

EPC 30-Day Clock Memo

TO: All Faculty
FROM: Educational Policies Committee
SUBJECT: Notice of Curriculum Changes
DATE: February 13, 2024

The 30-day review period begins February 13, 2024 and ends March 15, 2024

This notice of Curriculum Changes is published as required by the EPC Manual, which is located in the Faculty Handbook. The following paragraph may be found in Section III, Part VI, Section 3, "Procedures Governing Revision of Curriculum and Degree Requirements":

F: Faculty members must submit objections to proposals in writing to the Chair of EPC via facgov@plu.edu within 30 days from the date listed on the 30-day Notice of Curriculum Changes distributed by the EPC. Objections received within this 30-day period will suspend approval, pending resolution of the objections. In the event a dispute cannot be resolved, the EPC will make its recommendation to the faculty for action at the next regular faculty meeting.

Complete copies of the proposals may be obtained from the Provost's Office or from Jessica Schwinck, Chair of the Educational Policies Committee for the 2023-24 academic year.

Curriculum Changes for Review – Summary

- **Kinesiology** – change course description, credit hours, add permanent course, change major requirement, revise curriculum
- **Social Work** – degree name change*; revised curriculum

*Type 3 proposal requiring a vote at Faculty Assembly

Curriculum Changes for Information Only – Summary

- **Nursing** – add GenEd element to existing course

Curriculum Changes for Review

Deletions are indicated by ~~blue strikethrough~~ | Additions are indicated in **blue bold**
For conciseness, courses and catalog language sections that are not being changed, are not listed.

KINESIOLOGY

Fall 2024

Type 2 - change course description, credit hours, add permanent course, change major requirement, revise curriculum

Catalog

Residency Requirements

- At least 32 credits of all majors must be taken in residency at PLU, and at least 16 of those must be taken from within the Department of Kinesiology.
- At least eight semester hours for all minors must be taken in residency at PLU and within the Department of Kinesiology.
- At least eight semester hours applied toward a kinesiology minor must be earned independently from the kinesiology major requirements.

Bachelor of Arts in Kinesiology Degree (B.A.K.)

Major in Kinesiology

- **Health and Fitness Education Concentration**
Students are required to complete BIOL 205 and BIOL 206 as prerequisites to KINS 380 and KINS 490
- ~~66~~ **56** semester hours
 - **Kinesiology Core**
 - KINS ~~277~~ **201**: ~~Foundations of~~ **Introduction to** Kinesiology I (~~2~~ **4**)
 - **KINS 202: Introduction to Kinesiology II (4)**
 - KINS 495: Internship (4)
 - ~~BIOL 205: Human Anatomy and Physiology I (4)~~
 - ~~BIOL 206: Human Anatomy and Physiology II (4)~~
 - KINS 279: Teaching Physical Activity (2)
 - KINS ~~301~~ ~~280~~ **301**: Fitness and Recreation, Programming and Delivery (4)
 - KINS ~~302~~ ~~284~~ **302**: Sport Programming and Delivery (4)
 - KINS 320: Nutrition, Health and Performance (4)
 - KINS 322: Physical Education in the Elementary School (2)
 - KINS 326: Adaptive Physical Activity (4)
 - KINS 360: Professional Practicum (4)
 - KINS 366: Health Psychology (4)
 - KINS 380: Exercise Physiology (4)

- KINS 386: Social Psychology of Sport and Physical Activity (4)
 - KINS 395: **Health Programming and Delivery Comprehensive School Health** (4)
 - KINS 478: Motor Learning and Human Performance (4)
 - KINS 486: Applied Biomechanics and Kinesiology (4)
 - ~~KINS 499: Capstone: Senior Seminar (4)~~
- **Health and Fitness Education Concentration (with K-12 Certification)**
Students are required to complete BIOL 205 and BIOL 206 as prerequisites to KINS 380 and KINS 490
~~86~~ **84** semester hours
 - ~~BIOL 205: Human Anatomy and Physiology I (4)~~
 - ~~BIOL 206: Human Anatomy and Physiology II (4)~~
 - **Kinesiology Core**
 - KINS ~~277~~ **201: Foundations of Introduction to** Kinesiology I (2 4)
 - **KINS 202: Introduction to Kinesiology II (4)**
 - EDUC 468: Student Teaching – Secondary (10)
 - KINS 279: Teaching Physical Activity (2)
 - KINS ~~301~~ ~~280~~: Fitness and Recreation, Programming and Delivery (4)
 - KINS ~~302~~ ~~284~~: Sport Programming and Delivery (4)
 - KINS 320: Nutrition, Health and Performance (4)
 - KINS 322: Physical Education in the Elementary School (2)
 - KINS 326: Adaptive Physical Activity (4)
 - KINS 360: Professional Practicum (4)
 - KINS 366: Health Psychology (4)
 - KINS 380: Exercise Physiology (4)
 - KINS 386: Social Psychology of Sport and Physical Activity (4)
 - KINS 395: **Health Programming and Delivery Comprehensive School Health** (4)
 - KINS 478: Motor Learning and Human Performance (4)
 - KINS 486: Applied Biomechanics and Kinesiology (4)
 - KINS 490: Curriculum, Assessment, and Instruction (4)
 - EDUC 320: Issues in Child Abuse and Neglect (1)
 - EDUC 391: Foundations of Learning (3)
 - EDUC 450: Inquiry into Learning and Teaching: Reflective Practice Seminar (2)
 - PSYC 101: Introduction to Psychology (4)
 - FYEP 101: Writing Seminar (4)
 - Valid First Aid Card
 - **Health and Fitness Promotion Concentration**
Students are required to complete BIOL 205 and BIOL 206 as prerequisites to KINS 380 and KINS 490
~~70~~ **52** semester hours

