

FALL DANCE

— 2025 —



Executive Director:
Sarah Seder

Featuring choreography by:
Sarah Seder (Faculty),
Lucille Jun (Guest Artist),
PLU Students

PLU | SCHOOL OF
MUSIC, THEATRE & DANCE

Production Team

Executive Director.....Sarah Seder
Lighting Designers.....Jacob Viramontes and
Cassandra Vega
Stage Manager.....Nix Leiseth

Production Crew

Assistant Stage Manager.....Rowan Burk
Light Board Operator.....Alby Jones
Sound Board Operator.....Jennevieve
Ryan-Ruprecht
Stage Crew/Ushers.....Raine Anderson, Xen
Johnson, Justine Sorrels
Will Morgan
Costume Shop Manager.....Kathleen Anderson
Costume Coordinator.....Cordelia Seil
Wardrobe Crew.....Edan Reitan, Ingrid
Watanabe
Costume Shop Crew.....Beno Sher, Samael
Blacknall, Cassandra
Vega, Nix Leiseth

Fall Dance 2025

The Lament

Choreographer: Kaitlyn Fisher

Dancers: Kaitlyn Fisher, Kindra Gonsalves, Michelle Jan-gard, Quill Terry, Emalee Wheaton

Music: Deception by Tommee Profitt and Sam Tinnesz; The Day We Choose To Die by Trailer Rebel; Lament by Tommee Profitt, Sam Tinnesz, and Shayla Zamora

Costume Design: Kaitlyn Fisher

Lighting Design: Jacob Viramontes

Northern Attitude

Choreographer: Hannah Khatter

Dancers: Hannah Khatter, Ki Neir, Ella Ann Wong, Viktoria Yeager, Abigail Brown, Ireland Nolan

Music: Northern Attitude by Noah Kahan (Featuring Hozier)

Costume Design: Hannah Khatter and the dancers with Cordelia Seil

Lighting Design: Jacob Viramontes

Thank you to everyone who put in the hard work to make this piece come alive!

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Two Birds

Choreographer: Ashley Midlo

Dancers: Presley Clark, Kaitlyn Fisher, Kaylee Fitton, Kindra Gonsalves, Addy Keller, Teghan "Tiggs" Kelley, Kiana Kendall

Music: Two Birds by Regina Spektor

Costume Design: Ashley Midlo with the dancers

Lighting Design: Jacob Viramontes

This piece reflects the ever-changing dynamic of human relationships as they grow through maturity. Time and circumstance wait for no one, and it's important to never take those we care about for granted.

Stronger Together

Choreographer: Michelle Jangard

Dancers: Kaitlyn Fisher, Chelsea Hesselbach, Michelle Jangard, Quill Terry

Music: Attack on Titan Theme by Hajime Isayama remixed by Samuel Kim, Avatar: The Last Airbender Theme by Hajime Isayama remixed by Samuel Kim

Costume Design: Michelle Jangard with the dancers

Lighting Design: Jacob Viramontes

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Rivers and Roads

Choreographer: Talia Leuzzi & Soraya Martinez

Dancers: Talia Leuzzi & Soraya Martinez

Music: Rivers and Roads by The Head and the Heart

Costume Design: Talia Leuzzi & Soraya Martinez

Lighting Design: Cassandra Vega

Dancing with everyone on this stage the past three years has been an amazing experience. Thank you to everyone on Dance Team and the Theatre and Dance Department for the amazing memories.

We Both Reached for the Gun

Choreographer: Lucas Lucero

Dancers: Belle Bodley, Presley Clark, Chelsea Hesselbach, Michelle Jangard, Lucas Lucero, Quill Terry

Music: They Both Reached for the Gun by John Kander and Fred Ebb Performed by Christine Baranski, Cleve Asbury, Paul Bogaev, Rick Negron, Shaun Amyot, and Taye Diggs

Costume Design: Lucas Lucero and Cordelia Seil

Lighting Design: Jacob Viramontes

I hope you have as much fun watching this piece as I did creating it with this amazing group of performers!

