



Memories of Memories

-Filled with Grace

by Gregory M. Tanbara

FALL QUARTER  
2017

LIFE

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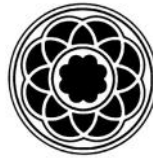
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PACIFIC  
LUTHERAN  
UNIVERSITY

Learning Is ForEver (LIFE) is a non-profit, member driven organization located in Pierce County, Washington.

We offer educational classes for active retirees, with the belief that learning throughout life has multiple benefits.

LIFE is affiliated with Pacific Lutheran University, working as a community outreach under the Office of Graduate Programs and Continuing Education.

We are associated with Road Scholar's network of Lifelong Learning Institutes.

LIFE Program Coordinator-  
Laura Stewart  
(253) 241-4166  
stewarla@plu.edu

[www.plu.edu/liferoadscholar](http://www.plu.edu/liferoadscholar)

**ROAD SCHOLAR®**

*Institute Network*

# AUTUMN KICK-OFF

## Fall Book Bonanza

### DATE

Friday, September 8th

### TIME

10:30 a.m. –1:00 p.m.

### LOCATION

Pierce County Library's Administrative Center, 3005 -112th St East, Tacoma, 98446

### CLASS FEE

\$10.00 + dish for potluck\*

### PRESENTERS

Tami Masenhimer & Beth Swartzbaugh

### FACILITATORS

Gene Giannobile -253.531.9037

dgg2504@comcast.net

\* Potluck–Bette Catlin - 253.846.0354

### PROGRAM-

Two book loving, public librarians will talk about their favorite recommendations for your reading enjoyment. Titled, "Fall Book Bonanza" you'll come away with a full list that includes titles for almost every taste and interest- from fiction

and nonfiction, to memoir and biography. Just in time before the blustery weather returns.



**Tami Masenhimer** has been the Community Branch Supervisor at the Fife Library since its opening in 2011, A 30 year employee of Pierce County Library, she earned her BA from UWT in 1999 and MLIS from San Jose State in 2015, proving that you are never too old to learn. An avid reader, she has been on the committee to select the Pierce County Reads book for 10 years.

**Beth Swartzbaugh** has been with the Puyallup Public Library for 12 years and serves as the Adult Services Librarian. She earned a BA degree from the University of Wisconsin a million years ago, and obtained an MLIS degree from the UW in 2004. Collection development, adult fiction acquisitions and oversight of the Library's History Room are just some of Beth's responsibilities.

### EVENT DETAILS-

Refreshments will be available before the program begins. As the book presentation concludes, we will transition into our potluck meal, with time to socialize.

During this event, we will draw names for several door prizes. The winner of the much desired Grand Prize will receive coupons to attend **six** LIFE classes for free.

# NORTHWEST PASSENGER TRAINS

## DATE

Monday, September 18th

## TIME

10:30 a.m.—12:30 p.m.

## LOCATION

PLU's lower campus, Morken Center, Room 103 \*

## CLASS FEE

\$15.00

## PRESENTER

Eric Zeigler

## CLASS FACILITATOR

Marilee Titus—253.241.4166  
matitus@comcast.net

## DESCRIPTION

Traveling by train in the Pacific Northwest is a great alternative to the automobile. This talk will focus on current passenger rail travel in the I-5 corridor, the Sounder commuter trains, and the Amtrak Cascades routes. This illustrated talk will present some of the history of passenger travel, describing how it has grown over the last two decades. We will also look at long-distance rail travel south and east of the Seattle /

Tacoma area.

**Eric Zeigler** graduated from Western Washington University with a BA in History. Retired from Tacoma Public Schools where he taught elementary and middle school, he is a volunteer for Operation Lifesaver, which teaches safety around trains to driver education classes, schools, and civic groups. He is a member of All Aboard Washington, a passenger rail advocacy group. A self-professed “foamer,” he has watched, photographed, studied and ridden passenger trains across the United States. What is a foamer? Eric explains it as a person who foams at the mouth anytime they see a train.

\* Parking pass required to use campus lots.



# MEMORIES OF MEMORIES— Filled with Grace

## DATE

Saturday, September 30th

## TIME

10:30 a.m.—12:00 p.m.