- **Kinesiology Core**
 - KINS ~~277~~ **201: Foundations of Introduction to Kinesiology I** (2 4)
 - **KINS 202: Introduction to Kinesiology II** (4)
 - KINS 495: Internship (4)
 - ~~BIOL 205: Human Anatomy and Physiology I~~ (4)
 - ~~BIOL 206: Human Anatomy and Physiology II~~ (4)
- **8 Semester Hours in Health and Well-being Courses:**
 - KINS 315: Body Image (4)
 - KINS 320: Nutrition, Health, and Performance (4)
 - KINS 324: Physical Activity and Lifespan (4)
 - KINS 384: Foundations of Health and Fitness Promotion (4)
 - **KINS 387: Special Topics in Kinesiology** (4)
 - KINS 395: **Health Programming and Delivery Comprehensive School Health** (4)
- **8 Semester Hours in Leadership and Application Courses:**
 - KINS 279: Teaching Physical Activity (2)
 - KINS ~~301~~ ~~280~~: Fitness and Recreation, Programming and Delivery (4)
 - KINS ~~302~~ ~~284~~: Sport Programming and Delivery (4)
 - KINS 326: Adaptive Physical Activity (4)
 - **KINS 334: Applied Training and Conditioning** (4)
 - **KINS 314: Team Building for High Performance Teams** (4)
 - **KINS 388: Special Topics in Kinesiology** (4)
 - **KINS 411: Coaching Effectiveness** (4)
 - Students may take up to two additional FTWL courses (2)
- **8 Semester Hours in Biophysical Courses:**
 - KINS 380: Exercise Physiology (4)
 - KINS 383: Exercise Testing and Prescription (4)
 - KINS 478: Motor Learning and Human Performance (4)
 - **KINS 483: Clinical Management for Special Populations** (4)
 - KINS 486: Applied Biomechanics and Kinesiology (4)
 - **KINS 487: Special Topics in Kinesiology** (4)
- **8 Semester Hours in Psychosocial Courses:**
 - KINS 366: Health Psychology (4)
 - KINS 386: Social Psychology of Sport and Physical Activity (4)
 - **KINS 390: Applied Exercise and Sports Psychology** (4)
 - **KINS 488: Special Topics in Kinesiology** (4)
 - ~~KINS 499: Capstone: Senior Seminar~~ (4)
- Elective: ~~4~~ **8** semester hours in KINS 300-400 level courses

Bachelor of Science in Kinesiology Degree (B.S.K.)

Major in Kinesiology

56 or 78 semester hours

- ~~Exercise Science Concentration~~

~~58 semester hours~~

- **Kinesiology Core**

- KINS ~~277~~ **201: Foundations of Introduction to** Kinesiology I (2 4)
- **KINS 202: Introduction to Kinesiology II (4)**
- KINS 495: Internship (4)

- **B.S.K. Core**

- BIOL 205: Human Anatomy and Physiology I (4)
- BIOL 206: Human Anatomy and Physiology II (4)
- ~~CHEM 105: Chemistry of Life (4)~~
- STAT 231: Introductory Statistics (4)
OR STAT 232: Introductory Statistics for Psychology Majors (4)
- KINS 380: Exercise Physiology (4)
- KINS 478: Motor Learning and Human Performance (4)

- **AND Select one Concentration in either Exercise Science or Pre-Physical Therapy**

Exercise Science Concentration

- ~~KINS 324: Physical Activity and Lifespan (4)~~
~~or KINS 386: Social Psychology of Sport and Physical Activity (4)~~
 - **Two courses from:**
 - KINS 383: Exercise Testing and Prescription (4)
 - KINS 483: Clinical Management for Special Populations (4)
 - KINS 486: Applied Biomechanics and Kinesiology (4)
 - **KINS 487: Special Topics in Kinesiology (4)**
 - **Two courses from:**
 - **KINS 366: Health Psychology (4)**
 - **KINS 386: Social Psychology of Sport and Physical Activity (4)**
 - **KINS 390: Applied Exercise and Sports Psychology (4)**
 - **KINS 488: Special Topics in Kinesiology (4)**
- ~~KINS 499: Capstone: Senior Seminar (4)~~
- Elective: 8 semester hours in KINS 300-400 level courses

