The School of Education and Movement Studies welcomes Dr. Frank Kline as Dean in 2011-2012

A n educator who has a comprehensive understanding of national and state trends in education has been named dean and professor of the School of Education and Movement Studies at Pacific Lutheran University. Frank Kline comes to PLU from Seattle Pacific University where he is professor and associate dean for the School of Education. In these roles he has been instrumental in helping develop and lead a strong teacher education program. He received his PhD in special education from the University of Kansas, his Masters from Wichita State University, and a Bachelor of Science from Greenville College.

Kline has taught at SPU since 1996, where he has been associate dean since 2003. He has also taught at Wichita State University and the Associated Colleges of Central Kansas. His portfolio includes project coordination and research for the University of Kansas Institute for Research in Learning Disabilities. Kline has taught in elementary and junior high schools. Of note is Kline’s work in the Washington Association for Colleges of Teacher Education. In those roles, he has served for six years, two of those as president. He is an expert on professional education in the state and has testified on various educational issues to the state legislature.

Kline’s appointment recognizes his interests in the growth opportunities in education and also the areas of health, fitness and wellness. According to PLU Provost Steve Starkovich, Kline “brings a strong record of higher education leadership. He comes from a School of Education that has robust graduate programs, and he has played a major role in the development of those programs, as well as directing the undergraduate program. His expertise in accreditation will also be an important asset for PLU.”

Dr. Cathy Tingstrom will join the PLU faculty mid-July.

Thanks and GOOD LUCK!

Thanks are due to Dr. Cathy Tingstrom who will be leaving PLU after three years of service to the department. Dr. Tingstrom served as the Director of the BAPE Program and brought needed stability to the program. She leaves us for a position at the University of New Mexico, where she received her Ph.D. We wish Dr. Tingstrom the best in her future endeavors.

Dr. Colleen Hacker Receives Highest Honors from the National Association for Girls and Women in Sport

Dr. Colleen Hacker received the Honor Award from the National Association for Girls and Women in Sport at a ceremony held on April 1, 2011 at the AAHPERD National Convention in San Diego, CA. The Honor Award is the most prestigious award presented by the association and is given to a single recipient annually. The recipient is recognized for making, through her leadership, outstanding and noteworthy contributions to the advancement of girls and women in sport and physical activity.

Shawn Ladda, NAGWS President, acknowledged Dr. Hacker’s years of impact and leadership through her associations with US Women’s Soccer and the United States Olympic Committee, among many other contributions. Dr. Hacker’s exemplary record of service, scholarship and leadership span four Olympic Games and multiple World Cup Championships for US Soccer. She also served US Field Hockey as their Mental Skills Coach during the Beijing Olympics in 2008. Her contributions to women’s sport extend over many decades and include an amazing five year run at the NCAA National Championship with PLU’s Women’s Soccer Team in the late 1980s and early 1990s (with three titles won). She was also noted for her substantial record of scholarly achievement in the field. Dr. Hacker is a previous recipient of the prestigious Presidential Citation from the American Psychological Association as well as the Presidential Medal from PLU. She is an AASP Certified Sport Psychology Consultant and a member of the USOC Sport Psychology and Mental Training Registry. Her leadership expertise has also brought her success as a highly regarded consultant to business and industry. She has worked with corporations such as Morgan Stanley, NIKE, Martha Stewart Living, S.C. Johnson Company, MTV Networks, Infinity Broadcasting, Thrivent Insurance Company, The New Yorker Magazine, Cinelit Broadcasting, Conde Nast, Million Dollar Round Table, GLAMOUR, Parent’s Magazine, House and Garden, Franciscan Health Care Systems, Better Homes and Gardens, Westwood One, Women’s Sports and Fitness as well as civic groups such as the Lantern Club of Boston, the Girl Scouts of America and the YMCA among many others. We are proud and fortunate to have such an outstanding and highly regarded leader, scholar and individual on our faculty. Congratulations Dr. Hacker on this significant recognition!

