

**ELEMENTARY EDUCATION**  
**Academic Emphasis**

**CANDIDATE NAME:** \_\_\_\_\_

**PLU ID** \_\_\_\_\_

*In addition to the requirements of this major/minor, students must complete all other requirements of the university as listed in the catalog.*

Academic Emphasis: Minimum 24 sem. hours for candidate entering in fall 2011 or 20 sem. hours for candidates entering in fall 2012 and beyond  
 If pursuing as a second endorsement, candidates must complete all courses listed. If pursuing only as an emphasis, candidates may choose 24 semester hours (entering fall 2011) or 20 semester hours (entering fall 2012 and beyond). Refer to the catalog for grade requirements.

Emphasis Area Health and Fitness \_\_\_\_\_

COURSE TITLE	COURSE NUMBER	HOURS	GRADE	EQUIVALENT COURSE INFORMATION	TRANSFER INSTITUTION
Nutrition, Health & Performance (4)	HEED 266				
Health Psychology (4)	HEED 366				
Teaching Physical Activity (2)	PHED 279				
TM: Fitness Activities (2)	PHED 293				
Elementary Physical Education (2)	PHED 322				
Adapted Physical Activity (4)	PHED 326				
Comprehensive School Health (4)	HEED 395				
Health Promotion/Wellness Intervention (2)	HEED 425				

Candidate Signature/Date \_\_\_\_\_ IDL Adviser Signature/Date \_\_\_\_\_

ALL REQUIREMENTS OF IDL HAVE BEEN MET, except for those listed below:

DEPARTMENT APPROVAL (Assoc Dean/ Designate) \_\_\_\_\_ Date \_\_\_\_\_