## LOCATION

PLU's lower campus, Morken Center, Room 103 \*

## CLASS FEE

\$15.00

## PRESENTER

Gregory M. Tanbara

## CLASS FACILITATOR

Gene Giannobile—253.531.9037  
dgg2504@comcast.net

## DESCRIPTION

Seventy-five years seems long ago. The U.S. was attacked, the country marches to war, everyone's on high alert, and 110,000 people of Japanese ancestry have been rounded up and imprisoned under Executive Order 9066. Big events of the past – it is history. But there's another history. The kind you get from people you live with – your parents, grandparents, and the like. It's history you don't find in the media - not "history" with the big "h". Still it shapes lives, but on a smaller scale. Not written down, but told and retold – it's history that lives in us. That's

where my September visit with you begins. It starts with my memories of memories my parents shared with me over the years. Stories about their lives, the WWII relocation camps and later, when they returned home to face additional challenges.

**Gregory M. Tanbara** is a Sansei (third generation) Japanese American and lifelong resident of Tacoma. His mother, Kimiko Tanbara, was born and raised in Tacoma; his father, Dr. George Tanbara, a well-loved pediatrician here for 53 years. They were all members of the Tacoma Buddhist Temple. A Stadium High and Whitman College graduate, Greg also has a Masters degree in business from Antioch University Seattle. He works for the Tacoma-Pierce County Health Department and has enjoyed a lifetime of involvement in many community organizations, including Community Health Care, Tacoma Community House, and Greater Metro-Parks Foundation. Greg and his family live near Tacoma's Old Town.

\* Parking pass required.



# THE ABC's OF DNA

## DATE

Monday, October 9th

## TIME

1:00 p.m. - 3:00 p.m.

## LOCATION

PLU's Anderson University  
Center, Room CK East\*

## CLASS FEE

\$15.00

## PRESENTER

Janet O'Connor Camarata

## CLASS FACILITATOR

Margie Hoffman- 253.588.4589,  
mteach65@runbox.com

## DESCRIPTION

What is deoxyribonucleic acid, commonly known as DNA? A molecule that carries the genetic instructions used in the growth, development, functioning and reproduction of all known living organisms.

What types of DNA are used for genealogy?

What are their strengths and weaknesses?

How do I know what type of genetic test to take?

If you have asked yourself these questions, then this presentation is for you. If the highly technical nature of

most DNA talks confuses you, then this presentation is for you. It is the speaker's intention to answer questions using a non-technical, genealogy-oriented approach.

## Janet O'Connor Camarata -

A genealogist with over 25 years experience, she is a seminar presenter and trainer in genealogy societies across Washington. Earning her degree in education from CWU and a Master's from Antioch University, Janet went on to complete the University of Washington's Genealogy & Family History Program. She is a member of the Association of Professional Genealogists, and is a past-president of South King County Genealogical Society (SKCGS).

\* Parking pass required.



# MAKE A GOOD IMPRESSION

## DATE

Saturday, October 21st

## TIME

10:00 a.m. – 12:00 p.m.

## LOCATION

PLU- north end of campus,  
Ingram Hall \*

## CLASS FEE

\$15.00

## PRESENTER

Jessica Spring

## CLASS FACILITATOR

Bette Catlin– 253.846.0354

## DESCRIPTION

Over the past 30 years, PLU's Elliott Press has offered students the opportunity to learn the history of the printed book. Through classes in letterpress printing, typography and bookbinding, they gain a deep understanding using a hands-on approach. Thanks to a massive donation from West Coast Paper earlier this year, the Thorniley Collection of Antique Type has joined the Elliott Press, offering both students and the community the chance to see functioning printing presses, bookbinding tools, as well as wood and

metal type from the 19th Century. Highlights include a Washington Hand Press, the first iron hand press manufactured in the U.S., as well as a Union Pearl, the oldest decorative typeface, first cast in 1690.

Join us to take a look at a working museum of the largest collection of type and presses in the Pacific Northwest. We will see examples of student work, and print a keepsake to take home, created on an antique printing press.

**Jessica Spring** is Resident Artist in Art and Design at PLU, as well as the Elliott Press Manager. She teaches the Art of the Book classes, plus courses in typography and graphic design.

Jessica designs, prints, and binds artists' books featuring handmade paper and letterpress printing. Her own small, finely crafted editions, produced at *Springtide Press*, consider historical topics and popular culture from a unique perspective.

