



School of Nursing

Educating Lives of Service

Message from Dean Habermann



Dear Alumni, Faculty, Staff and Students,

Welcome to the Fall Semester and the 2020-2021 academic year. 2020 has been a year that truly none of us could have anticipated. From a world-wide pandemic, social injustice and structural racism, along with continued health disparities troubling our country. These factors along with an upcoming election leave many of us feeling not only challenged but also unsettled. Even with all these uncertainties, one certainty exists and that is our students. The fall semester has started with a variety of remote classes, face to face socially distanced laboratory and procedures, and most clinicals are back.

September 8 marked the opening of our new Clinical Learning and Simulation Center located in the old bookstore at 208 Garfield Street. There is more information contained later in the newsletter about the Center but here I would like to acknowledge the many donors including alumni, faculty, staff, and parents who made this state-of-the-art facility possible. It has been a joy to see our students using the new facility and while their smiles can't be seen while wearing masks their verbal thanks and their enthusiasm can be seen in their eyes.

This academic year will include many activities from initiating a strategic planning process for the school, planning and further development of our new BSN curriculum, and an accreditation visit in the Spring. CCNE will do a virtual accreditation visit for our DNP program and post masters certificate programs during March.

As I start my second year as Dean, I am so happy to be part of the PLU community. While it is unusual times where much of the work is being done remotely, that sense of community remains strong. I wish to acknowledge the faculty and staff who have worked steadfast and have demonstrated great flexibility during the pandemic to ensure the success of our students. I appreciate the team that I get to be a part of.

In reading this newsletter, we hope to give you a sense of what is happening at the School of Nursing including accomplishments, milestones and upcoming events. Wishing everyone an outstanding academic year!

Update on the School of Nursing Clinical Learning and Simulation Center

Thanks to all of the generous donations, the Clinical Learning and Simulation Center is now open and in use! Here is a brief video to celebrate the opening of the building:

<https://www.youtube.com/watch?v=qPF2F0YQvAA&feature=youtu.be>

The Center houses a 16 bed clinical laboratory and medication station, two simulation suites including control rooms and debriefing rooms, a 96 seat capacity classroom, a 48 seat capacity classroom, office spaces, a student lounge and some touchdown spaces.

A virtual Tour of the center will occur during Homecoming Week on Tuesday, October 6th at 3:00 PM (PST) followed by a Q &A session with Dean Habermann. Register at <https://www.plu.edu/homecoming/home/full-schedule/>.



Faculty Accomplishments/Extra-Curriculars

Rebecca Allen serves on the Mary Bridge Hospital Ethics Committee

Carrie Ann Matyac is the co-chair of the Controlled Substances Steering Committee at Providence Medical Group SW Region

Cyndi Wolfer passed her certification exam for the Certified Academic Clinical Nurse Educator Certification

Mary Moller is a faculty sponsor for the PLU chapter of Active Minds

Jennifer Thomas successfully defended her dissertation, "THE LIVED EXPERIENCES OF HIGHLY MOBILE MILITARY ADOLESCENTS AND THEIR SEARCH FOR IDENTITY"

Patty Dolan serves on the Assessment Committee in the Biology Department at PLU and also serves on the Board of Trustees at her church

Jessica Schwinck completed her FNP Certificate

Jessica Schwinck is doing ongoing work with the Duke J&J Fellowship Project

Kayla Harvey is working on her dissertation and is a PhD Candidate in Nursing Science at the University of Washington

Tracy Holt Completed DNP Capstone Project "The Effectiveness of Multiple-Choice Test Items in Assessing the Clinical Judgment Abilities of Prelicensure Registered Nursing Students"

Faculty Promotions and Retirements

Marylou Robinson retired from the School of Nursing in May 2020. We appreciate all of the dedication she has had for her students and the School of Nursing throughout her time with us!

Dr. Kathy Richardson has stepped into the position of Associate Dean of Academic Affairs for the School of Nursing.

Dr. Dana Zaichkin has been promoted and tenured as an Associate Professor.