First Annual MSWE Convention!

On Saturday, May 14 students in Foundations of Physical Education (PHED 277) put on a convention as a class project. Participants were provided the opportunity to participate in activity sessions, question a panel of experts in their respective field, and attend a research poster presentation conducted by the PHED 277 students. A morning activity session, hosted by Professor McConnell and her students from PHED 293: Teaching Methods of Fitness Activities, provided a high intensity fitness circuit while the afternoon session, offered by Professor Hacker introduced team building activities and debriefing techniques. The 277 students organized the event and contributed by preparing and presenting professional quality posters that addressed summary research articles on a host of current fitness and physical activity topics. Professors Antony Evans and Nicole Wood rounded out the event as participants in the professional panel presentations. By all accounts the convention was a big success!

Congratulations 2010-2011 MSWE Graduates!!

Fall 2010
Tyson Bendzak
Amara Boursaw
Christina Core
Dena Harkovitch
Daniel Hart
Karim Hatch
Nicholas Holmes
Daniel Karp
Krystal Masten
Kristin May
Amy Smith

Spring 2011
Sarah Beaver
Michelle Blauman
Ryan Boddy
Erin Bush
Brittany Cooper
Nicholas Edwards
Jennifer Fontanilla
Stephanie Hetrick
Jennifer Halings
Nick Longmire
Hope Mahniken
Janelle Meisenheimer
Megan O’Rourke
Michelle Pahlow
Hilary Parsons
Crystal Reno
Emily Schoenheit
Brady Tsuchakami
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Dr. Colleen Hacker continued
The Physical Activity Program Is Going Strong!

The Physical Activity Program is part of the General Education Program of the University. Each undergraduate PLU student completes four different physical activity courses, including PHED 100: Personalized Fitness. This year the department surveyed over 430 students across 24 sections of differing activities to determine their level of satisfaction with the program. A separate set of survey questions were also given to over 188 students across 10 sections of PHED 100. The results were overwhelmingly positive and affirm the department’s success at achieving the desired outcomes of the program.

Survey findings

86.5% said their activity course was “helpful” or “very helpful” in providing them with the basic knowledge and skills necessary for successful participation in the activity.

86.6% said that their participation in their activity class was “enjoyable or very enjoyable”.

81% said that their participation in the course increase or supported their likelihood of participating in movement and physical activities in the future “quite a bit” or “a considerable amount”.

81% of PHED 100 students surveyed said the course was “helpful”, “very helpful” or “extremely helpful” in providing them with the basic knowledge and skills necessary for planning and participating in personal fitness activities in the future.

The physical activity program consists of over 100 sections a year and provides instruction in over 25 different activities. Activity courses fill to capacity every semester with popular trends being noted in yoga, racquet sports, aerobics and ballet dance. Courses are taught by 38 instructors who serve the university as coaches, advisors and faculty. Their dedication, passion and expertise are regularly noted on student evaluations and their commitment to the program is commendable.

2010-2011 Activity Course Staff

Coaches: Lynnette Buffington, Steve Dickerson, Jud Keim, Heather Kezirer, Alice Loeback, Geoff Loomis, Craig McAnd., Gary Nicholson, Kelly Robinson, Matt Sellman, Erin Van Nostrand, Scott Westering, Chris Wood.

Adjuncts: Mike Adams, Adam Bishop, Francis Brathwell-Wendy, Byron Creguer, Julie Duggan, Terri Farrell, Pamela Higley, Craig Kennedy, April Morrow, Mike Rice, Don Young, Susan Westering.

Faculty: Tony Evans, Matt Madden, Maureen McGill, Brad Moore, Cayla Tingstrom, Nicole Wood.

