CURRICULUM VITAE Effective: July 10, 2025

GORDON F. WEST

BSN, APHN-BC, MHA, FACHE (R), PhD, LTC (R) US ARMY

Assistant Professor Pacific Lutheran University 12180 Park Avenue S. Tacoma, WA 98447

PERSONAL DATA

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EDUCATION & TRAINING

<u>School</u>	Location	Degree/Certificate	Year
Uniformed Services University of the Health Sciences	Bethesda, MD	PhD	2016
Baylor University	Fort Sam Houston	MHA	2006
McMurry University	Abilene, TX	BSN	1998

LICENSURE

Inclusive Years	<u>Licensure</u>	<u>Number</u>
2021-Present	WA	61114658

CERTIFICATION

Fellow, American College of Healthcare Executives (FACHE) (retired status)	2008
Ambulatory Care Nurse, ANCC	2009

PROFESSIONAL EXPERIENCE

<u>Year</u>	<u>Title</u>	<u>Institution</u>
2023-present 2023-present	Research Nurse Professional Nursing	The Geneva Foundation- Madigan Washington State Nursing Association
& Health Care Co	uncil	
- Research Board	Member	

2023-present	Board Member	Rainer Olympic Nurses Association
2022-present	Assistant Professor	Pacific Lutheran University
2021-2022	RN Care Manager	American Lake Veterans Affairs
2020-2021	Chief	CNSCI, Madigan AMC
2020-Present	Adjunct Faculty	Maryville University
2019-2020	Deputy Chief	CNSCI, Madigan AMC
2018-2020	Adjunct Faculty	Central Michigan University
2016-2019	Adjunct Faculty,	University of Hawaii School of Nursing
Assistant Professor	and Dental Hygiene	
2016-2019	Deputy Chief	CNSCI, Tripler
2014-2016	Nurse Scientist	Tripler Army Medical Center, HI
2011-2014	PhD GSN Student	USUHS, Graduate School of Nursing
2010-2011	Deputy Chief, PM	Kimbrough Army Hospital Ft. Meade, MD
2008-2010	Chief, APHN	Fort Belvoir Community Hospital, VA
2006-2008	Nurse Methods Analysis	Fort Campbell, KY
2005-2006	MHA Resident year	Fort Campbell, KY
2004-2005	MHA Student	US Army Baylor Program Fort Sam, TX
2003-2004	Assistant Head Nurse	31st Combat Support Hospital Balad, Iraq
2002-2003	Community Health	Fort Bliss, TX
2001-2002	Staff Nurse, ICU	121st Hospital Korea
2000-2001	Nurse, Step down	Madigan Army Hospital Fort Lewis, WA
1998-2000	Nurse, Medical/Surgical	Madigan Army Hospital Fort Lewis, WA

HONORS & AWARDS

<u>Year</u>	Award Title	Presented By
2023	Daisy Nomination	Pacific Lutheran University
2019	ANCA Nursing Research	Army Nurse Corps Association
2019	Excellence in Nursing Research	Defense Health Agency

RESEARCH/SCHOLARSHIP

Ongoing Research Support:

MAMC 391211 West (AI) 2020-Present Long-term effectiveness of the Performance Triad. The purpose of this study is to assess if efforts by the Army in 2 site to improve sleep, exercise, and nutrition have made an impact overtime.

MAMC 225028 West (AI/ Mentor) 2024-Present Planning for the battlefield of tomorrow: Assessing feasibility and effectiveness of Ultraviolet Light infection control in an Army field hospital without rapid air evacuation on injured patients. The purpose of this study is to assess current practices regarding infection control within the Army field hospital and determine if UV-C is effective at reducing the bacteria burden within the various settings of the field hospital.

Completed Research Support:

TAMC 19S16 West (PI) 2019-2022

Evidence Based Practices for Ultraviolet Disinfection in the Clinical Environment. The purpose of this project is to implement a compact, rapid cycle, and user friendly UV disinfection technology to enhance nursing practice and compliance with environmental cleaning standards outlined by the CDC.

MAMC 22- Exempt Determination West (AI) 2020-2022

Breaking the Chain of Infection: Ultraviolet Light to Disinfect Hospital Keyboards. The purpose of this EBP project is to assess bacteria presence before and after implementation of a UV angel UV-C device that mounts above the keyboard to determine if these devices reduce bacteria levels on keyboards in medical/surgical inpatient setting.

TAMC19N09 West (PI) 2019-2019

Bioburden Assessment of Surgical Instrument Cleanliness Post-Sterilization: A Pilot Study. The purpose of this study is to determine if the recommendations to remove and repeat the cleaning process on all instruments in a set if one is determined to show signs of being "dirty" is actually necessary.

TAMC 18H07 West (AI) 2017-2018

Nurse-Initiated Diaries Effect on Post-Critical Care PTSD: An Experimental Study. The purpose of this study is to evaluate the effectiveness of nurse initiated diaries in reducing PTSD symptoms in patients with critical care hospitalization.

TAMC 17S29 AAMTI West (PI) 2017-2018

Proof of Concept: Is UV Disinfection Technology for Vocera Hands-Free Communication Devices Effective at Reducing Bacterial Growth, and Do Staff Utilize It? The purpose of this study is to evaluate the effectiveness of UV disinfection technology on Vocera hands-free communication devices and to determine if staff utilizes the technology.