Pre-Physical Therapy Concentration

- BIOL 225: Molecules, Cells, and Organisms (4)
- BIOL 226: Genes, Evolution, Diversity, and Ecology (4)
- CHEM 115: General Chemistry I (4)
- CHEM 116: General Chemistry II (4)
- PHYS 125: College Physics I (4) **and** PHYS 135: College Physics Lab I (1)
- PHYS 126: College Physics II (4) **and** PHYS 136 College Physics Lab II (1)
- PSYC 101: Introduction to Psychology (4)
- PSYC 320: Development Across the Lifespan (4)
OR PSYC 315: **Clinical Abnormal Psychology 1: Mental Health and Psychological Disorders** (4)
- **One course from:**
 - **KINS 383: Exercise Testing and Prescription (4)**
 - **KINS 483: Clinical Management for Special Populations (4)**
 - KINS 486: Applied Biomechanics and Kinesiology (4)
 - **KINS 487: Special Topics in Kinesiology (4)**
- **One course from:**
 - **KINS 366: Health Psychology (4)**
 - **KINS 386: Social Psychology of Sport and Physical Activity (4)**
 - **KINS 390: Applied Exercise and Sports Psychology (4)**
 - **KINS 488: Special Topics in Kinesiology (4)**
- Elective: 4 semester hours from KINS 300-400 level courses

~~• Pre-Physical Therapy Concentration~~

~~72 or 73 semester hours~~

- ~~• KINS 277: Foundations of Kinesiology I (2)~~
- ~~• BIOL 205: Human Anatomy and Physiology I (4)~~
- ~~• BIOL 206: Human Anatomy and Physiology II (4)~~
- ~~• Two courses from:~~
 - ~~▪ CHEM 105: Chemistry of Life (4)~~
 - ~~▪ CHEM 331: Organic Chemistry I (4)~~
 - ~~▪ CHEM 333: Organic Chemistry I Lab (1)~~
- ~~• STAT 231: Introductory Statistics (4)~~
~~**OR** STAT 232: Introductory Statistics for Psychology Majors (4)~~
- ~~• KINS 380: Exercise Physiology (4)~~
- ~~• KINS 478: Motor Learning and Human Performance (4)~~
- ~~• KINS 495: Internship (4)~~
- ~~• KINS 499: Capstone: Senior Seminar (4)~~

Courses

Kinesiology (KINS) - Undergraduate Courses

KINS ~~277~~ 201 : ~~Foundations of~~ Introduction to Kinesiology I

An introduction to the historical, biological, sociological, psychological, and mechanical concepts underlying human movement and the exploration of kinesiology as a field of study. **Ethical decision-making, liability, and risk management topics, specific to the field of Kinesiology, will be examined. Opportunities to develop foundational skills in communication and leadership will be provided.** Should be the initial professional course taken in the Department of Kinesiology. ~~(2)~~ **(4)**

KINS 202: Introduction to Kinesiology II

An introductory course on diversity, equity, access, and inclusion issues in the field of Kinesiology. Topics will include: historical inequities and barriers to access in physical activity settings, the meaning and experiences of diversity within the field of Kinesiology, media and source literacy. Designed to promote diverse, inclusive, evidence-based perspectives related to core issues in the field of Kinesiology and to develop important, foundational inclusive leadership skills. (4)

KINS 279 : Teaching Physical Activity

Generic teaching and management strategies, design of instructional materials and techniques for implementing them, and strategies for working with diverse learners in physical activity settings. This course is a prerequisite for all teaching methods courses ~~and should be taken prior to or in conjunction with the education hub.~~ (2)

KINS ~~301~~ ~~280~~ : Fitness and Recreation Programming and Delivery

Focused on the planning, organization, delivery and evaluation of a variety of fitness and recreation activities in school and community settings. Topics and skills addressed include aerobic dance, step aerobics, drumming and creative rhythms, circuit training, core training, and selected recreational activities. Course content aligns to ACSM Group Exercise Instructor certification standards. (4)

KINS ~~302~~ ~~284~~ : Sport Programming and Delivery

Addresses sport skill development, instructional skill development, and programming considerations in a variety of individual, **dual**, and team sport activities. Topics and skills addressed include net games **such as** (badminton, tennis, pickleball and/or **Spikeball; racquetball**), invasion games **such as lacrosse, ultimate frisbee, flag rugby, and/or tchoukball;** (soccer, team handball, lacrosse, and/or others), and target/fielding activities **such as** (softball, **Dotball 360, golf, baseball, archery** and/or **archery bowling**). (4)

KINS 287 : Special Topics in Kinesiology

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 288 : Special Topics in Kinesiology

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 289 : Special Topics in Kinesiology

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 291 : Directed Study

To provide individual undergraduate students with introductory study not available in the regular curriculum. The title will be listed on the student term-based record as DS: followed by the specific title designated by the student. (1 to 4)

KINS 314 : Team Building for High Performance Teams

Activities designed to facilitate the development of team camaraderie and effectiveness. Creative, fun, challenging, and applied team building activities, combined with traditional training tools to help create learning experiences for students to actively enhance team cohesion and group productivity. (4)