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Cold Hearted

Choreographer: Soraya Martinez, Talia Leuzzi

Dancers: Aubrey Stodgell, Cadelyn Wood, Hannah Khatter, Ireland Nolan, Marcela Monchini, Merret Schaeperkoetter, Myron Stewert, Samra Young, Sarah Barry, Soraya Martinez, Talia Leuzzi

Music: Cold Hearted by Paula Abdul

Costume Design: Soraya Martinez

Lighting Design: Jacob Viramontes

Thank you dance team for being so amazing this season and killing it in this dance, the captains are so proud of you!

Tick of the Clock: A Moment IN Time

Choreographer: Jovon Lamar Miller

Dancer: Jovon Lamar Miller

Music: Tick of the Clock by Chromatics

Costume Design: Jovon Lamar Miller

Lighting Design: Cassandra Vega

This improvisation lives IN THE MOMENT & IN TIME. We all chase being ON TIME; yet when we're truly IN TIME & IN THE MOMENT, we're exactly where we need to be. Rhythm. Love. Life. Happiness. Be unapologetically yourself—no substitutions, no apologies. Just you. Always.

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Same but Different

Choreographer: Lucille Jun in collaboration with dancers

Dancers: Lucille Jun, Myron Stewart, Viktoria Yeager

Music: Feeling Good by Anthony Newley and Leslie Bricusse performed by Nina Simone, Dungeon Sound by Gramatik, Feeling Good by Anthony Newley and Leslie Bricusse performed by Dominique Fils-Aimé

Costume Design: Lucille Jun

Lighting Design: Jacob Viramontes

Dramaturge: Menyeá Barbas

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Joy is Rebellion

Choreographer: Cadelyn Wood

Dancers: Talia Leuzzi, Ki Neir, Merret Schaeperkoetter,
Cadelyn Wood, Samra Young

Music: Somebody to Love by Queen

Costume Design: Cadelyn Wood

*Joy is an act of rebellion
Against established order
Which is why the angels
Brought their glad tidings
To the nightshift serfs
Rather than the boardroom suits;
Because the joy of heaven--
Heralded to us--
Cannot be commoditized,
Privatized or monetized.
While the system takes all it can
From our tired bodies
And stacks its weight
Upon our aching backs
It will never, not ever,
Ransack our hallelujahs.*

- David Gate

Fall Dance 2025

Be Still

Choreographer: Sarah Seder in collaboration with the dancers

Dancers: Michelle Jangard, Kiana Kendall, Sarah Seder, Viktoria Yeager, Samra Young

Music: "Trouble Won't Go" by Enter the Worship Circle, "Let Yourself Go" by Irving Berlin, performed by Boswell Sisters, arranged by Swing Republic, Vocalizations arranged by Vanessa Bassi and Kiana Kendall and performed by Kiana Kendall and Sarah Seder

Costume Design: Sarah Seder

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Choreographer Bios

Sarah Seder (Executive Director and Choreographer) is the Resident Assistant Professor of Dance at PLU. She has choreographed hundreds of dances and has performed in her own work and in the work of many renowned choreographers throughout the PNW as well as nationally and internationally. In addition to her work at PLU she teaches children's dance classes for her own three kids and other young movers and is a national reviewer of dance submissions for Young Arts. For nearly a decade she co-directed Seattle-based Sapience Dance Collective. Before PLU she taught dance at Smith College (MA), Mount Holyoke College (MA) and at numerous studios in the greater seattle area. Seder earned her BA in Dance and Psychology from Bard College and her MFA in Dance from Smith College.