PUBLICATIONS

West, G.F., Patrician, P.A., & Loan, L. (2012). Staffing Matters- Every Shift. American Journal of Nursing, Dec; 112(12):22-7; discussion 28.

West, G.F., Hayden, M.R., & Benjamin, C.R. (2013). Accuracy of Adults' Perception of Childhood Obesity in a Military Environment. Public Health Nursing, Jul; 30(4): 343-50.

West, G.F., Cafferty, L.A., Ledford, C.J. (2013). Assessing Psychosocial Differences in Stages of Change: An Analysis of Military Healthcare System Patients with Type 2 Diabetes. Military Medicine, Aug; 178(8): 875-9.

Lystrup, R., West, G.F., Ward, M., Hall, J., Stephens, M. (2015). Exploring the impact of a pedometer on body composition and physical fitness in a cohort of U.S. military medical students: a pilot study. Military Medicine, Jan; 180(1): 23-5.

Lystrup, R., West, G.F., Ward, M., Hall, J., Stephens, M. (2016). Pedometry to Prevent Cardiorespiratory Fitness Decline in Military Medical Students- Is it Effective? Military Medicine. Oct; 181(10): 1235- 1239.

- Jinbo, J., Lustik, M., West, G.F., Kloetzel, M. (2017). Use of Rifapentin and Isoniazid Directly Observed Therapy for the Treatment of Latent Tuberculosis Infection (LTBI) in a Military Medicine. Military Medicine. September/October; 182(9/10): e2024- e2029
- West, G. F. & Jeffery, D. (2018). Utilizing Selected Social Determinants and Behaviors to Predict Obesity in Military Personnel. *Public Health Nursing*, 10.1111/phn.12383
- West, G.F., Rose, T., Throop, M.D. (2018). Assessing Nursing Interventions to Reduce Patient Falls, *Nursing*, 48(8), 59-60.
- West, G.F. & Rose, T. (2018). Ensuring Capability to Provide Safe Patient Care Prior to Occupying Renovated Clinical Area, *Health Environments Research & Design Journal*, 11(4), 111-115, doi.org/10.1177/1937586718779242
- West G.F., Resendiz M., Lustik M.B. (2018). Assessing hand hygiene attitudes of inpatient nursing personnel in a US military hospital, *Journal of Hospital Infection*, 100(2), 214-217, doi: 10.1016/j.jhin.2018.05.012.
- West G.F., Resendiz M., Lustik M.B., Nahid, M.A. (2018). Comparing Colony Forming Units in Inpatient Nurses: Should Military Nurses Who Provide Patient Care Wear Hospital- Provided Scrubs? *Infection Control & Hospital Epidemiology*, 39 (11), 1316-1321, doi:10.1017/ice.2018.212
- West G.F., Resendiz M., Lustik M.B., Nahid, M.A. (2019). Bacterial Contamination of Military and Civilian Uniforms in an Emergency Department. *Journal of Emergency Nursing*, 45(2), 169-177, doi: 10.1016/j.jen.2018.10.005
- Resendiz, M., Lustik, M.B., Conkright, W.R., West, G.F. (2019). Standing Desks for Sedentary Occupations Assessing Changes in Satisfaction and Health Outcomes after Six Months of Use. *Work: A Journal of Prevention, Assessment & Rehabilitation, 63 (3), 347-353, doi: 10.3233/WOR-192940*
- Resendiz, M., Horseman, T.S., Lustik, M.B., Nahid, M.A., West, G.F. (2019). Comparative Effectiveness of Rapid Cycle Ultraviolet Decontamination to Chemical Decontamination on High Touch Communication Devices. *American Journal of Infection Control*, 47 (99), 1135-1139 doi: https://doi.org/10.1016/j.ajic.2019.02.022

Resendiz, M., Horseman, T.S., Hover, A.J., Bradley, D.F., Lustik, M.B., West, G.F. (2020). Assessment of Surgical Instrument Bioburden After Steam Sterilization: A Pilot Study. *American Journal of Infection Control*, 48 (2), 219-221, doi: 10.1016/j.ajic.2019.08.018.

Torres, L., Nelson, F., West, G. (2020). Exploring the Effects of a Nurse-Initiated Diary Intervention on Post–Critical Care Posttraumatic Stress Disorder. *American Journal of Nursing*, 120(5), 24-33, doi: 10.1097/01.NAJ.0000662804.81454.66.

Blanchard, D. M., Resendiz, M., Lustik, M. B., & West, G. F. (2022). Limited impact of an ultraviolet disinfection intervention on hygienic behaviors of nursing staff in a military hospital. Infection control and hospital epidemiology, 43(6), 797–799. https://doi.org/10.1017/ice.2021.118

Resendiz, M., Blanchard, D. M., Lustik, M. B., Horseman, T. S., & West, G. F. (2022). Effect of SARs-CoV-2 pandemic on infection prevention behaviors and bacterial burden of high touch surfaces in a medical/surgical setting. Scientific reports, 12(1), 5561. https://doi.org/10.1038/s41598-022-09548-4

Resendiz M., Blanchard D., West G.F. (2023). A systematic review of the germicidal effectiveness of ultraviolet disinfection across high-touch surfaces in the immediate patient environment. