

Monthly WEBINAR

Employee Assistance Program
December 2021

1hr
WEBINAR

How to Have Difficult & Sensitive Conversations

EAP Webinars are available
anytime on-demand via the
EAP website—no need to
register!

With the proper tools, tone and timing, it's possible to talk to anyone about anything, no matter how difficult the subject.

This seminar will discuss how to be strategic in our most sensitive conversations. We'll work to better understand and articulate our own motivations. And we'll endeavor to increase our empathy and awareness towards others. Whether it's asking your boss for a raise or telling your mother you're not coming home for the holidays, you can improve your confidence, clarity, and kindness.



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