



# School of Nursing

Educating Lives of Service

## Message from Dean Habermann



Dear Faculty, Staff, Students and Alumni,

I welcome each and every one of you to the 2021-2022 Academic year at the PLU School of Nursing. As I write this message today, the breaking news is the FDA has given full approval to the Pfizer Covid-19 for people aged 16 and older. The scope of the Covid-19 pandemic never could have been imagined and for many of us who have been vaccinated for several months, we hope this approval will result in more adults seeking vaccination. PLU as a campus is requiring vaccination (with only

medical or religious exemptions) for students, faculty and staff. While numbers are still being counted, the percentages are appearing to be very high which is encouraging news. While the pandemic is far from over these recent developments are encouraging, as we strive to rebuild our sense of community this fall.

Last Spring, members of the leadership team in conjunction with faculty and staff delve into revising and revisioning our mission, vision and values statements as a foundation to shape strategic planning. The revised statements are included in this newsletter for your reading. There are a few key take-aways from the revisions. The School of Nursing has affirmed that a key purpose of nursing is the provision of health care to all people, groups and communities. Thus, at the school we are committed to ensuring a diverse, respectful learning environment where all perspectives are valued. We have reaffirmed our commitment to increasing faculty, staff and students from underrepresented groups. And as a profession, university and school we must face and take actions that confront forms of racism. These are the tasks we must take on, they are not easy tasks but rather essential tasks that we must engage in and commit to.

Barbara Habermann PhD RN FAAN  
Dean & Professor

## School of Nursing Mission

PLU SoN is dedicated to....

- Preparing nursing professionals to deliver safe and effective client-centered, family-centered, and community-based care, grounded in population health improvement and a global mindset
- Empowering students to become skilled leaders, educators, and scholars who are committed to planning for and addressing current and future healthcare needs
- Advancing the vision and mission of the university through interprofessional education and collaboration to foster innovation and change

## School of Nursing Vision

Pacific Lutheran University School of Nursing will be a nationally recognized program dedicated to improving healthcare for all by improving health equity and eliminating health disparities enacted through transformational nursing education, committed and responsive leadership, and meaningful scholarship.

## School of Nursing Guiding Principles

PLU SoN embraces the core values of:

- Compassion and kindness
- Competence
- Diversity, equity, and inclusion
- Excellence
- Respect and integrity
- Service
- Social Justice

## Update on the School of Nursing Clinical Learning and Simulation Center

Welcome to Fall 2021! Nurses are the healthcare frontline and during this pandemic PLU nursing labs have been very busy with educating essential individuals. We applaud you for taking on this healthcare profession.

There is a new normalcy with masking up and taking other precautions to mitigate the spread of germs. We ask you to be conscientious of other students and help stop the spread of germs; be diligent in wiping your areas with disinfectants, including beds, manikins, and other surfaces prior to departing class.

If you need extra lab time to practice skills please contact your lab instructor and check the lab availability to schedule a time that both you and your instructor can be present. You can find the current lab schedule posted outside each lab or on our Lab Operations website [www.plu.edu/nursing/lab-operations](http://www.plu.edu/nursing/lab-operations).

Please remember the supply chain is still lacking. Hospitals, clinics, and other healthcare institutions may have supply substitutions that provide the same or similar outcomes. Hopefully the days of wearing garbage bags for PPE are behind us; understand we are all working together to provide the best of what is available.

Our PLU Clinical Learning and Simulation Center has some amazing new training equipment and scenarios for you and we look forward to working with you this Fall.

Louise Reulbach  
PLU Nursing Lab Operations Manager

## Faculty Publications/ Presentations

### **Lorena Guerrero**

Guerrero, L.C. (2021). Pacific Lutheran University Center for Continued Nursing Learning. Introduction to Scholarly Writing Workshop #3. Virtual Invited Presentation.

Guerrero, L.C. (2021). Pacific Lutheran University Center for Continued Nursing Learning. Introduction to Scholarly Writing Workshop #2. Virtual Invited Presentation.

Guerrero, L.C. (2021). Pacific Lutheran University Center for Continued Nursing Learning. Introduction to Scholarly Writing Workshop #1. Virtual Invited Podium Presentation.

Guerrero, L.C., & Wallace, S. (2021). Rainier Olympic Nurses Association. Is Incivility the New Norm? Virtual, Invited Podium Presentation

### **Jodi Kushner**

Kushner, J. (2021). Faculty competency in nursing simulation education. Podium presentation. IMSH 2021, virtual conference.

