

Sexual assault is unwanted sexual contact.

Rape is forced sexual intercourse, including vaginal, anal or oral penetration. Penetration may be by a body part or an object.

Rape victims may be forced through threats or physical means. In about 8 out of 10 rapes, no weapon is used other than physical force. Anyone may be a victim of rape: women, men or children, straight or gay.

Intimate Partner Violence (IPV) is a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. It is also may be called domestic violence, partner abuse, or relationship violence.

Abuse is physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone.

Domestic violence can happen to anyone of any race, age, sexual orientation, religion or gender. It can happen to couples who are married, living together or who are dating. Domestic violence affects people of all socioeconomic backgrounds and education levels.

Stalking is a pattern of behavior that makes you feel afraid, nervous, harassed, or in danger. It is when someone repeatedly contacts you, follows you, sends you things, talks to you when you don't want them to, or threatens you.

You can be stalked by someone you know casually, a current boyfriend or girlfriend, someone you dated in the past, or a stranger. Stalking is a crime and can be dangerous.

PLU Campus Safety

Basement of Harstad Hall

253-535-7441, Emergencies dial X7911

campussafety@plu.edu www.plu.edu/campussafety

- You can contact Campus Safety (CSIN) at any time with questions or concerns, regardless of whether you are reporting a crime or not.
- A criminal act is wrong, regardless of the intention behind it. CSIN encourages, but does not require, all students to file reports of incidents involving sexual assault, intimate partner violence and stalking.
- CSIN can help a students make a report to the Pierce County Sheriff's Department (PCSD). Depending on the nature of the incident, CSIN may be required to contact PCSD as well.
- CSIN is required to report and act on any activity that they feel poses any kind of threat to one's self or others.
- If you choose to file a report with CSIN, CSIN will respect your privacy, however some reports may be automatically forwarded to the Student Conduct Coordinator.
- If you decide not to file a report with CSIN, you have the option to be provided with appropriate information for campus resources.



PLU Student Conduct

Allison Stephens, Conduct Coordinator

University Center, 253-535-7195

stepheab@plu.edu www.plu.edu/~sil/conduct

- The PLU Student Code of Conduct protects the rights of all members within our community through policies related to sexual assault, intimate partner violence, and stalking.
- The Student Conduct System is an educational process. Please contact the Conduct Coordinator if you would like to pursue a specific incident through the Conduct System or for general questions.
- Once a written report is received by the Conduct Coordinator, the following steps will be taken:
 - The incident will be investigated and reviewed by a conduct board through separate meetings with students named in the report and others as deemed necessary.
 - The Hearing Officers will make a decision of Responsible, Not Responsible or Inconclusive.
 - If found Responsible, the Hearing Officers will assign sanctions based on the nature of the incident. Sanctions may include educational assignments, meetings, counseling, or a recommendation of suspension, or expulsion.
- For more information, please see the procedure flow chart or reference the Sexual Misconduct or University Violence Prevention Policies on the Student Conduct website .
- The Student Conduct System addresses incidents that occur both on and off campus and is separate from any process that may occur outside of PLU .
- The Conduct Coordinator is available to answer question and provide options, regardless of whether you are reporting an incident.

PLU Victim Advocate

Jennifer Warwick 253-538-6303

Women's Center, 801 121st Street (Behind Ordal)

warwicjl@plu.edu www.plu.edu/~voices

- Many individuals have found the Victim Advocate to be a good starting point for getting the help they need.
- The Victim Advocate provides a safe, private place for individuals who have questions or concerns about sexual assault, intimate partner violence, or stalking.
- A professional Victim Advocate is available to provide emotional support and help you meet your immediate needs by:
 - Arranging referrals for medical care, including obtaining a rape exam, pregnancy and STD testing, and emergency contraception.
 - Acting as a liaison to address any concerns with academics or campus services.
 - Discussing options for reporting to Campus Safety or local law enforcement.
 - Developing a safety plan and obtaining Orders for Protection.
 - Providing referrals to counseling or support groups on campus and in the community.
 - Helping family and friends understand how to best support their loved one who has been victimized.
- The Victim Advocate will provide you with options and resources to make an informed choice about what is right for your situation. She will support and empower you to make the decisions you feel are best.
- The Victim Advocate will respect your privacy and may be required to report any statements indicating serious harm to one's self or others.

