU Preferred Provider: \$100 (Waived at Student Health Center) Out-of-Network: \$500 ▾  
Annual Student Price: \$2146  
Annual Spouse Price: \$6405  
Annual Child Price: \$3305  
• Flyer: [click to view](#)  
• Brochure: [Click To View](#)

在此窗口中，您可以下载保险传单和政策手册  
From this window you can download the insurance flyer and brochure (policy).

4. 单击位于页面顶部的“注册”选项卡，然后选择“新建注册”  
Click on the **Enrollments** tab located at the top of the page and select **New Enrollments**

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Student Tools ▾ Enrollments ▾ Additional Services ▾ Browse Plans Student Login

New Enrollments  
Renewals School Name

Birthdate: 07/25/2001 School Name: Pacific Lutheran University Academic Year: 2019-2020

GLOBAL CARE PLUS - PACIFIC LUTHERAN Preferred Provider: \$100 (Waived at Student Health Center) Out-of-Network: \$500 ▾  
Annual Student Price: \$1078  
Annual Spouse Price: \$6405  
Annual Child Price: \$3305  
• Flyer: [click to view](#)  
• Brochure: [Click To View](#)

GLOBAL CARE SPORTS PLUS - PACIFIC LU Preferred Provider: \$100 (Waived at Student Health Center) Out-of-Network: \$500 ▾  
Annual Student Price: \$2146  
Annual Spouse Price: \$6405  
Annual Child Price: \$3305  
• Flyer: [click to view](#)  
• Brochure: [Click To View](#)

5. 输入您的出生日期和学校 – Pacific Lutheran University  
Enter your **Date of Birth** (MM/DD/YYYY) and **School** – Pacific Lutheran University

The screenshot shows the PGH Global website header with the logo and navigation links: Renewals | FAQs | Customer Service | Call: 1-888-251-6253. Below the header is a dark blue navigation bar with links: Student Tools, Enrollments, Additional Services, Browse Plans, and Student Login. The main content area is titled "4 Easy Steps to Get Student Health Insurance:". Step 1 is "STEP 1: GET A QUOTE". The form contains the following fields:

- Student Date of Birth (MM/DD/YYYY): Enter Date of Birth
- School/Organization: Enter School/Organization
- Student Category: Choose option
- Coverage Start Date: Choose start date
- Coverage End Date: Choose end date
- Buttons: Add Coverage (Spouse / Child), Cancel, Next

6. 根据您的签证类型选择您的学生类别: **J1 International**  
Choose your **Student Category** based on your visa type: **J1 International**

This screenshot is identical to the previous one, but the "Student Category" dropdown menu is open, showing the following options:

- Choose option
- F1 International
- J1 International
- Athlete

The "J1 International" option is highlighted. The other fields in the form remain the same as in the previous screenshot.

7. 选择覆盖期 - 年度  
Select the Coverage Period – **Annual**

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Student Tools ▾ Enrollments ▾ Additional Services ▾ Browse Plans Student Login

### 4 Easy Steps to Get Student Health Insurance:

**1** STEP 1: GET A QUOTE

Student Date of Birth (MM/DD/YYYY): 07/01/2001

School/Organization: Pacific Lutheran University

Student Category: F1 International

Add Coverage (Spouse / Child) ▾

Coverage Period:

- Choose option
- Annual (8/15/19 - 8/14/20)**
- Fall (8/15/19 - 1/31/20)

8. Select Plan 选择方案

- a. 选择您的医疗保险免赔额. 选择\$500. 计划成本将是\$968. 该金额从 ABC 计划成本中扣除因为您直接向公司支付金额.  
Select your **Deductible** amount. Select \$500. The cost will be \$968. This amount is deducted from the ABC Program tuition because you pay the amount directly to the insurance company.

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Student Tools ▾ Enrollments ▾ Additional Services ▾ Browse Plans Student Login

### 4 Easy Steps to Get Student Health Insurance:

**2** STEP 2: SELECT A PLAN: PRODUCT LISTINGS

Coverage Period: 08/15/2019 - 08/14/2020 / Duration: 366 days

DEPENDENT COVERAGE Spouse  Children  0

Plan Name	Deductible ⓘ	Maximum Benefit ⓘ
PLAN: Global Care Plus - Pacific Lutheran University	<input checked="" type="radio"/> Preferred Provider \$500 ⓘ <input type="radio"/> Preferred Provider \$100 ⓘ	No Maximum / person \$968.00

Compare     Select Plan

- b. 选中 Select Plan 框，然后单击 Next  
Check the **Select Plan** box and click on **Next**

The screenshot displays the PGH Global website interface for selecting a health insurance plan. The header includes the PGH Global logo and navigation links for Renewals, FAQs, Customer Service, and a call number. The main navigation bar contains links for Student Tools, Enrollments, Additional Services, Browse Plans, and Student Login. The main content area is titled "4 Easy Steps to Get Student Health Insurance:" and shows a progress indicator with Step 1 completed and Step 2 active.

**STEP 2: SELECT A PLAN: PRODUCT LISTINGS**


Coverage Period: 08/15/2019 - 08/14/2020 / Duration: 366 days

DEPENDENT COVERAGE Spouse  Children  0

Plan Name	Deductible ⓘ	Maximum Benefit ⓘ
PLAN: Global Care Plus - Pacific Lutheran University	<input checked="" type="radio"/> Preferred Provider \$500 ⓘ <input type="radio"/> Preferred Provider \$100 ⓘ	No Maximum / person \$968.00

Compare     Select Plan


9. 在此屏幕上填写所有必需的注册信息，然后单击“Next。”  
Complete all required **Enrollment Information** on this screen, then click **Next**.

