



School of Nursing

Educating Lives of Service

Message from Dean Habermann



Dear Faculty, Staff, Students and Alumni,

Welcome to the Spring Semester 2021! This academic year continues to evolve as we weather the pandemic. Our laboratory and clinical courses have been successfully and safely delivered in face to face modalities while we continue to offer our larger didactic courses remotely.

Last week, nursing students participated in a vaccine clinic hosted here at PLU. This was a joint collaboration with TPCHD, MultiCare and CHI Franciscan. Approximately 1000 vaccines were given and we were pleased that the snow remained largely at bay that day. Our clinical collaborators were very impressed with our students and how successful the event was. We will be doing a 2nd clinic in March.

We are currently involved in developing the strategic plan for the school which includes a revised vision, mission, and core values. Work on the revised BSN curriculum continues with implementation occurring in Fall 2021. Planning for the Accelerated BSN is another major effort with the goal of Spring 2022 as the launch date. Our virtual CCNE accreditation visit for our DNP program and post masters certificate programs is scheduled for March 10-12 with a parallel visit from the Washington Commission.

Wishing everyone an outstanding spring semester!

Barbara Habermann PhD RN FAAN
Dean & Professor

Update on the School of Nursing Clinical Learning and Simulation Center

Welcome Spring 2021.

We are looking forward to seeing our spring PLU lab nursing students! Our new skills and simulation lab provides leading technology to educate our future nurses. Due to the pandemic, we are living in an epoch period of history. Like other medical facilities, you may find we have substituted supplies due to shortages in the medical supply world. As future nurses we encourage you to think creatively with a wider scope of understanding of your new skills. Supply shortages have been a challenge for nurses, doctors, and hospitals during the pandemic. However, this past year has shown the world the dedication and resourcefulness of nurses in patient care.

To assist with learning patient care, our new skills center offers many opportunities using technology. We are offering in late spring a new cloud-based interactive scenario program using skill lab manikins. Scenarios include: Blood Transfusion, Central Line Dressing Change and Flush, Head-to-Toe Assessment, Indwelling Urinary Catheterization, Medication Administration – Injections, Medication Administration – Intravenous, Medication Administration – Oral, Nasogastric Tube Insertion, Sterile Dressing Change, and Tracheostomy Care and Suctioning. Watch for postings for using the new Peer to Peer skill review using Laerdal Sim Pads.

Louise Reulbach
Nursing Lab Operations Manager

Faculty Publications/ Presentations

Barbara Habermann

Shin, J.Y. & Habermann, B. (2020). Key activities of caregivers of adults with Parkinson's disease: A secondary analysis. *Journal of Neuroscience Nursing* 52(6), 284-288. DOI: 10.1097/JNN.0000000000000544

Ness, M., Saylor, J., Ji, X., Bell, A., & Habermann, B. (2020). Challenges Experienced by Parents of Emerging Young Adults with Type 1 Diabetes Mellitus During the Transition to college. *The Diabetes Educator*. Doi: 10.1177/0145721720943120

Christiansen, M. B., Dix, C., Master, H., Jakiela, J. T., Habermann, B., Silbernagel, K. G., & White, D. K. (2020). "I've been to physical therapy before, but not for knees." A qualitative study exploring barriers and facilitators to physical therapy utilization for knee osteoarthritis. *Musculoskeletal Care*.
<https://doi.org/10.1002/msc.1491>

+Hines, D., Draucker, C. B., & Habermann, B. (2020). My whole world changed: Coping experiences of transgender women following an HIV Diagnosis. *Journal of the Association of Nurses in AIDS Care*.

Tickle-Degnen, L., Stevenson, M.T., Gunnery, S., Saint-Hilaire, M., Thomas, C., Martinez, L.S., Habermann, B., Naumova, E.N., (2020). Profile of social self-management practices in daily life with Parkinson's disease is associated with symptom severity and health-related quality of life. *Disability and Rehabilitation*. Doi: 10.1080/09638288.2020.1741035

Tracy Holt

Holt, T. (2020, July). The Effectiveness of Multiple-Choice Test Items in Assessing the Clinical Judgment Abilities of Prelicensure Registered Nursing Students. *Social Sciences Research Network (SSRN)*.
https://papers.ssrn.com/sol3/papers.cfm?abstract_id=3634804

August, 2020 - Poster presentation of DNP Capstone Project, The Effectiveness of Multiple-Choice Test Items in Assessing the Clinical Judgment Abilities of Prelicensure Registered Nursing Students, at the Nuts & Bolts for Nurse Educators: Next Gen Learning: From Critical Thinking to Clinical Judgment Conference.

Mary Moller

Moller, M.D. (2020, Nov 12). Lions, tigers, and bears, oh my: A 3rd nervous system? Rainer Olympic Nurses Association fall continuing education. Virtual podium presentation.

Moller, M.D. (2020, Oct 1). Dissemination of the International Consortium of Health Outcomes Measurement Psychotic Disorders Standard Set. *American Psychiatric Nurses Association Annual Conference (Virtual)*, (REFEREED PEER REVIEW).

