

Carmilla D. Solomon, Ed.D~ 11026 Emmons Ct. E; Puyallup, WA98374
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Education

- Ed. D Argosy University, Sarasota, FL
 Counseling Psychology- 3.34
 Sept 2007-March 2014
- M.A. 2006 Bowie State University, Bowie, MD.
 Counseling Psychology- 3.47
 Jan 2004- May 2006
- M. A. 2001 Webster University, Colorado Springs, CO
 Human Resources Development/Management 3.62
 Jan 2000-August 2001
- B. S. 1998 Western Michigan University, Kalamazoo, MI
 Sociology/Social Work -2.85
 Jan 1998- May 1999

Professional Certifications/Licensure

Licensed Mental Health Counselor # MH14844, State of Florida
Licensed Mental Health Counselor #LH60761434, State of Washington
AAMFT Approved Supervisor/Clinical Fellow
FL/WA LMHC Approved Supervisor
National Board of Certified Counselors- National Certified Counselor

Professional Memberships

American Counseling Association
Washington Mental Health Counselors Association
American Association of Marriage and Family Therapists
American Association of Sexuality Educators, Counselors, and Therapists
International Institute for Trauma and Addiction Professionals- CSAT

Thesis/ Dissertation Research:

M.A Integrative Project, Webster University
Needs Assessment for the Center of the Prevention of Domestic Violence and Fort Carson Family
Advocacy Center

M.A Thesis, Bowie State University
Impact of Neglect on Adolescent Peer Relationships

Doctoral Dissertation Research
The Lived Experiences of At-Risk Students: A Qualitative Study

Professional Speaking Events

IFTA Conference- Toyama, Japan (March 2024): Black Love, Black Hate: Clinical Interventions for Black
Couples Therapy

WAMFT Conference- Tacoma, WA (Sept 2024): Black Love, Black Hate: Clinical Interventions for Black
Couples Therapy

AAMFT Systemic Family Therapy Conference- Orlando, FL (Nov 2024): Black Love, Black Hate: Clinical Interventions for Black Couples Therapy

Professional Research Interests

- *Impact of Mass Incarceration on Black families and transitioning back home
- *Clinical work as a black woman therapist in the Pacific Northwest- a systemic and feminist perspective
- * Sex therapy with black couples- new language and new perspectives on sexual communication after sexual betrayal
- *Black Sexual Politics and racism with American Black and Caribbean Black women

Professional Teaching Experience

Antioch University

2400 3rd Ave #200

Seattle, WA 98121

Dr. Anthony Pennant, Program Director 206-441-5352

Jan 2021- Sept 2022 Adjunct

Oct 2022- Present Full-time Teaching Faculty

Adjunct/Teaching faculty- Psychopathology/Assessment, Diagnostics and Treatment Planning/POTT track (Family of Origin/Multicultural Perspectives/Basic Clinical Skills); Case Consultation and Human Sexuality

As an adjunct and full-time faculty:

- Responsible for teaching up to 24 credits per academic calendar
- Advisor to 15 students and mentor to approximately 4 others.
- Courses are taught in both an online and in-person format.
- Provided feedback to students via Sakai and Brightspace learning platforms.
- Currently serving as a member of the Search Committee.
- Currently developing new courses: Black Sexual Politics; The Myth of Trauma, and Mass Incarceration: Systemic Impact on Black Families

Antioch University

New Role as of July 1, 2024- CFT Program Director

In this new role, I hold both administrative and academic responsibilities.

