What gender are these babies?
What is this child's gender?

Franklin Delano Roosevelt
GENDER 101
GOALS OF THE GENDER 101 WORKSHOP

By the end of the workshop, you will be able to...

• Differentiate between sex and gender.
• Define sexism, heterosexism, and patriarchy.
• Connect new vocabulary used in the workshop to your own lives.
• Appreciate the complexity of gender and sexuality.
• Understand the cultural construction of sex and gender.
GROUP AGREEMENTS

Privacy

Respect for all ideas and questions

Sympathy to others' feelings and experiences
TIME FOR A QUIZ!

Get together in groups of four and complete the vocabulary matching activity.

p.s. The group with the most correct may or may not receive a candy-type prize.
1. **M Patriarchy**

The organization of society and its institutions—both formal and informal—in ways that privilege men and the qualities of masculinity.
2. L Androgynous

Used to describe a person whose gender expression and/or identity may be neither distinctly female or male, usually based on appearance.
3. I Femininity

A model of social meanings and expectations for performance as female.
4. K Masculinity

A model of social meanings and expectations for performance as male.
5. **F Homophobia**

Fear or revulsion of homosexuality, of homosexuals, and of being so labeled.
6. J HETEROSEXISM

Celebrating and privileging heterosexuality over other positions of sexuality.
7. **Asexual**

Having a lack of interest in and desire for sex.
8. D Sexism

Denigrating one sex or gender position and privileging the other sex or another gender position.
9. **H Sexuality**

Having desires based in embodiment.
Having sex chromosomes, external genitalia, or internal reproductive systems that are not considered “standard” for either male or female.

10. C INTERSEX

Not XX and not XY
Klinefelter (XXY)
Androgen insensitivity syndrome
Partial androgen insensitivity syndrome
Classical congenital adrenal hyperplasia
Late onset adrenal hyperplasia
Vaginal agenesis
Ovotestes
Complete gonadal dysgenesis

Total number of people whose bodies differ from standard male or female

Total number of people receiving surgery to “normalize” genital appearance

one in 1,666 births
one in 1,000 births
one in 13,000 births
one in 130,000 births
one in 13,000 births
one in 66 individuals
one in 6,000 births
one in 83,000 births
one in 150,000 births
one in 100 births
one or two in 1,000 births
11. G TRANSSEXUAL

A term for people who seek to live in a gender different from the one assigned at birth and who may seek or want medical intervention.
12. B TRANSGENDER

Individuals whose gender identity and/or expression differs from expectations of the sex they were assigned at birth.
13. **A Gender**

Refers to roles, attitudes, and values assigned by culture and society to women and men.
14. E Sex

Refers to physical and anatomical characteristics (external genitalia, chromosomes, internal reproductive system)
THEORIES OF GENDER

● Essentialism
  • A belief that all things have a set of characteristics that make them what they are.
  Male=Masculine
  Female=Feminine

● Constructionism
  • A school of thought pertaining to the ways social phenomena are created, institutionalized, and made into tradition by humans.
  Gender=Socially Constructed
How does this apply on a societal level?
DISCUSSION QUESTIONS

• What trends do you see in the words chosen as "feminine" or "masculine?"
• Are the words negative or positive?
• Which words strike you as more "powerful?"
• How might this create an unevenness in the power dynamics between men and women?
• What happens to individuals who step outside their expected box?
DISCUSSION QUESTIONS (CONT’D.)

• Could you fit perfectly into either of these boxes, or do you have traits listed in both?
• Have you ever felt pressure to fit inside one of these boxes because of your biological sex?
PERSONAL GENDER IDENTITY/EXPRESSION
Biological Sex

Assigned at birth and is typically made up of four components: anatomy, chromosomes, hormones, and secondary sex characteristics.
GENDER IDENTITY

With biological sex, we are talking about the body. With gender identity, we are talking about the mind, whether you identify internally or psychologically as more man, more woman, or gender-queer.
Gender Expression

This is a very fluid spectrum because it changes often for each one of us.

This also relates to society in what is expected of the genders and how this changes overtime.

Gender expression is the way you communicate your gender via behavior, fashion, etc. to others.
SEXUAL/AFFECTIONAL ORIENTATION: ATTRACTION

Attraction refers to internal, personal desire. Do you tend to be attracted to genders more similar to your own or more different than your own?
SEXUAL/AFFECTIONAL ORIENTATION: IDENTITY

Identity refers to the way you classify yourself, as well as the way others classify you. This can be based on behavior, what people know about you, how you would label yourself.
Behavior

Behavior is external. It includes sexual behavior (intercourse, anal, oral, making out, cuddling, flirting, etc.), dating and relationships.
Spectrum Discussion Questions

- How did this feel?
- What did you notice about yourself? Were you surprised by any of your answers?
- Looking at the sexual orientation side, how did/didn't these line up for people? Why do you think they are different?
- What’s the conventional relationship between gender identity and sexual orientation?
- What does this tell us overall about people's identities? How can we use this information to make sure we are respecting everyone?
What can you do?

Individually

• Be conscious of accurate vocabulary usage.
• Appreciate the variety and fluidity of genders and have a respect for those whose genders differ from your own.
• Be conscious of the way you consume media.

Socially

• Speak up if you hear problematic terms being used or an offensive joke.
• Spark dialogue with friends about the topic of gender.
GET INVOLVED AT PLU

Women's Center
Diversity Center

Student Clubs and Organizations
• Feminist Student Union
• Queer Ally Student Union
• MAPPE
• SAPET
THANK YOU FOR COMING!

Any further questions?

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