



PACIFIC LUTHERAN UNIVERSITY MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY

MARRIAGE AND FAMILY THERAPY

The MFT program's mission is to train students to become systemically-oriented, contextually sensitive MFT Professionals who address the diverse needs and clinical concerns of individuals, couples, families, and communities.

The MFT program at PLU is one of five programs in the Pacific Northwest accredited by the Commission on Accreditation for Marriage and Family Therapy. The curriculum meets the educational standards for licensure in most states including Washington (DOH licensure).

COAMFTE Accredited

On-Site Therapy Clinic

Internship Placements

THE PLU COUPLE AND FAMILY THERAPY CENTER

Following the successful completion of at least two semesters of the program, students begin their clinical training (practica) experience. The first semester of practica takes place in the on-campus Couple and Family Therapy Center. Students are paired with a fellow classmate and conduct sessions as a team in order to provide support as they begin to delve into the field of therapy.

EXTERNAL INTERNSHIP PLACEMENT SITES

For the remainder of the program (three or four semesters), students work at an off-site placement where they have an opportunity to employ their therapeutic skills with a wide range of clients. The program contracts with specific sites and supervisors to ensure a quality experience.

Each site has the same objective of giving interns practical experience in the mental health field, however, each site has unique qualities and opportunities for growth as a therapist.

- Integrated Therapy Services - University Place, WA
- MultiCare Behavioral Health and Children's Therapy Unit - Puyallup, WA
- Greater Lakes Mental Healthcare - Lakewood, WA
- Joint Base Lewis-McChord - Tacoma, WA
- Navos - Seattle, WA
- Puyallup Tribal Health Authority, Kwawachee Counseling Center - Tacoma, WA

PROGRAM START DATE

Fall semester entry only

DEADLINES / TIMELINES

Application deadline: January 31

Interviews: March / April

TYPICAL PROGRAM SCHEDULE (Note: days/times are approximate and subject to change)

Fall / Spring of First Year

- Attend classes at PLU twice a week, typically 3 - 6:20pm
- The first year of the program is designed to make it easier for working professionals. Students with flexible work schedules can generally work part-time or even full-time during their first two semesters.

Summer of First year

- Classes one to three time per week, typically 3 - 6:20pm
- Internship may begin at on-campus clinic for 20-25 hours per week. Students work together in co-therapy teams for extra support and will meet in pairs on a weekly basis for two hours.

Fall/Spring/Summer/Fall of Second Year

- Classes typically one day a week, 12 - 6:20pm
- Internship continues at on-campus clinic with the addition of internship at off-campus clinic for 25-30 hours per week.

TUITION FOR 2019 ENTERING COHORT

- 48 semester credits, \$49,680 (slightly higher if a five practica sequence is chosen)

APPLICATION REQUIREMENTS (online application: www.plu.edu/graduate)

- Online Graduate Application and \$55.00 application fee
- Resume
- Application Essay (see website for detailed instructions)
- Two Recommendations
- Official transcripts from all colleges attended
- International applicants: TOEFL-iBT score of 80 or IELTS score of 6.5

PREREQUISITES

- Bachelor's degree from a regionally accredited institution in Family Studies, Human Services, Psychology, Sociology, Social Work, or the equivalent
- If candidates do not hold a Bachelor's in the above fields, then they must have 15 semester hours (or 22.5 quarter hours) of study in Family Studies, Human Services, Psychology, Sociology, Social Work, or the equivalent.



PLU GRADUATE PROGRAMS
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