**WHAT IS CONSENT?**

To consent means to give approval and to agree by free will.

Consent is based on choice.

Consent is active, not passive.

Consent is possible only when there is equal power.

Giving in because of fear is not consent.

In consent, both parties must be equally fee to act.

Going along with something because of wanting to fit in, feeling bad, or being deceived is not consent.

In consent, both parties must be fully conscious and have clearly communicated their consent.

If you can’t say “NO” comfortably, then “YES” has no meaning. If you are unwilling to accept a “NO”, then “YES” has no meaning.

| In you are interested in learning more and or educating others about this topic get involved with the Sexual Assault Peer Education Team sapet@plu.edu | If you or someone you know has been a victim of violence contact Voices against Violence. www.plu.edu/voices voice@plu.edu |