### **Mary Moller**

Moller, M.D. (2021). Developing an international standard set of patient-reported outcome measures for psychotic disorders. *Psychiatric Services, in press*.

Moller, M.D. (2021, Apr 24). Sense and Sensibility: Teaching PMHNP Students the Ins and Outs of Billing and Coding. NONPF 467h Annual Conference. Denver, CO (held virtual). (REFEREED PEER REVIEW)

### **Jessica Schwinck**

Richardson KJ, Schwinck JL, Robinson MV. Organophosphate poisoning. *Nurse Pract.* 2021 Jul 1;46(7):18-21. doi: 10.1097/01.NPR.0000743328.87750.d7. PMID: 34138808.

### **Jennifer Thomas**

Thomas, J. S. (2021). The lived experiences of highly mobile military adolescents and their search for identity. [Doctoral dissertation, Washington State University] ProQuest Dissertations Publishing.

Thomas, J., Smart, D., Severtsen, B., & Haberman, M. (2020). The lived experiences of highly mobile military adolescents in search of their identity: An interpretive phenomenological study. *Journal of Adolescent Research.* (In Press)

# School of Nursing / Faculty, Staff, and Student Accomplishments

## Faculty and Staff Promotions

Dr. Jennifer Thomas has stepped into the position of ABSN Coordinator.

Amber Eggers has stepped into the position of Simulation Operations Specialist.

Dr. Mary Moller has been promoted to the rank of Professor.

## Faculty Accomplishments/Extra-Curriculars

Jennifer Thomas is currently conducting a research study on the impact of the pandemic on the lived experiences of highly mobile military adolescents.

Jessica Schwinck is the HRSA ANEW Grant Coordinator.

Tracy Holt was awarded the Dean Smith's Teaching Excellence Award for the 20-21 AY!

Richard Knowlton is now a Trauma Certified Registered Nurse!

Kayla Harvey successfully passed her dissertation defense for her PhD from the University of Washington School of Nursing!

## Student Accomplishments

Thank you to some of our DNP students who helped at another successful TPSD Sports Physical Health Fair on April 8<sup>th</sup>, 2021!



DNP Student, Lauren Phillips received the Premera Rural Nursing Health Initiative Grant. Congratulation's!

Ruth Carlson Award Recipient – Holly Steckman

Jessie Alice Gould Smith Master in Excellence Award Recipient – Charity Rominger

Maria Fulton Gould Doctor of Nursing Practice Excellence Recipient – Gurpal Chahal

If you want to share any accomplishments, please send them to [weiselt@plu.edu](mailto:weiselt@plu.edu) as we love to showcase all of your hard work!

## Faculty Highlight



***Dr. Mary Moller  
Professor and  
PMHNP Program  
Coordinator***

### **What new and exciting things are coming up this year?**

This year we have half of our second-year cohort comprised of Family Nurse Practitioners who are returning to school to complete the post-masters PMHNP certificate program. This is an indicator of the tremendous need for psychiatric providers in our region. We are excited that the 'word is out' about our post-master's certificate program and welcome any ARNP who is interested in adding a psychiatric-mental health specialization to their advanced practice nursing skill sets.

As we return from COVID our PMHNP program is converting to a hybrid model of education. We will be meeting in person the first week of each month and online synchronously in a distance learning format the other weeks. This will allow students to attend from outside the I-5 corridor and facilitate growth in our student numbers. It will also lessen the tremendous commute burden for our students located in Seattle, the Olympia region, and on the western regions of the Olympic Peninsula.

Our current third year students will be taking two new courses that are unique to the PLU PMHNP program: Treatment of Complex Trauma and Primary Care for Psychiatry.

### **Are there any recent accomplishments in the PMHNP program that you were involved with that you would like to share?**

When COVID arrived, we were able to nimbly adapt to the overnight closure of many clinical sites and adapted our program to fully online synchronous learning. We incorporated the new concept of teleprecepting and dramatically expanded our use of telemental health. We were able to place students with colleagues across the state and as far away as Ontario, Canada.

As our program grows and the number of graduates increases we are excited that our own graduates are now serving as preceptors for our current students. We have clinical partners throughout the south sound area including the Washington Corrections Center for Women and have expanded to surrounding counties. We are proud that we have had graduates actually 'replace' their current preceptors as those preceptors moved into different positions!

