

Benefit Summary
 PLU's KPWA Essentials Plan/Core Plan
 Group Number: 1489700



Effective Date 6/1/2019		Health Plan Core HMO	Ref RQ-135185
<p>This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.</p> <p>In accordance with the Patient Protection and Affordable Care Act of 2010,</p> <ul style="list-style-type: none"> The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan. 			
Benefits	Inside Network		
Plan deductible	Individual deductible: \$1,000 per calendar year Family deductible: \$2,000 per calendar year		
Individual deductible carryover	4th quarter carryover applies		
Plan coinsurance	Plan pays 80%, you pay 20%		
Out-of-pocket limit	Individual out-of-pocket limit: \$3,000 Family out-of-pocket limit: \$6,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services		
Pre-existing condition (PEC) waiting period	No PEC		
Lifetime maximum	Unlimited		
Outpatient services (Office visits)	\$30 copay, deductible and coinsurance apply		
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: \$30 copay, deductible and coinsurance apply		
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand \$15/\$30 copay per 30 day supply		
Prescription mail order	2 x prescription cost share per 90 day supply		
Acupuncture	Covered up to 12 visits per calendar year \$30 copay, deductible and coinsurance apply		
Ambulance services	Plan pays 80%, you pay 20%		
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay, deductible and coinsurance apply		
Devices, equipment and supplies <ul style="list-style-type: none"> Durable medical equipment Orthopedic appliances Post-mastectomy bras limited to two (2) every six (6) months Ostomy supplies Prosthetic devices 	Covered at 50%		
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.		
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.		

Emergency services (copay waived if admitted)	\$150 copay at a designated facility \$150 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$30 copay, deductible and coinsurance apply
Hearing hardware	\$1,000 per ear every 36 months
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$30 copay, deductible and coinsurance apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay, deductible and coinsurance apply. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay, deductible and coinsurance apply
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$30 copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Covered at cost shares when medical criteria is met
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Contraceptive drugs and devices are covered in full.
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 60 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 60 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$30 copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$30 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Members under 19: 1 pair of frames and lenses per year or contact lenses covered at 50% coinsurance Members age 19 and over: \$250 per 24 months Not subject to deductible and coinsurance