KINS 315 : Body Image - GE

Topics include: the connection between women and food, cultural definitions of beauty, eating disorders, nutrition, and biosocial factors affecting weight. (4)

KINS 320 : Nutrition, Health and Performance

An examination of the role of dietary choices in the maintenance of health, the prevention of disease and the optimizing of physical performance. Topics covered include: consumer nutrition skills, basic nutrients and nutritional science, energy balance, sport and performance nutrition including the use of supplements and ergogenic aids, lifespan nutrition, global nutrition and food safety. (4)

KINS 322 : Physical Education in the Elementary School

Organization and administration of a developmental program for grades K-6; sequential and progressive programming; large repertoire of activities. Observation and/or practicum in public schools is required. (2)

KINS 324 : Physical Activity and Lifespan

The emphasis in this course will be on the role that physical activity plays in successful aging. An understanding of the influence of social learning on physical activity behavior through the lifespan and effective strategies for health promotion and activity programming with adult populations will be addressed. (4)

KINS 326 : Adapted Physical Activity

Emphasizes the theory and practice of adaptation in teaching strategies, curriculum, and service delivery for all persons with psychomotor problems, not just those labeled "disabled." (4)

KINS 334 : Applied Training and Conditioning

This course presents physiological and kinesiological applications to physical training and addresses fundamental training principles as they relate to physical fitness in the areas of cardiovascular fitness, muscular strength and endurance, flexibility and body composition. Focus is on training for safe and effective physical performance for both genders of all ages and activity interests. (-2 4)

KINS 360 : Professional Practicum

Students work under the supervision of a coach, teacher, recreation supervisor, or health care provider. Prerequisite: departmental approval. Can be repeated up to four semester hours. (1 or 2)

KINS 361 : Coaching Practicum

Students work under the supervision of a coach. Prerequisite: departmental approval. (1 or 2)

KINS 366 : Health Psychology

This course examines how human physiology and psychology interact and influence personal health choices and behavior change. Topics surveyed include behavior change models; nicotine, alcohol and drug use and abuse; stress and stress management; psychological factors in the prevention, development and treatment of chronic disease; death and dying. (4)

KINS 380 : Exercise Physiology

Scientific basis for training and physiological effect of exercise on the human body. Lab is required. **Prerequisites: BIOL 205, 206 (or consent of the instructor)** (4)

KINS 383 : Exercise Testing and Prescription

Provides students involved in the promotion of physical activity with the basic knowledge necessary to safely conduct exercise, health and fitness assessments in a variety of community settings. Topics will include: history of assessment and its role in physical activity promotion; purpose and methods for pre-evaluation and screening; assessment and evaluation techniques; prescriptive program

development for health and fitness; and bio-psycho-social implications of assessment and evaluation. ~~Prerequisite: KINS 380.~~ (4)

KINS 384 : Foundations of Health and Fitness Promotion

Provides students involved in the promotion of physical activity with the basic knowledge necessary to understand how health and fitness are managed in a variety of community settings. Topics will include: historical and philosophical basis of community-based health and fitness management; organizational assessment and evaluation issues; strategies for behavioral change; strategies for program development, implementation and marketing; specific examples of different community-based health and fitness management programs. (4)

KINS 386 : Social Psychology of Sport and Physical Activity

Questions of how social psychological variables influence motor behavior and how physical activity affects the psychological makeup of an individual will be explored. (4)

KINS 387 : Special Topics in Kinesiology

~~Provides the opportunity for the exploration of current and relevant issues in the areas of physical education and exercise science. (1 to 4)~~

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 388 : Special Topics in Kinesiology

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 389 : Special Topics in Kinesiology

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 390 : Applied Exercise and Sports Psychology

A practical, individually-oriented course designed to teach athletes, trainers, coaches, and teachers a comprehensive variety of skills and techniques aimed at enhancing sport performance. Psychological topics include: managing anxiety, imagery, goal setting, self-confidence, attention control, injury interventions, self-talk strategies, and team building. (4)

KINS 395 : ~~Health Programming and Delivery Comprehensive School Health~~

~~This theory to practice course focuses on understanding and applying developmentally appropriate and scientifically accurate health education in both the K-12 and community settings. Health topics covered may include community and public health, environmental health, nutrition, consumer health, intentional and unintentional injury prevention, substance use, mental and emotional wellbeing, relationships and social health, violence and conflict, and comprehensive sexuality education. The course addresses program planning, implementation and assessment based on the needs of the learner.~~

~~This course explores the integrated nature of comprehensive school health programs. Students will use their health knowledge and resources to effectively communicate essential health content with an emphasis placed on environmental health, intentional and unintentional injury prevention, consumer health and sexuality education. The course addresses program planning, implementation and evaluation based on the needs of the learner. Prerequisites: KINS 320, 366. (4)~~