International Activities: Dr. McConnell Prepares for Fall Trip to China and Dr. Madden Heads to Ireland

Dr. Matt Madden will join a contingent of 40 U.S. students and scholars in physical education and exercise science who will head to China in the Fall of 2011. The group consists of authors who have contributed to three different university textbooks commissioned by the Beijing Higher Education Press, to be published in Chinese. The contingent will engage in three days of conference sessions and discussions with Chinese Scholars at Suzhou University outside of Shanghai, and will then travel to Beijing Sport University and Beijing Normal University for similar programs. The conferences coincide with the release of the three texts. Dr. McConnell was hand selected among all of the US participants to be one of a handful who will also teach an ‘exemplary’ lesson to Chinese high school students at two schools in Shanghai and Beijing. She contributed the chapter “Fitness”, along with Hangwei Guan of Ithaca College, in the text “Learning for a Lifetime: Effective Secondary Physical Education Programs.”

MSWE Faculty Show at the AAHPERD National Convention

Faculty members Colleen Hacker, Matt Madden, Karen McConnell, Brad Moore and Cythia Tingstrom all attended the American Alliance for Health, Physical Education, Recreation and Dance national convention at the San Diego Convention Center March 29- April 2, 2011. The event draws over 8,000 scholars and practitioners together for sessions, meetings and networking. Matt Madden presented a poster session titled “Sleep Duration, Physical Activity, and Body Mass Index of Middle School Students”, sponsored by the Research Consortium. Catherine Tingstrom gave a session based off of her dissertation work entitled “Understanding Anti-Fat Bias in PE: Addressing the Needs of Overweight Students”, sponsored by the National Association for Sport and Physical Education, and Colleen Hacker and Karen McConnell presented their on-going work “Cultivating A Healthy Body Image” at a round table session sponsored by the American Association for Health Education. Students Leah Sandian (Physical Education), Brady Tsukamaki (Pre-Physical Therapy) and Carol Bautista (Recreation) were also honored as Majors of the Year by the National Association for Sport and Physical Education.

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Internship Placements 2010-2011

Once again the department successfully placed interns in a variety of sport, recreation, health and rehabilitation settings. The internship program is organized and supervised by faculty members Dr. Tony Evans and Dr. Nicky Wood. In addition to attending regular internship seminars on campus, students complete a variety of assignments and internships including on and off-campus internships that at least 20 hours of contact time on site for each credit hour. The commitment of external agencies and internship site supervisors is instrumental to the overall student experience and the success of the internship program. In the department’s annual survey, students routinely identify the internship program as the most important and significant element of their educational experience.

Thank you to all of this year’s hosts!

Al Davies Boys and Girls Club

Dan Karp

American Physical Therapy-South Hill

Hope Mahlken

Coriels Optometrists

DJ Hart

Good Samaritan Hospital

Megan O’Rourke

Holmes Chiropractic

Brittany Cooper

Joint Base Lewis-McChord Fitness Center and Annex

Erin Bush

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Michelle Bauman

Madigan Army Medical Center

Amy Smith

Mel Korun YMCA

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Alyssa Zakrzewski

PHU Athletic Training Room

Stephanie Hetrick & Megan O’Rourke

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Hillary Parsons

Providence St Peter Hospital

Seattle Fire Department

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St. Anthony ER

Crystal Mase

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Emily Schoenhart

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Brady Tsukamaki

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Spanaway Elementary, Bethel SD

Tyson Bendak

Oakbrook Elementary, Clover Park SD

Janelle Miesenheimer

Woodbrook Middle School, Clover Park SD

Dena Harkovitch & Nick Longmire

Brookdale Elementary, Franklin Pierce SD

Nick Edwards

Bonny Lake Elementary, Sumner SD

Dena Harkovitch

Emerald Hills Elementary, Sumner SD

Amara Boursaw

Mt. View Middle School, Sumner SD

Dena Harkovitch & Nick Longmire

Tahoma High School, Tahoma SD

Karin Hatch & Nick Longmire

Tahoma Junior High, Tahoma SD

Janelle Miesenheimer

Rock Creek Elementary, Tahoma SD

Karin Hatch & Nick Longmire

Black Hills High School, Tumwater SD

Christina Core

Peter Schmidt Elementary, Tumwater SD

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