



# A TIAA Financial Essentials webinar

## Postcards from the Future: A woman's guide to saving and investing

Fewer years in the workforce. Longer life spans. Women saving for retirement face unique challenges. You can learn what it takes to overcome these challenges and help make your retirement dreams come true on schedule.

**Register today for this live webinar on Thursday, December 10, from 12 p.m. to 1 p.m. (ET).**

### Featured speaker:

Laura Adamski is a Financial Consultant within the Institutional Retirement division at TIAA.

Laura is focused on helping participants plan for their financial well-being and retirement readiness. She meets with employees one on one, and provides personalized counseling, education and advice.

Laura holds a Bachelor of Science degree from the University of Wisconsin-Madison and a Master of Business Administration from San Diego State University. As a FINRA-registered representative, she holds Series 7 and 63 licenses while maintaining life, health and variable annuity licenses from the states of Massachusetts, Rhode Island, New York, New Hampshire, Vermont, Maine and Connecticut.

### Want help?

- It's quick.
- It's easy.
- It matters.

**SCHEDULE ONLINE**

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