KINS 411 : Coaching Effectiveness

Presents foundational knowledge essential for coaching effectiveness and success in any sport at a youth, club, or school level. This course integrates sport science research with emphasis on practical applications. Organization of this course will be based on topics such as: coaching philosophy and ethics, communication and motivation, principles of teaching sport skills and tactics, evaluation, and team administration, organization, and management including liability prevention. The course is designed to meet or exceed NCACE, NASPE, PCA, and ASEP standards. (4)

KINS 478 : Motor Learning and Human Performance

Provides basic theories, research, and practical implications for motor learning, motor control, and variables affecting skill acquisition. (4)

KINS 483 : Clinical Management for Special Populations

Examination of pathophysiology and the use of exercise to manage chronic diseases and conditions including cardiovascular disease, pulmonary disease, diabetes, obesity, and other chronic illnesses. Selection and implementation of tests for health related fitness levels in a variety of populations, and the development of exercise prescriptions for patients with known disease. ~~Prerequisite: KINS 383.~~ (4)

KINS 486 : Applied Biomechanics and Kinesiology

Opportunity to increase knowledge and understanding about the human body and how the basic laws of mechanics are integrated in efficient motor performance. Prerequisite: BIOL 205 (4)

KINS 487 : Special Topics in Kinesiology

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 488 : Special Topics in Kinesiology

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 489 : Special Topics in Kinesiology

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

KINS 490 : Curriculum, Assessment and Instruction

An integrated and instructionally aligned approach to curriculum design, assessment, development and implementing instructional strategies consistent with Washington Essential Academic Learning Requirements. Intended as the final course prior to a culminating internship, a practicum in the school setting is required in conjunction with this four-semester hour course. Prerequisites: **BIOL 205, 206; KINS 279, 301, 302, 322 (or consent of the instructor)**. (4)

KINS 491 : Independent Study

To provide individual undergraduate students with advanced study not available in the regular curriculum. The title will be listed on the student term-based record as IS: followed by the specific title designated by the student. Prerequisite: consent of the dean. (1 to 4)

KINS 495 : Internship - SR

Pre-professional experiences closely related to student's career and academic interests. Prerequisites: declaration of major, **senior status junior status**, KINS 201, KINS 202, **eight ten additional** hours in the major, and department permission **(or consent of the instructor)**. (4 ~~2 to 8~~)

~~KINS 499 : Capstone: Senior Seminar - SR~~

~~To enable senior students in an academic unit to share their work and receive group criticism. The title will be listed on the student term-based record as Capstone and may be followed by a specific title designated by the academic unit. Prerequisites: declaration of major, junior status, ten hours in the major, and department permission. (2 or 4)~~

SOCIAL WORK

Fall 2024

Type 1, 2 & 3 – degree name change*; revised curriculum

*Type 3 proposal requiring a vote at Faculty Assembly

[Link to Proposal](#)

Catalog

Within a program that is firmly based in the liberal arts, the social work major is designed to prepare students for beginning professional social work practice as well as graduate study in social work. Social work has both a heavily multidisciplinary-based body of knowledge and its own continuously developing knowledge base. The complexity of social issues and social problems that confront the modern-day social worker require this broad theoretical perspective. Social workers are involved in areas that are influenced by political, economic, social, psychological and cultural factors. To that end, the program stresses an understanding of social science theories and methods. The curriculum provides a foundation for understanding the interaction of individual, family, and community systems, as the basis for generalist practice. Students learn a multi-method approach to social work practice that enables them to address a wide range of individual, family, group, community and organizational needs. Students enhance their commitment to informed action to remove inequities based on race, ethnicity, culture, gender, immigration status, social class, sexual orientation, disability and age.

Admission to the Social Work Program

PLU students can declare their major in social work at any point in their academic career. Students can declare their major by meeting with the chair of the undergraduate social work program. Standard with the major of social work, all students complete a year-long practicum placement in a community or campus-based helping entity. In the fall of a student's junior year they will be required to complete an application to the practicum experience. Details on this application process are provided to all potentially eligible declared majors by the program's field coordinator. Potential social work students should be advised that a criminal background check is required for placement into practicum. ~~Students seeking the Bachelor of Arts degree in social work must first apply and be accepted into the program. The social work program welcomes diversity and invites interest and applications from persons who seek to participate in a profession committed to helping people, now and in the future. Students may begin taking social work courses before being admitted to the program, but only admitted students are allowed to take 400-level courses. Students will be admitted to the Social Work Program for Fall Semester only. The priority date for applications~~

~~is February 28th, though applications will be accepted until available positions are filled. Enrollment is competitive based on intended graduation date.~~

~~Admission is determined by faculty evaluation of student applications on the basis of the following criteria:~~