Earning her MFA from Columbia College Chicago Center for Book and Paper, her work is featured in the collections of the University of Washington, the Newberry Library, Northwestern University, the Art Institute of Chicago, and Yale University.

\* Parking pass required.



Welcome to

# PACIFIC LUTHERAN UNIVERSITY

## PARKING PASS

Dates: September 18 & 30,  
October 9 & 21, Nov 17, 2017

Contact person: Laura Stewart

LIFE Program Coordinator-(253) 241-4166

Event: Learning is ForEver class





Authorized PLU Lots: All  
(issued by Unit 11/CSAF)

Pacific Lutheran University  
Campus Safety

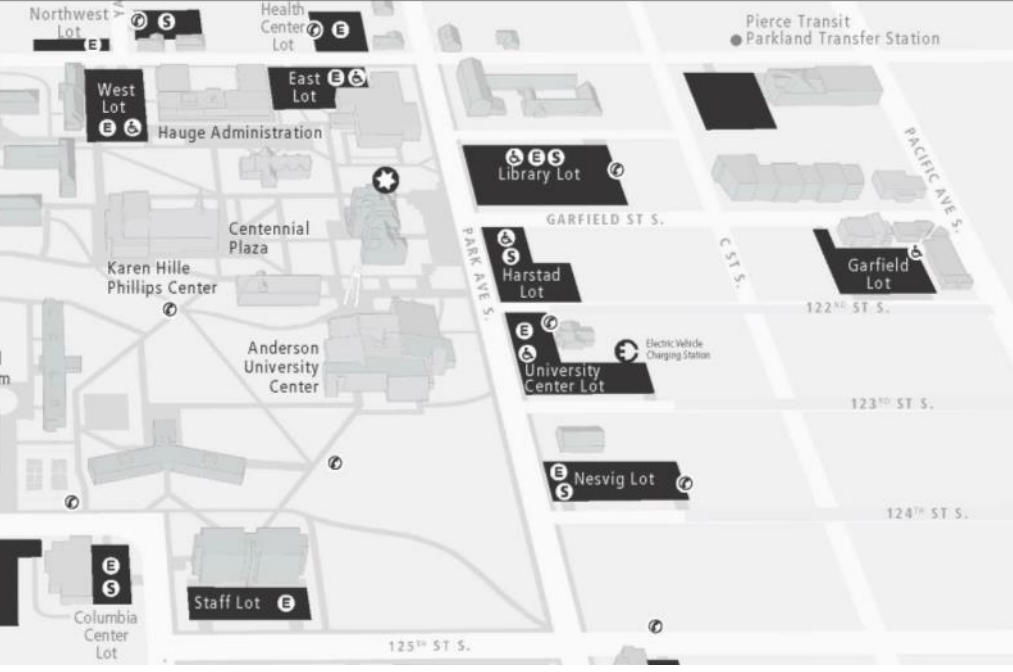
12180 Park Ave. Tacoma, WA 98447  
(253) 535-7441 (Info.)

Follow I-5 to Tacoma  
Take Exit 127 (East – WA- 512)  
(towards Puyallup/Mt. Rainier)  
Take Exit for WA-7/Pacific Ave. Head south on Pacific  
Turn right on 121<sup>st</sup>  
Turn left on Park Ave S.  
Turn right on Wheeler St. S.  
Turn left into the Mortvedt Library lot entrance

***-Pass is not transferrable  
and invalid if altered.***

***-Please park in non-reserved parking  
spaces only.***

**PLEASE PLACE ON  
DASH OF VEHICLE**



# SCENE DESIGN TO IMPLEMENTATION

## DATE

Tuesday, November 7th

## TIME

10:00 a.m.– 12:00 p.m.

## LOCATION

PNB Workshop in the Fremont area-  
3535 Interlake Ave N., Seattle, 98103

## CLASS FEE

\$15.00

## PRESENTER

Norbert Herriges

## CLASS FACILITATOR

Margie Hoffman– 253.588.4589  
Mteach65@runbox.com

## DESCRIPTION

Technical Director of Pacific Northwest Ballet, Norbert Herriges, will help students understand the process of converting designer drawings into physical scenery. The class will focus on the sets of a show previously produced by the Ballet. We will discuss the details of the drawings, including how the sets might impact the performers, the materials that would be best for the sets construction, and how it ought to be constructed in transportable pieces that can be easily handled and assembled onstage. One of the tools used in this process is the scale model. It helps

designers and directors to understand how the set looks, and in what ways it will facilitate the needs of the performance. The class will conclude with the students constructing their own scale model versions of the set studied, using foam core board.