Faculty Publications/ Presentations

Dean Barbara Habermann - Horning, M., Shin, J.Y., Difusco, L.A., Norton, M., Habermann, B. (2019). Symptom Progression in Advanced Parkinson's Disease: Dyadic Perspectives. *Applied Nursing Research*. doi: 10.1016/j.apnr.2019.151193

Habermann, B., Shin, J.Y., & Shearer, G. (2019). Dyadic decision-making in advanced Parkinson's disease: A mixed methods study. *Western Journal of Nursing*. Doi: 10.1177/0193945919864429.

Mary Moller - Johnson, D., Moller, M.D., Lauer, J. (2020, Apr 25). Moving outside the box: How three universities and community partners are collaborating to pilot teleprecepting in PMHNP programs. NONPF 46th Annual Conference. Chicago, IL. (REFEREED PEER REVIEW)

Robert Massey - Wisser, K.Z. & Massey, R.L. (2019). Mastering your distinctive strengths as an introverted nurse leader. *Nursing Administration Quarterly*. 43(2): 123-129. April/June.

DelRene Davis - Wallingford KL, Davis JD. Maternal Complications. In Riley C, Rubarth L, (Eds.) *Academy of Neonatal Nursing Certification Review Course*. Academy of Neonatal Nursing, 2020.

Jodi Erickson - Erickson, J. (2020, May). From resumes to residencies: A quickstart guide to your nursing career. Presentation at Nursing Students of Washington State 2020 Virtual Convention

Jodi Kushner - Kushner, J. (2019). Learning theories and debriefing styles. Pacific Northwest Healthcare Simulation Collaborative. June 2019. Webinar.

Rick Knowlton - 2019 Knowlton, RT (2019) *Drugs Affecting the Autonomic Nervous System*, 5th edition, Chapter 11, Woo, T & Robinson, M (Eds) *Pharmacotherapeutics for Advanced Practice Nurse Prescribers* (pp 137-188) Published, F.A Davis Company, Philadelphia

Lorena Guerrero - Guerrero, L.C., Wallace, S., & Cook, C. (2020). 11th International Council of Nurses' NP/APN Network Conference. Interrupting the Cycle of Incivility in Nursing: Assessment in an Educational Setting. e-Poster Presentation. Peer Reviewed.

Guerrero, L.C. (2020). 11th International Council of Nurses' NP/APN Network Conference. Assessing STI/HIV Risk in Outpatient Substance Abuse Treatment Programs: A Call for Action. Podium Presentation. Peer Reviewed.

Kathy Richardson - Richardson, K. (2019) Tobacco Cessation. In Woo, T.M., & Robinson, M.V. (Eds). *Pharmacotherapeutics for Advanced Practice nurse prescribers 5th ed.*: F.A. Davis.

Richardson, K. (2019) Sexually Transmitted Infections and Vaginitis. In Woo, T.M., & Robinson, M.V. (Eds). *Pharmacotherapeutics for Advanced Practice nurse prescribers 5th ed.*: F.A. Davis.

Richardson, K. (2019). Pneumonia. In Woo, T.M., & Robinson, M.V. (Eds). *Pharmacotherapeutics for Advanced Practice nurse prescribers 5th ed.*: F.A. Davis.

Dana Zaichkin - (Abstract and Podium Presentation) Zaichkin, D. & Maneval, R. "Preparing Baccalaureate Graduates for Practice at the Interface of Population Health and Value-Based Programs". American Association of Colleges of Nursing, Baccalaureate Education Conference, Orlando, FL, November 21-23, 2019

(Abstract and Poster Presentation) Maneval, R, Zaichkin, D, & Slade, J "Promoting Teaching Excellence through New Faculty Mentorship". National League for Nursing, 2019 Education Summit, National Harbor MD, September 26-28, 2019

School of Nursing / New Faculty

New Contingent Faculty

Sandra O'Brien

I am teaching NURS 340 Lecture and Clinical Instruction. I earned my undergraduate and graduate degrees from the University of Washington. My nursing background includes several years of Emergency Department Nursing, along with Home Health, Hospice and Care Management for Behavioral Health and Medical Surgical Nursing. My Advanced Degree is in Psychosocial Nursing. I am in Private Practice where I provide Counseling and Coaching for Older Adults along with a specialty focus on Alzheimer's Disease and other forms of Dementia and Memory Impairment.

Andrea Sehmel

I'm teaching Nursing juniors Pharmacology; Nursing Foundations II to seniors and instructing in clinical. I'm a board member of the Puget Sound chapter of Sigma Theta Tau International – a nursing honors society – and pursuing my certification in healthcare simulation through INACSL.