- ~~• Transcript that documents the completion of at least 40 semester hours of prescribed course work with a minimum grade point average of 2.75. In addition, the student must show successful completion of the following prerequisites: ANTH 102 or 334, BIOL 111, PSYC 101, SOCI 101, FYEP 101, and the PLU math entrance requirement. (Note: grades below C- do not transfer);~~
- ~~• A personal essay which addresses: (a) interest in social work as a career, (b) life experiences shaping an interest in social work, (c) professional social work goals, and (d) an evaluation of personal strengths and limitations (details may be obtained from Social Work Program);~~
- ~~• A summary of work and volunteer experience;~~
- ~~• Two letters of recommendation that evaluate and document the applicant's potential for success in social work education and practice;~~
- ~~• Washington State Patrol Criminal History clearance (Applicants with a criminal record will be urged to explore their prospects for registering as a counselor or later being licensed as a social worker with the State of Washington);~~
- ~~• Written agreement to comply with the National Association of Social Workers' Code of Ethics (a copy of which is available from the Social Work Program);~~
- ~~• Personal interview (may be requested).~~

~~Any falsification in the application for admission is grounds for dismissal from the program. Applicants who are not admitted to candidacy for the degree may reapply without prejudice. Application materials are available on the department webpage: <https://www.plu.edu/social-work/program/how-to-apply/>.~~

Continuation Policies

To remain in the program, a student must: (a) maintain a 2.75 grade point average in social work courses and a 2.50 overall grade point average, and (b) demonstrate behavior which is consistent with the NASW Code of Ethics and University Code of Conduct., ~~and (c) average 80% or better on benchmark assignments used to assess competence for practice.~~

~~Bachelor of Arts Degree~~ **Bachelor of Social Work (B.S.W.)**

Major in Social Work

52 semester hours, including

- ~~SOCW 245, 250, 350, 360, 460, 465, 475, 476, 485, 486, 498, and 499~~ **290, 332, 335, 336, 360, 460, 465, 480, 481**
- ~~SOCW 232 or SOCI 232~~
- SOCI 101
- ~~STAT 233 (must be completed at PLU) Stat 231,~~ **STAT 231, 232, or 242**
- 4 semester hours in elective SOCI, SOCW, or PSYC 310, 315, or 337

Social Work majors are required to have the following prerequisites prior to entry to the program: ANTH 102 or 334 and PSYC 101. ~~BIOL 111 must be completed prior to graduation.~~

Minor

Minor

20 semester hours, including

- ~~SOCW 101 (190) or 245-~~ **335(4)**
- ~~SOCW~~ **electives (12)**
 - Choose from either course not used above, or from SOCW ~~250, 290, 332, 336,~~ 350, or 360
- Remaining elective (4)
 - Choose from any course not used above, or from ~~SOCW 175, 287, 320, 325, 329, 345, 387, 491;~~ SOCI 210, 226, 330, 332, 384, 410, 494; ~~SOCW 232~~ **SOCW 332** or ~~SOCI 232;~~ PSYC 310, 315, 337; or COMA 340
- ~~SOCW 375 (2)~~

Requirements for those majoring in both sociology & criminal justice and social work

84 semester hours including:

- SOCW ~~245-290 335, 336 250,~~ 350, 360, 460, 465, **480, 481, 485, 486, 498, and 499**
- SOCI 101, 210 or 240, 330 or 336 (330 is recommended), 496, 499, a 400-level elective, and 8 elective hours
- ~~SOCI/SOCW 232~~ **SOCI 301 and 302**
- ~~STAT 233-231, 232 or 242~~
- ~~BIOL 111 and~~ PSYC 101

Courses

Social Work (SOCW) – Undergraduate

SOCW 101 : Introduction to Social Work and Social Welfare - ES

An introduction to human need and the field of social work. Provides an overview of services, models of service delivery, and professional social work values. Students visit agency settings and meet with social work practitioners. A volunteer experience in the field is a required component of this seminar-style course. (4)

SOCW 175 : January on the Hill - VW, GE

An intense experience of service and community work on Tacoma's Hilltop District and/or Tacoma's eastside where students learn firsthand about poverty and participate in community projects. (4)

SOCW 2332 : Research Methods

This course will prepare students to demonstrate basic competencies in the knowledge, values, and skills of research methodology to analyze the social world. This includes problem formulation, research designs, measurement, sampling, interviewing, and critical evaluation of research in social work and the social sciences. Required for social work majors. Prerequisite: SOCI 101. (4)

SOCW 290 : Anti-Racism, Diversity, & Equity in SW Practice.

In this course, human diversity is broadly explored and defined to include race, ethnicity, culture, nationality, religion, sexual orientation, gender identity and expression, and ability. The course content looks critically at privilege and the ways in which a society's cultural practices and structure may oppress, marginalize, and alienate some while enhancing power and privilege of others. (4)

~~SOCW 245 Human Behavior and the Social Environment~~

~~Students examine developmental theory through the lens of an ecological systems perspective and a biopsychosocial-spiritual framework, emphasizing power, privilege, and cultural differences (particularly race/ethnicity, gender, and sexual orientation) as applied to individuals, families, groups, institutions, organizations, and communities locally and globally. Volunteer experience is required. (4)~~