**STEP 3: ENROLL IN PLAN: PERSONAL INFORMATION** 

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**CREATE ACCOUNT** [Already have an account? Login.](#)

Email Address:  Confirm Email Address:

Password:   Confirm Password:

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**STUDENT'S PERSONAL INFORMATION**

First Name\*:  Last Name\*:  MI:  Gender\*:  Date of Birth:

Student ID:  No  Yes  Mobile Number\*:  Country of Origin\*:

I don't have a US-based address.

US Address Line 1:  US Address Line 2:

City:  State:  ZIP:

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**DEPENDENT COVERAGE** Spouse  Children   **\$968.00**

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**CONSENT AGREEMENT**

I hereby authorize PGH Global to share my insurance with my school. I understand that sharing my insurance information is NOT a condition of purchase.

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[Cancel](#) [Next](#)

10. 查看注册信息，然后单击继续确认

Review Enrollment Information and confirm by clicking **Continue**.

CONFIRM YOUR INFORMATION✕

Please verify that the following information is correct:

**PERSONAL INFORMATION:** [✎](#)

<b>Name:</b>	Jane Doe	<b>Date of Birth:</b>	07/25/2001
<b>Student ID:</b>	1234-5678	<b>Mobile Number:</b>	253-535-7116
<b>U.S. Address:</b>	12180 Park Ave. S Risk Services Tacoma, WA 98447	<b>Country of Origin:</b>	Ireland

**QUOTE DETAILS:** [✎](#)

<b>School / Organization:</b>	Pacific Lutheran University	<b>Student Category:</b>	F1 International
<b>Coverage Dates:</b>	First Day of Coverage: 08/15/2019 Last Day of Coverage: 08/14/2020		

**PLAN DETAILS:** [✎](#) Global Care Plus - Pacific Lutheran University - \$1,078.00 (08/15/2019 - 08/14/2020)

[Go Back](#) Continue

11. 完成付款信息，查看“同意协议”并单击“提交付款”

Complete payment information, check the **Consent Agreement** and click **Submit Payment**

**STEP 4: SUBMIT PAYMENT** [✎](#)

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**PURCHASE DETAILS**

<b>Plan Name:</b>	Global Care Plus - Pacific Lutheran University	<b>ACA Comparable:</b>	Yes
<b>Deductible:</b>	Preferred Provider: \$100 (Waived at Student Health Center) Out-of-Network: \$500	<b>Price:</b>	<b>\$968.00</b>
<b>Maximum Benefit:</b>	No Maximum	<b>Plan Details:</b>	<a href="#">Brochure</a> <a href="#">Flyer</a>
<b>Coverage Dates:</b>	08/15/2019 08/14/2020		

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**BILLING INFORMATION**

Card Number\*:  Payment Method:

Expiration Date\*: Month:  Year:  CVV\*:  First Name\*:  Last Name\*:

Billing address is different than mailing address.

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**CONSENT AGREEMENT**

Unless otherwise stated in the Master Policy, coverage will begin effective (if submitting via Online Services) the day the correct premium is submitted to the Company or the effective date of the coverage period, whichever is later. The student/visa holder is responsible for the timely renewal payments. By submitting this application, the student/visa holder acknowledges the following: 1). He/she has carefully read the brochure and elects to enroll as indicated on the application; 2). He/she declares they meet the eligibility requirements for the plan selected; 3). That if it is later determined that the student is not eligible, or upon entrance in the armed forces, the premium will be refunded. Premium will not be refunded except for ineligibility or entrance into the armed forces.

I have read and agree to the terms stated above, and I elect to purchase insurance coverage under this insurance plan. Above are choices I have made.

[Cancel](#) Submit Payment

**Please Note:** Payments do not take place in the United States. You may be subject to foreign transaction fees. Please check with your credit card company to see if you are subject to these fees. All transactions are completed and posted as PGH GLOBAL (CAYMAN) LIMITED.

注册完成后，学生可以从主页登录其帐户以管理保险，下载身份证和请求帮助。  
Once enrollment is complete, students can log in to their account from the home page to manage coverage, download an ID card, and request help.

WELCOME, JANE My Account / My Profile Log Out

MY ENROLLMENTS RENEW MODIFY HELP CENTER

**MANAGE COVERAGE:**

- MY ENROLLMENTS**  
Access details about current and expired plan enrollments. [Get plan details »](#)
- RENEW**  
Continuing your current coverage is easy. [Choose renewal dates »](#)
- MODIFY**  
When life events require changes in coverage, learn how to [modify enrollment »](#)

**ACCOUNT SUPPORT:**

- DOWNLOAD ID CARD**  
Get member ID cards, including name, policy number, and ID number. [Download cards »](#)
- MY PROFILE**  
Update your account profile, including email address, password, mailing address, and phone number. [View profile »](#)
- HELP CENTER**  
Need support from our customer service team or answers to common coverage questions? [Get help »](#)

Can't access what you need? Log in to your account through [UnitedHealthcare StudentResources](#)

Privacy Policy Security Policy Terms Of Use

需要协助参与计划或对计划有疑问的学生可以联系 PGH Global at 1-888-251-6253. 网站为学生提供了大量资源，可以从学生的帐户或主页访问。

Students who need assistance enrolling in the plan or have questions regarding the plan can contact PGH Global at 1-888-251-6253. The PGH website has a lot of resources for students that can be accessed from the student's account or the home page. PGH



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Student Tools ▾

Enrollments ▾

Additional Services ▾

Browse Plans

Student Login