## Staff Highlight



***Amber Eggers  
Simulation  
Operations  
Specialist***

**Could you briefly explain what your new position will entail?** In Mid-July, I took on a new role and responsibility as the Simulation Operations Specialist. This new position transitions me out of the lab and into the simulation world, which will include the maintenance and operation of our high, mid, and low fidelity manikins, to create an immersive experience for our nursing students. This role will also encompass keeping track of inventory, helping create and prepare new scenarios and work with audio/visual equipment.

**Are there any exciting things coming up this academic year in regards to simulation?** In this upcoming academic year, simulation will start picking up as we launch the new curriculum. Exciting things to come include additional sim sessions, a new hybrid sim incorporating assessment and fundamentals in N308-involving an escape room idea, and finally getting to utilize our new debriefing rooms!

**How is simulation currently going?** Preparation for the upcoming year has been busy. We are getting inventory and equipment organized, which is always a big task, and the development of new scenarios, along with alpha/beta testing will take place at the end of summer. I am excited to see how the new scenarios and classes play out as we continue to grow the simulation center!

## Center for Continued Nursing Learning (CCNL)

CCNL is proud to offer a variety of educational offerings this fall.

### UPCOMING OFFERINGS

Transgender Healthcare Day for Providers (various community speakers)  
9/18/2021, Contact Hours available, (in person class)

Incivility in the Healthcare Workplace: Bullying and Bias  
9/25/2021 (subject to change), 1.5 Contact Hour (Zoom class)

### Fall Pharm Update

Kate Kennedy, ARNP-BC, T. Levi Lancaster, PharmD, BCPS, BCACP, Erik Gunderson, PharmD, BCPS, Lan K. Ly, PharmD, (in person class)  
10/2/2021, Contact Hours available, including Pharm Credits

### Introduction to School Nursing ESA

Shallae Hobbs, BSN, MN, RN, NCSN (virtual class with in person clinical lab)  
10/1/2021-10/30/2021, 24 Clock Hours

SBIRT and Motivational Interviewing Series, Carrie Ann Matyac DNP, ARNP, FNP-BC and DelRene Davis DNP, ARNP, (in person class)  
11/6/2021 & 11/13/2021, 3 Contact Hours each day

Many Self -Paced education modules, some for free!

### SCHOLARLY ARTICLES

Neuropsychological testing: A useful but underutilized resource  
0.5 Contact Hours by Dr Mary Moller DNP, PhD(h), ARNP, PMHCNS-BC, CPRP, FAAN

### ALSO, UPCOMING THIS FALL:

End of Life planning series:

Part 1 "The Death with Dignity Law, a Primer for Health Care Providers" Date TBD

Part 2, "End of Life Planning: Advanced Directives, Care options, and Conversations", Date TBD

### COMMUNITY PARTNERSHIPS:

ARNP's United of Washington State

Rainier Olympic Nurses Association (Formerly Pierce Co Nurses Association)

### REGISTRATION INFORMATION:

Registration discounts for students, most classes free for SoN staff and faculty.

To register please go to <https://www.plu.edu/ccnl/>

For questions please e-mail us at [CCNL@PLU.edu](mailto:CCNL@PLU.edu)



## Upcoming Events

September 7, 2021 – PLU Convocation

September 13-19, 2021 – Simulation Week

September 15, 2021 – Blessing of the Hands/White Coat Ceremony

October 2, 2021 - School of Nursing Clinical Learning and Simulation Center Dedication

September 28 – October 3, 2021 – PLU Homecoming and Family Week

November 7-13, 2021 – National Nurse Practitioner Week

December 11, 2021 – BSN Recognition Ceremony

## Keeping Alumni Informed

PLU Alumni, Shaina Ann Tupas Santonil was awarded the AANP Loretta Ford Centennial Scholarship. Congratulations!

A recent ELM graduate, Charity Rominger, completed her Graduate Nursing Student Association Digital Innovation Project and presented it virtually on 8/5/21. The project title was "Incorporating Grief and Resilience into Nursing Education". Learn more about it by following the link: <https://www.sites.google.com/view/grief-and-resilience/home?authuser=0>.

We are proud of all of our alumni and would love to stay connected with you!

Check out our PLU School of Nursing Nurse Practitioner LinkedIn Page:  
<https://www.linkedin.com/groups/13806095/>.

Also, if you want to share any accomplishments, please send them to [weiselt@plu.edu](mailto:weiselt@plu.edu) as we love to showcase all of your hard work!