



Kinesiology Pre-Physical Therapy Major Bachelor of Science

	Fall Term	J-term	Spring Term	Comments
First Year	PSYC 101 BIOL 205 GEN ED FYEP 101 PLUS 100	GEN ED	KINS 277 (2 cr) BIOL 206 CHEM 105* or GEN ED FYEP 102	32 credits per year are necessary to graduate in 4 years
Sophomore Year	BIOL 225 CHEM 115 GEN ED	FTWL 100	BIOL 226 CHEM 116 STATS 231 or 232 GEN ED	*Students should take two courses from: CHEM 105, CHEM 115, CHEM 116, CHEM 331/333 <i>Note that CHEM 115, 116 are requirements for Physical Therapy school</i>
Junior Year	KINS 380 PSYC 320 or PSYC 315 KINS 300-400 GEN ED	GEN ED FTWL	KINS 486 GEN ED Elective (UD)	
Senior Year	KINS 478 PHYS 125 (4 hr) AND PHYS 135 (1 hr) Elective (UD) Elective (UD)	KINS 495	KINS 499 PHYS 126 (4 hr) AND PHYS 136 (1 hr) Elective	

This advising guide is for advising purposes only and does not denote a contract with the student or Pacific Lutheran University. Many programs have specific deadlines for application or declaration; contact the department or program chair for information. This information is accurate as of September 1, 2022; please check with your program chair for updates to the program. The university reserves the right to make necessary changes at its discretion.

General education course requirements are listed assuming that major classes will not count toward the general education course requirements. If a course counts towards a major and a general education requirement (e.g. PSYC 101 if the student is a psychology major), students will still need to take enough courses (shown here as electives) to reach the 128 credits needed to graduate.

Kinesiology Major Requirements

- 72-73 Semester Hours
- At least 32 credits of all majors must be taken in residency at PLU, and at least 16 of those must be taken from within the Department of Kinesiology.
- At least eight semester hours applied toward a kinesiology minor must be earned independently from the kinesiology major requirements.
- Be sure to check [Physical Therapy School's Requirements](#)

General Degree Requirements

- A minimum of 128 semester hours must be completed with a GPA of 2.00 or higher
- In addition to the requirements of this major, students must complete all other requirements of the University as listed in the catalog
- At least 8 semester hours for the major must be taken in residence at PLU.
- You can view your general education requirements on your CAPP report on Banner or on the [Academic Requirements catalog](#)