



Getting started

To initiate assessment and referral services, call **1-800-777-4114** or visit us online at **FirstChoiceEAP.com** and click the green “request a referral” button.

Additional referral services

Legal Assistance

A free 30-minute legal consultation on topics like wills, family and domestic concerns, motor vehicle matters, civil issues, and more. Employment-related concerns are not covered.

Financial Coaching

A free 30-minute financial consultation on topics like budgeting, estate planning, debt management, retirement and more.

Identity Theft

Step-by-step guidance and consultation about identity theft or fraud from legal professionals.

Child Care

Get help identifying available resources that can assist in everything from prenatal planning to college planning.

Elder Care

Access information on Medicare, Social Security, in-home care, transportation, chore services, and more.

Home Ownership

Save money on relocation, mortgages, realtor costs, and more with free coaching from a network of mortgage and real estate professionals.

FCH EAP Member Resources

Once you initiate services, enjoy access to our library of webinars, training, tools, and forms on the FCH EAP website.

Visit **FirstChoiceEAP.com** and enter your company’s username in the box under “Website Login.”

Contact your HR staff or FCH EAP to get your company’s username.



Get Started

