

## **SUMMARY ANNUAL REPORT FOR PACIFIC LUTHERAN UNIVERSITY HEALTH & WELFARE BENEFIT PLAN**

This is a summary of the annual report of the Pacific Lutheran University Health & Welfare Benefit Plan (Employer Identification Number 91-0565571, Plan Number 513) for the plan year 01/01/2023 through 12/31/2023. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Pacific Lutheran University has committed itself to pay certain healthcare FSA (medical, dental and vision) claims incurred under the terms of the plan.

### **Insurance Information**

The plan has insurance contracts with Delta Dental of Washington, First Choice Health, Gerber Life Insurance Company, Kaiser Foundation Health Plan of Washington, Kaiser Foundation Health Plan of Washington Options, Inc., Unum Life Insurance Company of America, Willamette Dental of Washington, Inc. and Zurich American Life Insurance Company to pay certain medical, prescription drug, life, accidental death and dismemberment, dental, vision, temporary disability, long-term disability, business travel accident and employee assistance program claims incurred under the terms of the plan. The total premiums paid for the plan year ending 12/31/2023 were \$5,558,659.

Because they are so called "experience-rated" contracts, the premium costs are affected by, among other things, the number and size of claims. Of the total insurance premiums paid for the plan year ending 12/31/2023, the premiums paid under such "experience-rated" contracts were \$449,059 and the total of all benefit claims paid under these experience-rated contracts during the plan year was \$363,237.

### **Your Rights to Additional Information**

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- Insurance information, including sales commissions paid by insurance carriers.

To obtain a copy of the full annual report, or any part thereof, write or call the plan administrator, at 12180 Park Avenue S., Tacoma, WA 98447-0001 and phone number, 253-535-7185.

You also have the legally protected right to examine the annual report at the main office of the plan: 12180 Park Avenue S., Tacoma, WA 98447-0001, and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.

### **Paperwork Reduction Act Statement**

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average less than one minute per notice (approximately 3 hours and 11 minutes per plan). Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Office of the Chief Information Officer, Attention: Departmental Clearance Officer, 200 Constitution Avenue, N.W., Room N-1301, Washington, DC 20210 or email [DOL\\_PRA\\_PUBLIC@dol.gov](mailto:DOL_PRA_PUBLIC@dol.gov) and reference the OMB Control Number 1210-0040.

OMB Control Number 1210-0040 (expires 03/31/2026)