~~SOCW 250 : Social Policy I: History of Social Welfare – ES~~

~~Exploration of power, privilege and oppression emphasizing political process and global social change in the development of the American welfare state and the profession of social work. Students reflect critically upon personal and social values, social welfare systems and their performance, the impact of political ideology and compromise on vulnerable populations, and the function of professional social work. (4)~~

SOCW 287 : Special Topics in Social Work

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

SOCW 288 : Special Topics in Social Work

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

SOCW 289 : Special Topics in Social Work

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

SOCW 291 : Directed Study

To provide individual undergraduate students with introductory study not available in the regular curriculum. The title will be listed on the student term-based record as DS: followed by the specific title designated by the student. (1 to 4)

~~SOCW 320 : Child Welfare, A Global Perspective~~

~~An examination of child welfare, including child abuse and neglect; child welfare services, including CPS, permanency planning, foster care, adoption; and the current status of child well-being around the world, exploring the impact on children of such issues as poverty, war, nutrition, HIV/AIDS, access to education, access to health care, care for orphans, street children. (4)~~

SOCW 325 : Social, Educational, and Health Services in Tobago - VW, GE

Explore strengths and needs of Tobago and effects of history and colonialism on the development of community problems. Through service learning, interaction with agency staff and community members, readings and reflections, develop an understanding of the meaning of service in another culture and deepen one's own ethic of meaningful service. (4)

SOCW 335 : Human Behavior and the Social Environment I – ES

Addresses theories and knowledge of human bio-psycho-social development from birth to young adulthood, including theories and knowledge about the range of social systems in which individuals live (families, groups, organizations, institutions, and communities). Interactions between and among human biological, social, psychological, and cultural systems as they affect and are affected by human behavior. (4)

SOCW 336 : Human Behavior in the Social Environment II

Addresses theories and knowledge of human bio-psycho-social development from early adolescence through late adulthood, including theories and knowledge about the range of social systems in which individuals live (families, groups, organizations, institutions and communities). Interactions between and among human biological, social, psychological, and cultural systems as they affect and are affected by human behavior. (4)

~~SOCW 350 : Social Policy II: Social Policy Analysis-Social Work Policy & History~~

~~Students develop legislative policy practice and advocacy skills, and examine the impact of policy implementation, administration, and governmental structure on services to vulnerable populations. Critical thinking is used to analyze contemporary global and local policy in income assistance, health/mental health, child welfare, homelessness, and services to seniors. Prerequisite: SOCW 250. (4)~~

This course will explore how power, privilege, and oppression emphasize political process and global social change in the development of the American welfare state and the profession of social work. Students reflect critically upon the development of social and political policies historically. Students also develop legislative policy practice and advocacy skills and examine the impact of policy implementation, administration, and governmental structure on services to vulnerable populations. Critical thinking is used to analyze contemporary policy in income assistance, health/mental health, child welfare, homelessness, and services to seniors. (4)

SOCW 360 : Social Work Practice I: Interviewing and Overview of Generalist Practice

Students learn the conceptual framework of generalist practice and apply the ecological systems perspective to practice. This course introduces engagement, assessment, intervention, and evaluation in the context of social work both locally and globally. Students are able to learn intentional interviewing skills and apply those skills within various models of practice and across cultures. Prerequisite: SOCW 245. (4)

~~SOCW 375 : Social Services in the Community~~

~~Completion of a minimum of 50 hours of work in a community setting. Through written work, students reflect on their experiences, their personal growth, and the mission of the agency. May be repeated for credit up to two semester hours. Prerequisite: SOCW 175 or 245 or 360. (1)~~

SOCW 387 : Special Topics in Social Work

Selected topics as announced by the department. Topics relevant to current trends and issues in the field of social work. (2 to 4)

SOCW 388: Special Topics in Social Work

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-

based record as ST: followed by the specific title designated by the academic unit.
(1 to 4)

SOCW 389 : Special Topics in Social Work

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit.
(1 to 4)

SOCW 395 : Social Work and Health Care

This course is designed to provide students with an overview of social work practice in health care settings. Areas of emphasis will include social work practice in acute inpatient care settings, community health clinics, and agencies. Students will consider the historic context of medical social work, trends in both its development and theoretical orientations, present practice opportunities and characteristics, and ways in which professional practice differs across the health care spectrum. Skills required for effective social work practice in varied health care settings, factors impacting such practice, bioethical issues common to contemporary health care practice, and considerations and guidelines regarding the provision of care to diverse populations will be examined. The course will also address recent and anticipated changes in health care – and the role of the social worker within this dynamic context. (4)

SOCW 460 : Social Work Practice II: Families and Groups

Grounded in the framework of generalist social work practice, the second social work practice course examines theoretical models and practice skills for assessment and intervention with families and groups. Emphasizes the importance of culturally sensitive practice. Introduces students to group dynamics and group development. Prerequisite: SOCW 245, 360. (4)