Additional Resources on Campus

Counseling Center

106 Ramstad Hall, 253-535-7206

councen@plu.edu www.plu.edu/~councen

The Counseling Center provides individual counseling and selected psychiatric services to PLU students. The counseling staff has been trained to deal compassionately with issues of sexual victimization and abuse. The Counseling Center services are free and confidential, though the staff may be required to disclose information that poses imminent danger to your health or safety, or the health or safety of any other individual.

*You deserve to feel safe at PLU.
If someone is hurting you,
we can help.*

Student Health Center

121st and Park Ave, 253-535-7337

health@plu.edu www.plu.edu/~health

The Health Center provides medical services to PLU students, including testing for pregnancy and sexual transmitted diseases (STD's). They also can prescribe birth control and Emergency Contraception (Plan B). The cost for each service varies. The Health Center services are confidential, though the staff may be required to disclose information that poses imminent danger to your health or safety, or the health or safety of any other individual.

Additional Resources on Campus

Campus Ministry

University Center, 253-535-7464

cmin@plu.edu www.plu.edu/~cmin

Campus Ministry provides confidential emotional and spiritual support to the PLU community. Trained to deal with issues of sexual victimization and abuse, the Campus Pastors can help survivors process their feelings and connect with additional sources of support.

Residential Life

University Center, 253-535-7200

rlif@plu.edu www.plu.edu/~rlif

Resident Assistants (RA) as student staff members and Resident Directors (RD) as professional staff members are trained to provide support to victims of violence and help connect them to other resources. Depending on the incident, they may be required to make a report to Student Conduct.

Community Resources

Pierce County Sexual Assault Center

253-474-7273

800-756-7273 www.sexualassaultcenter.com

Pierce County Domestic Violence

Helpline

253-798-4166

800-764-2420 www.familyjusticecenter.us

24-Hour help

Confidential

Campus Sexual Assault Victims' Bill of Rights

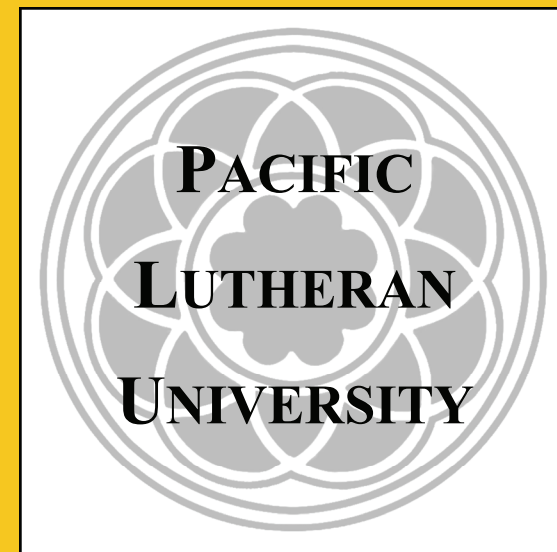
Federal law requires colleges and universities to afford the victims of campus sexual assaults certain basic rights.

- **During disciplinary proceedings, the accuser and accused must have the same opportunity to have others present.**
- **Both parties shall be informed of the outcome of any disciplinary proceeding.**
- **Survivors shall be informed of their options to notify law enforcement.**
- **Survivors shall be notified of counseling services.**
- **Survivors shall be notified of options for changing academic and living situations.**

For more information about these rights please visit
www.securityoncampus.org

Sexual Assault, Intimate Partner Violence, And Stalking:

Help is available.



You are not alone.

Pacific Lutheran University is committed to students' safety and well-being. Many resources exist on campus to help victims of violence. In addition, PLU employs a specially trained Victim Advocate, who can inform you of all your options and connect you to other resources.