As a registered nurse since 1985, I have worked in several specialties in the U.S., Canada and Saudi Arabia, including Neonatal, Pedi, Adult ICUs, Pedi & Adult CVICU, hospice, telephone triage, risk management and nursing education. As staff nurse or educator, my focus has always been on compassionate and efficient patient care and advocacy.

I thrive on solving problems, getting moving on the plan to solve them, finding the strengths in other (and using those strengths), learning every day, and considering the historical context of an issue to learn how it's evolved. I am super resourceful and love collaborating towards a better outcome! I am eager to work where I can use my interests and strengths in a positive work environment to ease the way for all customers – but first and foremost, the patients.

I'm a proud wife, and mom to various 2- and 4-legged dependents.

Jennifer Thomas

I am a registered nurse of nearly 19 years with close to a decade of nursing education experience in staff development and academia. I recently obtained my Doctor of Philosophy in Nursing from Washington State University and have a passion and interest for research that supports the military child and adolescent populations. Currently at PLU, I am teaching Nursing Competencies I Lab and Clinicals (N220), Nursing Research (N375), Healthcare Systems and Policy (N460), and Capstone: Nursing Synthesis SR Clinical (N499).

Vickie Nethercott

Vickie brings a wealth of psych/mental health knowledge and experience to the PLU SoN and will be teaching NURS 340, 350, 430, 440, and 499 during the 2020-2021 AY.

New Tenure Track Faculty

Tracy Holt

I have been a registered nurse for over 30 years practicing primarily in the adult acute care setting. In 2010, I transitioned to academia serving as a faculty member in undergraduate nursing programs. I am very passionate about nursing and teaching and feel very blessed to have found a career path that allows me to pursue these passions. I thoroughly enjoy creating dynamic learning opportunities for undergraduate nursing students to facilitate their understanding of how to competently enter practice and truly care for others.

Jessica Schwinck

As a first-generation college graduate and an Alum of PLU's School of Nursing, I am excited to continue to give back to the school as a faculty member. My focus this year is coordinating our HRSA ANEW grant and working with the 3rd year Doctor of Nursing Practice students as they work through their Scholarly Projects. My interests include Evidence-Based Practice and Acute, Emergency, and Trauma Care.

Carrie Ann Matyac

After 16 years as a Family Nurse Practitioner, I am delighted to apply the skills I learned through the PLU DNP program to share this knowledge and experience with budding FNP students. I am enjoying teaching pharmacology and collaborating with the students on their DNP Scholarly Projects. I also welcome the challenge of applying the updated objectives in the core FNP classes to strengthen the foundation of the FNP students as they move through the program. I'm interested in developing opportunities for our students to practice their nursing skills locally and abroad (when we can travel again).

New SoN Staff

Amber Eggers joined the SoN as the Nursing Laboratory Coordinator in January 2020

Jennifer Bolin joined the SoN as the Graduate Student Clinical Placement Coordinator in August 2020

Deb Seguin has stepped into the position of the Director of the Center for Continued Nursing Learning

Student Accomplishments

Congratulations to all of our 2019-2020 AY Graduates!

December 2019 Ruth Carlson Award Recipient – Alwyn Galang

May 2020 Ruth Carlson Award Recipient – Adrian Brown

2020 Jessie Alice Gould Smith Master in Excellence Award Recipient – Timothy Fletcher-Velasco

2020 Maria Fulton Gould Doctor of Nursing Practice Excellence Recipient – Christopher Linderman

If you want to share any accomplishments, please send them to weiselt@plu.edu as we love to showcase all of your hard work!

Upcoming Events

October 6, 2020 – School of Nursing Clinical Learning and Simulation Center Dedication and Tour

October 6-11, 2020 – PLU Homecoming

December 12, 2020 – BSN Recognition Ceremony

Keeping Alumni Informed

We are proud of all of our alumni and would love to stay connected with you!

Check out our PLU School of Nursing Nurse Practitioner LinkedIn Page:

<https://www.linkedin.com/groups/13806095/>.

Also, if you want to share any accomplishments, please send them to weiselt@plu.edu as we love to showcase all of your hard work!