KRISTINA R. HANSEN, DNP, FNP-C, PMHNP-BC

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PROFESSIONAL SUMMARY

Doctorally prepared, dual board-certified Family and Psychiatric-Mental Health Nurse Practitioner with over eight years of comprehensive primary care experience and active clinical practice in family medicine, collaborative care psychiatry, and residential behavioral health. Graduate clinical faculty at Pacific Lutheran University since 2019, providing advanced practice instruction, supervision, and mentorship to Nurse Practitioner students.

LICENSURE & CERTIFICATIONS

- Advanced Registered Nurse Practitioner – Washington State
- Board Certified Family Nurse Practitioner (FNP-C)
- Board Certified Psychiatric-Mental Health Nurse Practitioner (PMHNP-BC)
- BLS, ACLS, PALS, ATLS (Current)
- Critical Care Registered Nurse (CCRN-K), 2015

CLINICAL EXPERIENCE

Assistant Professor, Tenure Track Faculty – Pacific Lutheran University

August 2026 – Present

Tenure Track Faculty

Psychiatric Nurse Practitioner – MultiCare Behavioral Health

September 2024 – Present

- Conduct comprehensive psychiatric evaluations and medication management in residential and collaborative care settings
- Manage complex mood, anxiety, trauma-related, and substance use disorders
- Utilize standardized assessment tools including PHQ-9, GAD-7, and ISI to guide treatment planning
- Collaborate with primary care teams within an integrated behavioral health model
- Provide evidence-based care for high-acuity and medically complex patients

Family Nurse Practitioner – Sound Family Medicine

August 2017 – Present

- Deliver full-scope primary care across the lifespan
- Manage chronic conditions including diabetes, hypertension, hyperlipidemia, depression, and anxiety

- Provide preventive care aligned with USPSTF and national clinical guidelines
- Independently evaluate, diagnose, and manage acute and chronic illness
- Prescribe pharmacologic therapies, including controlled substances
- Lead quality improvement initiative focused on enhancing depression care management and standardized screening compliance
- Utilize electronic health record systems for documentation, panel management, and population health initiatives

Family Nurse Practitioner – 446 Aerospace Medicine Squadron (USAF Reserve)

September 2021 – Present

- Provide primary and readiness-focused care to military personnel
- Conduct operational health assessments and support medical readiness standards

Graduate Clinical Faculty (FNP) – Pacific Lutheran University

September 2019 – Present

- Provide clinical instruction and supervision for Family Nurse Practitioner graduate students
- Mentor students in advanced health assessment, diagnostic reasoning, and evidence-based pharmacologic management
- Evaluate student competency in clinical decision-making, documentation, and professional practice
- Integrate current clinical guidelines and evidence-based standards into experiential learning
- Collaborate with academic leadership and community preceptors to ensure student progression and clinical excellence

Registered Nurse – ICU/PCU, St. Clare Hospital

July 2013 – August 2017

- Delivered critical care nursing for high-acuity medical and surgical patients
- Served as Charge Nurse, providing team leadership and clinical oversight

EDUCATION

- Doctor of Nursing Practice (DNP) – Frontier Nursing University, 2025
- Post-Graduate Certificate, Psychiatric-Mental Health Nurse Practitioner – Frontier Nursing University, 2023
- Master of Science in Nursing (FNP) – Gonzaga University, 2017
- Bachelor of Science in Nursing – Pacific Lutheran University, 2013
- Community-Based Integrated Care Fellowship – UW Medicine, 2024–2025

- Sexual Assault Nurse Examiner (SANE) Fellowship – In Progress, Expected Completion June 2026