



WELCOME NEW DIRECTOR

Penda Samba started in September 2020. She loves creating services that empower underrepresented students. She has a background in Student Affairs. Penda is originally from Dakar, Senegal.



What's New With Tacoma MESA?

Tacoma MESA has been adjusting to Covid-19 and creative as to how we will deliver our program and services to our students during this time. Since September, we have had a new director Penda Samba join our team. This year we have 17 amazing MESA teachers and are in 14 schools across the Tacoma area. We have also been rewarded a grant for \$14,000 from the Washington Youth Development Nonprofit Relief Fund. This fund was created in response to Covid-19 forcing schools to move to remote learning. These funds will be used to purchase at home science kits, iPads, and help provide tutoring services.

MESA Spotlight



Phil Schmitt

What subjects do you teach?

- 6-8 Science and 6-8 STEM

How long have you been a MESA teacher?

- 8 years

Favorite MESA memory?

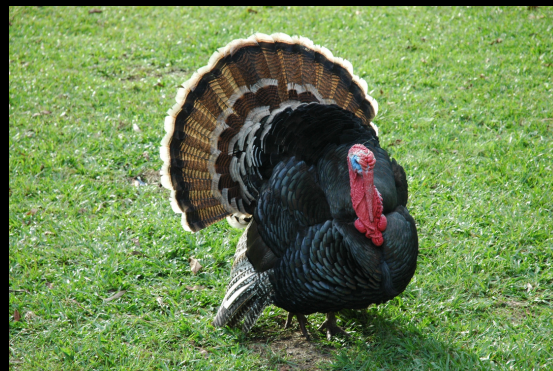
- So hard to choose just one memory, as every moment doing MESA is the highlight of my days. But if I had to pick just one, it would be getting invited to take a group of MESA girls to Amazon World Headquarters in Seattle to present their project at a World Women in STEM event. From trying new foods, to seeing a world premiere screening of a Women in STEM movie with the movies director, to getting to talk and interact with people in the fields – it was one of the most inspiring, engaging, and empowering event I have ever been part of. As an instructor, getting to see the awakening of a passion for STEM and the empowerment in those girls is truly one of those life altering moments. MESA makes it happen!



THANK
YOU

Community Outreach

Tacoma MESA Donated funds to the YMCA to purchase turkeys for families in need around the community. Our donation was able to help feed two families.



Struggling? Get Help With These Resources:

If you want to talk, text or just get more information, resources are available to help you and your family through the pandemic.

Self-Care

If you need someone to talk to about stress due to COVID-19, call **Washington Listens at 1-833-681-0211**.

Someone is available to talk from Monday – Friday, 9 a.m. to 9 p.m. and weekends from 9 a.m. to 6 p.m. TTY and language access services are available.

Ingredients of Resilience

CDC guidance to support your mental health and well-being

Warm Line for people living with emotional and mental health challenges: **877-500-WARM (877-500-9276)**

Crisis Support

Suicide Prevention Lifeline: 800-273-8255

Crisis Text Line provides confidential text access from anywhere in the U.S. to a trained crisis counselor.

Text HEAL to 741741 (24/7/365)

Crisis Connections connects people in physical, emotional and financial crisis to services.

Call 866-4-CRISIS (866-427-4747)

Teen Link: call or text 866-833-6546

National Disaster Distress Helpline: 800-985-5990 or text "TalkWithUs" to 66746.



Important Upcoming Dates

Jan. 14, 2021	Parent Welcome Night
Jan. 19, 2021	Career Day
Jan. 25th -19th	Virtual College tour visit week
Jan. 20, 2021	College Access Workshop
February	Black History STEM Month
Feb. 11, 2021	Family STEM Movie Night
Feb. 25, 2021	FAFSA/WASFA Workshop

DON'T FORGET

Happy Holidays!



Event Calendar

2020-2021 School Year

Su	Mo	Tu	We	Th	Fr	Sa
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DATE

Oct. 6, 2020
Oct. 20, 2020
Oct. 27, 2020
Oct. 29, 2020
TBD
Nov. 17, 2020
TBD

Dec. 14, 2020
Jan. 12, 2021
Jan. 14, 2021
Jan. 19, 2021
Jan. 20, 2021
TBD

TBD

February

Feb. 9, 2021
Feb. 11, 2021
Feb. 25, 2021
TBD

Mar. 9, 2021
Mar. 12, 2021

Mar. 15-20, 2021

Apr. 29, 2021

May 6, 2021

TBD

TBD

MESA EVENT

Board Meeting
First Teacher's Meeting
Teacher's Meeting
Board Meeting
Technical Papers begin
Teacher's Meeting
Online Registration for WA MESA Day Opens
Class List Deadline
Teacher's Meeting
Parent Welcome Night
Career Day
College Access Workshop
Begin Display/Poster Board Design
Online Registration Closed
Black History STEM Month
Teacher's Meeting
Family STEM Movie Night
FAFSA Workshop
Technical Papers Due
Teacher's Meeting
Class List Deadline
MESA Week!!!
Last Teacher's Meeting
End of Year Celebration
WA State MESA Day
Summer Program

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WE OFFER:

After-School Programs
Virtual Field Trips
College and Career Readiness
Summer Programs
MESA Week Competition

TacomaMESA.org



Check us out on social media @tacomaMESA