SOCW 465 : Social Work Practice III: Macropractice - SR

Using the generalist social work practice framework, students develop engagement, assessment, intervention and evaluation skills for local and global practice with organizations, and communities. As professional social workers, students map community assets, examine community development, and advocate for diverse and marginalized groups. Students recognize social service organizations as a changing context for professional practice and research. **Within this course, students also complete a capstone project in conjunction with their SOCW 481 course taken concurrently.** Prerequisites: SOCW ~~245, 250~~, **335, 336**, 350, 360, and 460. (4)

~~SOCW 480 : Field Experience I~~ Social Work Practicum I

~~Students are placed in social service agencies where, under supervision, they demonstrate the generalist skills of engagement, assessment, intervention, and evaluation of practice. They apply ethical principles in interactions with clients and staff, demonstrate critical thinking, engage and embrace diversity, demonstrate and~~

~~apply knowledge of human behavior and the social environment.~~

~~Pass/Fail. Prerequisites: SOCW 245, 350, and 360; to be taken concurrently with SOCW 460 and 485; requires consent of instructor. (3)~~

Students are placed in social service agencies where, under supervision, they demonstrate the generalist skills of engagement, assessment, intervention, and evaluation of practice. They apply ethical principles in interactions with clients and staff, demonstrate critical thinking, engage and embrace diversity, demonstrate and apply knowledge of human behavior and the social environment. In weekly seminar, students integrate the theories and skills from their coursework with experiences in their field settings, applying theories of human behavior and the social environment. Prerequisites: SOCW 350, and 360; to be taken concurrently with SOCW 460; requires consent of instructor. (4)

~~SOCW 481 : Field Experience II–Social Work Practicum II~~

~~Continuation of SOCW 475. Students practice and refine the generalist skills of engagement, assessment, intervention, and evaluation. Through their deepening identification with the social work profession, they analyze how their agency responds to changing contexts and reflect on ways to engage in policy and advocacy practice. Pass/Fail. Must be taken concurrently with SOCW 465 and 486. (3)~~

Continuation of SOCW 480. Practicum in social work consists of 460 hours of progressive growth in a professional setting, and this course is the culmination of this effort. Students practice and refine the generalist skills of engagement, assessment, intervention, and evaluation. Through their deepening identification with the social work profession, they analyze how their agency responds to changing contexts and reflect on ways to engage in policy and advocacy practice. Weekly seminar supports student growth in their professional identification and behavior. Pass/Fail. Must be taken concurrently with SOCW 465 (4)

~~SOCW 485 : Field Experience Seminar I~~

~~Students integrate the theories and skills from their coursework with experiences in their field settings, applying theories of human behavior and the social environment. They write and analyze a case and practice self-reflection by developing a plan to evaluate their own practice. Must be taken concurrently with SOCW 475. (1)~~

~~SOCW 486 : Field Experience Seminar II~~

~~Students continue to grow in their professional identification and behavior. They make a formal case presentation to professional social workers, demonstrating their application of knowledge, values, and skills and their competence in engagement, assessment and intervention. They evaluate their own practice. Must be taken concurrently with SOCW 476. (1)~~

SOCW 487 : Special Topics in Social Welfare

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

SOCW 488 : Special Topics in Social Welfare

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

SOCW 489 : Special Topics in Social Welfare

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

SOCW 491 : Independent Study

To provide individual undergraduate students with advanced study not available in the regular curriculum. The title will be listed on the student term-based record as IS: followed by the specific title designated by the student. Prerequisite: Consent of instructor. (1 to 4)

SOCW 495 : Internship

To permit undergraduate students to relate theory and practice in a work situation. The title will be listed on the student term-based record as Intern: followed by the specific title designated by the instructor in consultation with the student. (1 to 12)

~~SOCW 498 : Capstone Proposal – SR~~

~~Students select a topic for their capstone, complete a preliminary literature review, and develop an outline for their final capstone, to be completed in SOCW 499. Prerequisites: SOCW 245, 350, and 360. (1)~~

~~SOCW 499 : Capstone: Senior Seminar – SR~~

~~This integrative seminar requires students to explore a field of generalist practice across all of the competencies of the social work profession, including reciprocal relationships between research and practice, the policies that impact practice, global perspectives, typical ethical issues, role of diversity, evidence-based interventions and ways they may evaluate their practice. This culminates in a paper and public presentation. Prerequisites: SOCW 245, 350, 360, 460, 475, 498, and SOCW 232 or SOCI 232. (3)~~

Curriculum Changes for Information Only

Deletions are indicated by ~~blue strikethrough~~ | Additions are indicated in **blue bold**
For conciseness, courses and catalog language sections that are not being changed, are not listed.

NURSING

J-Term 2025

Type 1 – add GenEd element to existing course

Course

NURS 287 : Special Topics in Nursing

To provide undergraduate students with new, one-time, and developing courses not yet available in the regular curriculum. The title will be listed on the student term-based record as ST: followed by the specific title designated by the academic unit. (1 to 4)

NOTE: The Core Curriculum Committee grants a one-time approval of the GenEd designation of “VW “ for the topic.

This approval, to carry the “VW“ GenEd designation, is for the J-term 2025, NURS 287, Is death allowed?: An International comparative look at End-of-life policies.