**Norbert Herriges** began working in Seattle theater after receiving a degree in Theatre Arts at Southern Oregon State College in Ashland. In the course of his 30+ year career in local theater, Mr. Herriges has worked backstage for PNB in various capacities. Most notably, he coordinated the set construction for the 2016 production of George Balanchine's *Coppélia*. Stepping into the role of Technical Director in 2011, Mr. Herriges oversees and coordinates all technical aspects of PNB's productions, assisted by an exceptional staff of stage technicians and managers.

**Notes:** Students should come equipped with pencils, a foam backed straight edge (ruler) and an exacto or matte knife.

The Sounder train and Metro Bus line 62 with an Orca Pass is an option for transportation to Seattle.



# LIVING AT THE LEADING EDGE

Geologic history and hazards of the Pacific Northwest

## DATE

Friday, November 17th

## TIME

10:30 a.m.– 12:30 p.m.

## LOCATION

PLU, lower campus,  
Morken 103 \*

## CLASS FEE

\$15.00

## PRESENTER

Dr. Duncan Foley

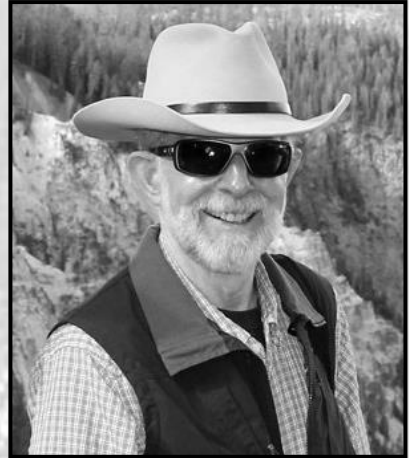
## CLASS FACILITATOR

Gene Giannobile- 253.531.9037  
dgg2504@comcast.net

## DESCRIPTION

“Civilization exists by geological consent, subject to change without notice.” -Will Durant

We in the Pacific Northwest live in a geologically active part of the planet. We have a deep history of assembling our land by crashing and slipping major parts of Earth’s crust. Our more recent history of landscape formation reflects both deep roots and surficial processes. We will discuss the historical geology of how the Pacific Northwest was assembled, and why geology is so active here.



We also will learn about how both societies and individuals can live safely in this dynamic area, where we regularly experience earthquakes, volcanoes, landslides, floods and quickly shifting shorelines.

**Duncan Foley, Ph.D.** is a geologist, author, photographer, innovator, and educator in the field of geosciences (30 years at PLU and University of Utah).

He served as a consultant for the *National Geographic’s* special Yellowstone edition, published in May of 2016.

You may recall Dr. Foley gave a well-received talk on Yellowstone to Learning Is ForEver last winter.

\* Parking pass required.

# LIFELines Newsletter

Volume 5

Issue 3

August 2017

## Events in the Community

**Free Outdoor Jazz Concerts at PLU-**  
This series is sponsored by the PLU Music Department, which the public may attend without charge. The Jazz Sound Trio (PLU faculty members) will perform on August 10th, the final concert of the summer.

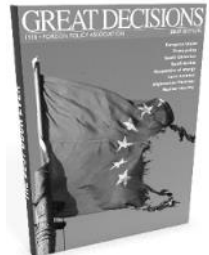


A poster for a fundraiser event. The title is "RANGER REGATTA III" in bold, serif font. Below it, the text says "A fundraiser event supporting the special operations warriors and families of 2d Ranger Battalion presented by the Pointe du Hoc Foundation". It includes details about tickets, a luncheon, and a sail on the Puget Sound. The date is "Thursday, August 24, 2017". There is a logo for the 2nd Ranger Battalion featuring an anchor with the number 2 and the words "2ND RANGER BATTALION". At the bottom, it says "For more information visit www.pointeduhocfoundation.com" and "Email: info@pointeduhocfoundation.com".

An invitation-  
A follow up to our spring time tour of the 2nd Ranger Battalion Headquarters, presented by the Pointe du Hoc Association.

