



Monthly WEBINAR

Employee Assistance Program
April 2018

1hr
WEBINAR

*The Thriving
Family: A Parent's
Guide to Raising
Resilient Kids*

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As parents, we all want the best for our children. With the best of intentions, we devote our lives to creating a family foundation that nurtures and protects them.

But along the way, as we witness our children experiencing the inevitable challenges of life, our own expectations and vulnerabilities can interfere with their developing brains. How do we avoid this and feel confident that we're providing the best foundation for our children? Watch this complimentary webinar as we explore the complexities of our role as parents, our relationship with our individual children, and the evidence-based approaches to foster resilience.

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