Administrative:

- Oversee the day-to-day program operations
- Maintain accreditation and approval standards (COAMFTE)
- Monitor state licensing standards for clinical education
- Manage program budget (staffing, supplies, residencies)
- Establish and enforce program policies
- Maintain and update the student handbook and academic catalog for the program

Academic:

- Oversight of the program's curriculum (designing, updating, and overseeing) to ensure it's aligned with state licensing standards
- Ensure curriculum is aligned with the divisional principles of justice, equity, diversity, and inclusion
- Recruit, hire, and mentor adjunct and affiliate faculty
- Actively participate in the hiring process of new faculty
- Oversee student admissions, academic advising, and the graduation process
- Participate in retention and graduation activities
- Actively engages with the Outcomes and Accreditation chair regarding program evaluations and assessments for improvement and to comply with standards

Clinical and Supervisory Responsibilities

- Works closely with the Director of Clinical Training to ensure a quality clinical program with regard to practicum, internships, and supervision experiences of students

- Provide guidance regarding licensure standards/requirements and potential career paths for students
- Work to establish and maintain community partnerships and agencies that provide diverse clinical, supervisory, and research opportunities for students

Ashford University

8620 Spectrum Center Blvd

San Diego, CA. 92123

Dr. Stephanie Anderson, Faculty Mentor 858-513-9240

March 2015 to Sept 2020

Adjunct Professor- Psychology/Human Services courses

As an Adjunct Professor:

- Teach an online course -Psychology 101, an entry-level psychology course, and HHS Cultural Diversity in the Helping Field
- Facilitate learning through the use of various course materials
- Provide timely feedback and grades to students
- Encourage the development of learner outcomes
- Familiar with Canvas and Blackboard online learning platforms

Grand Canyon University

3300 W Camelback Rd

Phoenix, AZ 85017

May 2017-Sept 2020

Adjunct Professor-Psychology, Family Development (Mental Health and Wellness MA Program)

As an Adjunct Professor:

- Responsibilities include equipping students with the required skill set,
- Facilitating classroom discussions,
- Assessing student performance
- Preparing students to be successful leaders in their chosen profession
- Course currently or previously taught within the last 12 months: MHW 649 Mental Health and Wellness Capstone; MHW 641 Mental Health Needs in Ministry; MHW 643 Death and Dying: The Influences of Cultural, Spiritual and Sociological Factors, MHW 524 Prevention Throughout the Lifespan; MHW 522 Introduction to Family Life Cycle and Theories of Development; MHW 631 Spiritual Formation, Identity and Wellness.
- Familiar with LoudCloud online learning platform
- Highly proficient in the use of the MS Office 365 suite

Counseling Related Experience

Owner/CEO-Private Practice-Viera Counseling, PLLC

Dr. Carmilla Solomon EdD, LMHC

3800 Bridgeport Way West, Ste A290

Tacoma, WA 98402

July, 2017- Present

Owner of a small to medium-sized therapy practice serving couples and individuals aged 20+. Specializing in clients within several areas of concern, including but not limited to: depression, anxiety, infidelity, sexuality (abuse and questioning), professional development, and coaching. In addition to those with histories of substance abuse and dependency. The population I work with is primarily African-American women and couples.

Circles of Care 880 Airport Road Melbourne, FL 32901

Bryan Myers, LMHC 321-914-0644

Sept, 2013- July 2017

As an Intake specialist:

- Provided pre-crisis intervention and support to the chronically mentally ill and their families;
- Initiate Baker Act evaluations for patients who appear to be at-risk or are in need to psychiatric hospitalization.

As Social Services Specialist:

- Responsible for assessing, planning, linking, monitoring, and advocating for clients. Responsible for assisting clients with their needs/goals through the development of treatment/service planning and/or aftercare plan.
- Work closely with community resources to advocate and link clients with those community resources.

Family Counseling Center 505 Brevard Ave, Ste 106; Cocoa, FL 32922

Dr. Lori Parsons, Psy.D 321-632-5792

Aug 2007 – Dec 2013

As a Registered Mental Health Counselor Intern:

- Provided evidence-based therapeutic services to adults and adolescents in the 16-60 age group;
- Conducted intake evaluations/ intake assessments;
- Conducted individual and family therapy services;
- Participated on the clinical team for the agency to address the clinical needs of the clients. Conducted limited psychological assessments (MMPI, K-16, Connor's, Beck's Depression Inventory, and clinical interview) for clients;
- Formulated treatment plans that address, administer, and interpret various psychological evaluations in order to address behavioral/personality, intellectual abilities, and academic achievement, when necessary.
- Provided records compliance according to HIPAA regulations;
- Established effective treatment plans/treatment plan reviews on each client in a timely manner; established a rapport with community resources to meet the community needs of each client when necessary.
- Provided consultation with respect to evaluation, treatment, and any other management needs of the client to the psychiatrist and other community partners when necessary. Skilled in case conceptualization formulation, using the LCD-9 and DSM-IV-TR/DSM-5.
- Skilled in oral and written communication;
- Familiar and skilled in the use of MS Office programming and scheduling software, specifically, PsychAdvantage software and Google Docs.
- Maintained confidentiality of clients and their records.
- Specialized in treating clients with depression, anxiety, sexual abuse, family issues, academic issues, and couples/family therapy.

School Counseling/Other Educational-Related Experience

Bayside High School 1901 Degroodt Road Palm Bay, FL 32908

Bradley Merrill, AP of Curriculum 321-956-5000

Sept 2006- August 2017

As a Professional School Counselor

- Providing academic, career, and social/emotional guidance and support to high school students;
- Beginning the process of preparing them academically for college by creating a 4-year plan with the student and the parent.
- Ensuring each student has met the academic requirements for college;
- Facilitating parent/teacher conferences and assisting in creating solutions for academic problems;
- Preparing each student's academic schedule to ensure graduation requirements are met; Meeting with students on an individual basis to ensure their academic and if necessary, mental health needs are being met, often providing immediate crisis intervention strategies/support to students and families;
- Ensure students and their parents understand all educational opportunities available to them;
- Providing limited/general mental health counseling/assessment;
- Familiar/proficient with educational tests and measurements used in the educational system.
- Facilitating contact with other schools/resources to determine/verify the academic needs of students.
- Maintain student records/files according to HIPAA/school board regulations;
- Maintain established and implemented testing protocol and security/control;

- Use audiovisual/multimedia technology to conduct classroom presentations and staff meetings/trainings;
- Gathering and organizing data to determine if measurable outcomes have been met for the Florida Department of Education measures;
- Provided a comprehensive guidance program based on the American School Counseling National Model (academic, career, personal/social development).
- Implemented the English for Speakers of Other Languages program through professional development activities, advocacy for the 117 students, and ensured those students' academic needs were met.

Center for Children 6100 Radio Station Road LaPlata, MD

Ben Toma LCPC 301-609-9887

May 2005- May 2006

As a Mental Health Counselor Intern (practicum/internship site completed 100 hours)

- Provided therapeutic services to children, adolescents, and their families.
- Assisted with making appropriate therapeutic recommendations for maintaining children in their homes.
- Utilized various techniques, including games, art therapy, and play therapy to assist children, adolescents, and their families in coping with stressors.
- Completed intakes (psychosocial assessments) on each client; maintained detailed therapeutic case notes, made appropriate referrals as necessary; completed authorizations, and discharge summaries as necessary.
- Assisted families in locating and securing appropriate resources as needed. Client population experience included Autistic/Asperger Syndrome/ADHD/Bipolar/Depressed/Violent/Self-Mutilating children/adolescents. Experienced with clients who were victims of sexual/physical abuse/neglect.
- Ability to diagnose, formulate treatment plans, and implement treatment plans for clients. Ability to work with clients who have learning disabilities, cognitive/behavioral, and emotional problems.
- Familiar with designing and implementing appropriate behavioral modification programs. Strong collaboration skills with other treatment providers to ensure best practices and outcomes for the family/individual; ability to conduct both group and individual counseling sessions and respond appropriately to crisis/emergency situations.
- Ability to conduct clinical interviews of individuals and families in order to obtain relevant clinical data.
- Ability to utilize various therapeutic modalities in order to assist in goal setting, plans of action, and making appropriate referrals for services.

Calvert County Dept. of Social Services 200 Duke Street; Prince Frederick, MD 20678

Amye Scrivener, LCSW-C 443-550-6990

Nov. 2004- May 2006

As a Child Protective Services Investigator

- Worked in a specialized unit providing investigative services to children believed to be abused or neglected. The unit also provides services to family members or other household members who have care, custody, or responsibility for those children.
- Experienced in investigating sexual, physical, and neglect cases.
- Maintained confidential records and reports;
- Suggested appropriate recommendations to the court and other community providers. Investigated over 100 cases involving abuse and neglect issues, and received specialized training in investigating sexual abuse cases.
- Utilized crisis intervention skills to reduce the impact of the conflict in the family.
- Ability to form effective treatment plans and coordinate services to implement necessary treatment services.
- Ability to counsel and support families with appropriate in-home and out-of-home placement monitoring services.
- Strong ability to intervene in crisis and emergencies;

- Strong ability to assist families in identifying their own strengths and weaknesses to facilitate better outcomes.
- Confident decision-making skills, report writing, computer skills, and communicating with other service providers.
- Extremely organized and task-oriented abilities.
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Calvert County Dept. of Social Services 200 Duke Street; Prince Frederick, MD 20678

Amye Scrivener, LCSW-C 443-550-6995

Aug 2001- Nov 2004

As a Foster Care Case Manager

- Provided direct services to foster children and their families.
- Responsible for maintaining the children in their foster home placement by ensuring each child received proper medical, dental, and educational services.
- Prepared reports for the court monthly,
- Maintained confidential records for each family/child;
- Made recommendations for continued care or reunification services.
- Provided crisis intervention to the families, foster parents, and children.
- Acted as a liaison between the placements and families for each child.
- Advocated for the family and the children in foster care to ensure proper services and treatment plans;
- Assisted in placement recommendations and appropriate related services for biological parents.
- Assisted in adoption preparedness for children and parents.
- Assisted older adolescents in gaining skills necessary for independent living situations; Ability to make appropriate clinical decisions for the children and families.
- Ability to closely supervise children and families who receive reunification services, and closely monitor parents who are having difficulties with housing/substance abuse-related problems.
- Successfully managed a caseload of 18-20 children/families.

Calvert County Health Department-Teen Pregnancy Prevention Program

975 Solomons Island Road-North/P.O. Box 980, Prince Frederick, MD 20678

Tammy Halterman 301-855-1075

Jan 2002-Nov 2004

As a board Liaison

- Provided technical assistance to the programs of Asset Development and teen pregnancy prevention.
- Trained in Asset Development and provided training/presentations to the local community.
- Assisted in the planning of activities and newsletters that provided resources for parents/teacher to discuss with their children the topic of sex and sexuality.
- Assisted in conducting a Needs Assessment of the County to improve the development of appropriate services.
- Assisted with advocacy events for the prevention of adolescent pregnancy

TESSA 435 Gold Pass Heights, Colorado Springs, CO 80906

Janet Kerr, MA, Executive Director 719-633-3819

May 2000- May 2001

As Court Watch Coordinator

- Established and maintained personal contact with local and national domestic violence/sexual assault agencies.
- Prepared and managed case records/reports, developed, maintained, and implemented personalized training for volunteers.
- Assisted with interviewing domestic violence victims to obtain referral information, and provided information and crisis intervention to victims of domestic violence.
- Assisted with customer recommendations.
- Co-facilitated DOVE (Domestic Violence Education) group for victims weekly.

Family Readiness Center 1626 Elwell Street, Fort Carson, CO 80913

Kim Garza- Lead Victim Advocate 719-526-5199

Feb 2000- May 2001

As a Victim Advocate

- Provided extensive crisis counseling/intervention to victims of domestic violence/sexual assault.
- Participated in the initial investigation of each case assigned,
- Made recommendations to the service member's chain of command regarding the safety of the victim and the service member.
- Established agency liaisons for additional services.
- Provided needs assessment for each client and made appropriate referrals to service providers.
- Participated in numerous skill-based trainings and conducted monthly training seminars/meetings for new and experienced advocates.
- Experienced in working closely with high-ranking military service members
- Familiar with military chain of command/protocol.

Personal/Professional References available upon request.