## Great Decisions Pre-order Notice

If you wish to purchase the 2018 Great Decisions briefing booklet, Gene Giannobile will place the order in October (dgg2504@comcast.net / 253.531.9037). This Great Decisions discussion group is co-sponsored by Learning Is ForEver, Puyallup Library, and Puyallup Activity Center. Select Thursday afternoons, January through April, in the Puyallup Library.



To see the newly announced 2018 topics, go to the Foreign Policy Association website- [www.fpa.org/great\\_decisions/](http://www.fpa.org/great_decisions/)

## Limited Mobility?

PLU's Campus Safety is ready to assist you to our Learning Is ForEver classes.

1. Park your vehicle, making note of your location.
2. Using a cellular phone, call the non-emergency number for Campus Security (253) 535-7441 (also listed on parking pass)
3. Ask the dispatcher for a "special escort for a LIFE student" describing where your vehicle is parked.

Please allow extra time to allow a Campus Safety Officer in a marked PLU vehicle to be dispatched. They are authorized to pick you up within a couple of blocks from campus property, and drive you right up to the door of the building.

Note: If you use Pierce Transit, catch Bus Route #1 to South 121st Street, **or** Bus #45 or #55 to the Parkland Transit Center, then call Campus Security for a ride.

### Topics in the Works

Steve Niva on the Middle East  
Sarah Murdoch on her travels in Thailand  
Jim Ross on National Parks  
Greg Youtz on the composing of an opera.  
Leigh Calvez on the lives of owls  
Wendy Gardiner on children's literature  
Ann and John Martin on Dragon Boats

### *From Laura's Desk...*

You, our LIFE students, hold a key role in assuring LIFE grows and thrives. Is there someone you might introduce to LIFE from your gardening group; barber shop; dog park; book group; a boating buddy; or rainy-day mall walker pal?

Please notice that we have scheduled classes on usual days, times and locations this quarter.



*-Laura Stewart, LIFE Program Coordinator  
stewarla@plu.edu 253.241.4166  
www.plu.edu/liferoadscholar*

## Registration Information

We recommend that you **pre-register** for classes, so in case weather or illness causes a class to be cancelled, we can notify you by phone. That said, you may register for *most* classes at the door.\*\*

Each class has a facilitator whom you may contact with questions you might have about that class.

1. Fill out registration form on page 15 to show which classes you wish to attend. If two or more people are registering, place that number in the check box, then figure class fees accordingly.
2. Make check out to: **PLU / LIFE**
3. Mail registration form & check to: **LIFE**  
**2504 - 92nd St. E.**  
**Tacoma, WA 98445**

If you have received this brochure by email, print out the registration document and follow the instruction as above.

*\*\* As a "walk-in" student, we will accept payment (cash or check) at the door, as space is available.*

## FOR YOUR RECORDS

- \_\_\_ Autumn Kick-Off Event Sept. 8, 10:30, PC Library
- \_\_\_ NW Passenger Trains Sept. 18, 10:30, Morken 103\*
- \_\_\_ Memories of Memories Sept. 30, 10:30, Morken 103\*
- \_\_\_ ABC's of DNA Oct. 9, **1:00**, AUC –CK East \*
- \_\_\_ Make a Good Impression Oct. 21, **10:00**, Ingram Hall\*
- \_\_\_ Scene Design to Implementation Nov. 7, **10:00**, Seattle
- \_\_\_ Living at the Leading Edge Nov. 17, 10:30, Morken 103\*

Amount Paid: \$ \_\_\_\_\_ Check # \_\_\_\_\_

Registration mailed on : \_\_\_\_\_

**\* Remember to place the PLU Parking Pass on your vehicle's dashboard when using campus lots.**

# Fall Quarter 2017 Registration Form

Name (s): \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Check Box	Class	Date	Class Fee	Enclosed
	Autumn Kick-off Event	9/8	\$10	
	NW Passenger Trains	9/18	\$15	
	Memories of Memories	9/30	\$15	
	ABC's of DNA	10/9	\$15	
	Make a Good Impression	10/21	\$15	
	Scene Design to Implementation	11/7	\$15	
	Living at the Living Edge	11/17	\$15	
Total Enclosed				\$



**Make checks payable to : PLU/LIFE**

**Mail to: LIFE  
2504 - 92nd St. E.  
Tacoma, WA 98445**



LEARNING IS FOREVER  
2504 -92nd St. E.  
Tacoma, WA 98445