



Monthly WEBINAR

Employee Assistance Program
April 2019

1hr
WEBINAR

**Clear Your Clutter:
A Comprehensive
Guide**

**EAP Webinars are
available anytime
on-demand via the
EAP website—no need
to register!**



**Is your kitchen table covered in unopened mail?
Is your bedroom floor covered in clothing?
Is your basement a total disaster?**

Living with clutter is exhausting. Learning how to approach clearing the clutter can feel daunting. This webinar will offer specific, strategic ways to approach clearing it and staying organized! We'll go room-by-room to help you have an organized and restful home.

Go to www.FirstChoiceEAP.com and enter your company's Username (if you don't know it, call or email us). Click on the **Webinars** link to view 2019's Webinars and all archived Webinars.

Contact Us by Phone: **(800) 777-4114**



Visit Us Online: www.FirstChoiceEAP.com



First Choice Health™

Healthy Employees. Healthy Companies.™

Your EAP service is free, confidential and available 24/7 to help you balance your work, family, and personal life.