Moller, M.D. (2020, June 19). The milestones of adjustment post-psychosis (MAPP) recovery model. WA State Health Care Authority, WISe and New Directions programs. Moller, M.D. (2020, June 3). Demystifying the brain: understanding the connection between the brain, behavior, and recovery. WA State Health Care Authority, WISe and New Directions programs."

Faculty Publications/ Presentations cont.

Jennifer Thomas

Thomas, J. S. & Baumann, S. L. (2020). The loss of a parent to suicide in military families. *Nursing Science Quarterly*, 33(4), 339-345.

Thomas, J. S., Smart, D., Severtsen, B., & Haberman, M. R. (2021). The lived experiences of highly mobile military adolescent in search or their identity: An interpretive phenomenological study. *Journal of Adolescent Research* (in press).

Sharon Wallace

Roach, A. Lloyd-Penza, & Wallace, S. (2021). An innovative concept-based learning activity to identify and educate Veterans at-risk for amputation. *Nursing Education Perspectives*. doi: 10.1097/01.NEP.0000000000000779.

Wallace, S., Schuler, M., Kaulback, M., Baker, M., & Hunt, K. (2021, January). Nursing student experiences of remote learning during the COVID-19 Pandemic. Virtual Podium. J-Term Retreat, School of Nursing, Pacific Lutheran University, Tacoma, Washington.

Wallace, S. (2021, January). Incivility. Virtual Podium. J-Term Retreat, School of Nursing, Pacific Lutheran University, Tacoma, Washington.

Wallace, S. (2020, September). Classroom Incivility Updates. Virtual Podium. Faculty Development Day. School of Nursing, Pacific Lutheran University, Tacoma, Washington.

Wallace, S., Guerrero, L., & Wolfer, C. (2020, January). Acknowledging SoN incivility increases awareness of pivotal faculty role to interrupt the cycle of incivility. Poster. 15th Annual Seattle Nursing Research, Quality Improvement, & EBP Conference, Lynnwood, WA.

School of Nursing / Faculty and Student Accomplishments

Faculty Accomplishments/Extra-Curriculars

Cyndi Wolfer has earned her credentials in Online Teaching in Nursing Education.

Mary Moller's textbook, Potter and Moller, Psychiatric-Mental Health Nursing; From Suffering to Hope, 2nd edition received one of the prestigious American Journal of Nursing Books of the Year awards for the category of psychiatric-mental health nursing.

Jennifer Thomas earned her PhD in Nursing.

Rick Knowlton volunteers as an FNP provider once a month at the Trinity Presbyterian Health Clinic.

Student Accomplishments

1st Year PMHNP student Natalie Robbins was chosen as a 2020-2021 Lois Price Spratlen Foundation Scholar and received a competitive scholarship. This is the first time a PLU student has been selected. Congratulations Natalie!

Kristeen Seratt received funding from the Premera Rural Nursing Health Initiative for the fall semester to help with living expenses during her rural clinical rotation. Congratulations Kristeen!

Amanda Curkendall received a Daisy Award Nomination from a patient. Congratulations Amanda!

Anne Papoff-Wallace, one of our PMHNP DNP Students, was featured on an episode of "Nurse Blake". Anne was chosen because of her tireless efforts to serve the needs of the homeless population in the Puyallup area. The episode can be viewed here:

<https://youtu.be/0ynODyq8FNs> Congratulations Anne!

Charity Rominger and Julie Wesler, both ELM students in the graduate part of their program, were accepted into the Graduate Nursing Student Association (GNSA) Digital Innovator Program. This program is aimed at graduate students who in the future want to be nursing faculty. They were one of 15 pairs selected nationally. The program runs from November 2020 through August 2021 and concludes at the GNSA Conference in Washington DC. Congratulations Charity and Julie!

If you want to share any accomplishments, please send them to weiselt@plu.edu as we love to showcase all of your hard work!

Upcoming Events

March 10-12, 2021 – CCNE Accreditation Visit – DNP Programs

May 6, 2021 – Research Day: Keynote Speaker - Dr. Charleen Tachibana

May 6-12, 2021 – National Nurses Week

May 29, 2021 – PLU Commencement

Center for Continued Nursing Learning (CCNL)

The Center for Continued Nursing Learning(CCNL) at Pacific Lutheran University has opportunities for you to earn Contact Hours, Clock Hours, and also Rx hours online.

We have recently increased the number of our self-paced classes, perfect for the busy working professional.

Go to <https://www.plu.edu/ccnl/> to check out our new and improved web page and view our busy spring schedule.

Email ccnl@plu.edu for current PLU preceptor, student, and alumni discount codes.

Keeping Alumni Informed

We are proud of all of our alumni and would love to stay connected with you!

Check out our PLU School of Nursing Nurse Practitioner LinkedIn Page:
<https://www.linkedin.com/groups/13806095/>.

Also, if you want to share any accomplishments, please send them to weiselt@plu.edu as we love to showcase all of your hard work!