Lucille Jun (Guest Artist) a native Washingtonian, is a dancer, choreographer, teacher, martial artist, and Mom with a capital M. For nearly a decade, she danced professionally with award-winning Yeon Arts Company in South Korea. Interested in the power of storytelling through movement, she is currently diving into new movement possibilities and aesthetics based on her contemporary, traditional Korean, and hip hop backgrounds. Her work has recently been shown at Wapato Park, Exit Space, Pacific Lutheran University, Velocity Dance Center, Amherst College (MA), Smith College (MA), AS22 (RI), The Root Cellar (MA), Hudson Guild Theater (NY), SCD&T, and the Seoul Olympic Park Arena amongst others. She received an MFA in Dance from Smith College.

Choreographer Bios

Jovon Lamar Miller (Guest Artist) At Pacific Lutheran University (PLU), Jovon Miller serves as the Tap Instructor/Lecturer, championing inclusive, student-centered learning and welcoming dancers of every age and level. A performing artist, choreographer, educator, and mentor, he holds a B.A. in Dance from Western Washington University, with specialized training in tap and certification from Acrobatic Arts. His choreography has been featured at the Seattle International Dance Festival, Full Tilt, and Western Washington University's Education Matinee. Recent performance highlights include The 5th Avenue Theatre's *After Midnight* (musician—reeds) in August, followed by teaching and performing at Camp Hollywood, one of the world's largest Lindy Hop events. Additional stage credits include Benaroya Hall, Carnegie Hall, and international engagements in Canada and Italy. Honors include finalist recognition from the Society of Voice Arts and Sciences (Outstanding Storytelling) and the 2009 Congressional Black Caucus Spouses Performing Arts Scholarship for tap. See more credits and upcoming opportunities at jovonmillerproductions.com.

SPECIAL THANKS TO...

Cameron Bennet, Dean of the College of Professional Studies; Associate Dean Brian Galante of the School of Music, Theatre & Dance; Cassandra Vega; Jeff Clapp; Keenan Minogue; Kathy Anderson; Jessica Wallenfels; Mercedi Benien

Choreographer Bios

Katie Fisher (Choreographer) is from Puyallup, WA and has been dancing since she was three. She began competing at nine, and in her junior year of high school, she was nominated for The Dance Awards' Best Dance title. Throughout her career, she has studied under esteemed instructors including Joseph Dineen, Madison Altamirano, Katy Maples, and Francisco Gella. Ballet remains one of her most cherished styles, providing both artistic expression and technical foundations. As she continues her journey, Katie looks forward to furthering her growth as a dancer and choreographer, exploring new opportunities, and inspiring others through movement.

Michelle Jangard (Choreographer) is an actor, singer, dancer, and choreographer currently pursuing a degree in Acting and Directing with a minor in Dance at Pacific Lutheran University, where she is a sophomore. With over 14 years of experience in musical theater, Michelle has developed a deep passion for performance. While her journey began on stage, she expanded her dance training through her time at Tacoma School of the Arts. She studied a variety of dance styles/techniques and soon after became captain of her high school's dance team. Her well-rounded background continues to fuel her dedication to storytelling through movement, music, and character.

Hannah Khatter (Choreographer) is a senior and in their fourth year at PLU. They have been dancing for 13 years and have trained at a studio, in college and also they have a background in competition dance. They have trained in a variety of styles including Contemporary, Jazz, Hip Hop, Musical Theater, Tap, Ballet, Modern, Flamenco, Horton, and Lyrical. They have been part of the PLU Dance Team for three years and choreographed for the team. Hannah has choreographed for the Spring Dance Concert in 2024.

Choreographer Bios

Lucas Lucero (Choreographer) is excited to make his choreographer debut at PLU! He had a light start to his dancing journey in high school where he was a featured dancer in Chitty Chitty Bang Bang and Bobby in Curtains, and then took a deeper dive through Sarah Seder's classes and being in four pieces for Spring Dance 2025 at PLU. Choreographing two duets for the classes and watching how things develop during rehearsals prepped him for choreographing a more ambitious piece.

Soraya Martinez (Choreographer) is from Wenatchee, WA and has been dancing since the age of five. She started choreographing with local theaters in her hometown around the age of 15. She has been a choreographer for the PLU Dance Team for three years and a captain for two years. She was also one of the choreographers for PLU's spring musical, "The Prom" and Spring Dance 2025. She continues to teach at her local home-town studio, train local dance teams, and is the lead choreographer for Short Shakespeareans in Wenatchee, WA.

Ashley Midlo (Choreographer) is a third year double majoring in Business Administration and Musical Theatre with a minor in Dance. She has a background in jazz and ballet with a familiarity in tap and tumbling.

Cady Wood (Choreographer) is from Salem, OR and has been dancing since the age of three. She is currently studying Political Science, Pre-Law, and Dance at Pacific Lutheran University. She first started choreographing for her high school theater department at age 15, where her pieces were included in productions of "Mamma Mia" and "The Drowsy Chaperone" at West Salem High School. Her college credits include Spring Dance 25, where she choreographed "Lil Boo Thing." This is her first year as a captain for the PLU Dance Team

Production Bios

Nix Leiseth (Stage Manager) is a third year theatre design/tech major. His recent credits include co-stage managing and lighting a piece for Spring Dance 2025, assistant lighting designing Native Gardens, and work as part of the costume shop paid crew. He would like to thank everyone for their hard work on this production which has led to such a wonderful (and enjoyable) show.

Cordelia Seil (Costume Coordinator) is a 3rd year Musical Theatre & Design/Tech double major from Kent, WA. They are thrilled to have this educational experience, with recent directing credits including Director for Classmen Cabaret (PLU), Choreographer for Annie KIDS (Village Theatre KIDSTAGE), and Director for the 2024 Psi One-Act Midnight Dialogues (PLU). Special thanks to Chelsea, friends and family. They have loved working with these talented artists, and can't wait for you to see the show.

Jacob Viramontes (Lighting Designer) graduated from PLU in 2017 with a BFA in Acting & Directing. Now living in Seattle, he works mostly as a lighting designer. Recent lighting design credits include: Dracula, Little Women, and I Love You, You're Perfect, Now Change (Renton Civic Theatre), The Roommate (ArtsWest), Here & Their (12th Ave Arts), House of Joy - Gregory Award nominee (Seattle Public Theatre/Pratidhwani), Miss Holmes (Centerstage Theatre), The Curious Incident of the Dog in the Nighttime and The Mousetrap (Tacoma Little Theatre), GOLD (Annex Theatre), The Hatmaker's Wife (Drama Dock), Love's Labors Lost (Seattle Shakespeare Company), Damn Yankees - Sound On Stage award winner (Reboot Theatre Company), and Come On Get Tappy! (Outrage Onstage/SecondStory Repertory). Ig: @jacobviramontestheatre

Cassandra Vega (Lighting Designer) is a third year theater major from Tacoma. This is their first production with PLU. They would like to thank their mom and brother, Keenan Minogue, and Mark Thomason.

Coming Soon...

Alpha Psi Omega Presents: Love/Sick by John Cariani

Performances: December 4-6 @ 7:30pm; Studio Theatre
Directors: Kiana Kendall and Vanessa Bassi

PLU Dance Team Presents Dance Team Exhibition

February 13th @ 7PM; Olson Gymnasium
Dance Team Choreography: Sunja Albright, Camilee Boland,
Talia Leuzzi, and Soraya Martinez

33 Variations by Moises Kaufman

Performances: March 11-14 @ 7:30pm; Studio Theatre
Director: Jeff Clapp

The Light in the Piazza: The Musical

Performances: May 8-9 @ 7:30pm, and May 10 @ 2pm;
Eastvold Auditorium
Director: Jim Brown
Music Director: Amy Boers



Dance at Pacific Lutheran University provides unique opportunities in performance, choreography, and dance technique.

Student choreography is emphasized to promote aspiring artists; renowned faculty and guest choreographers further nurture artistic achievement.

Please contact Resident Assistant
Professor of Theatre and Dance, Sarah Seder
(sseder@plu.edu) to learn more about our dance
program.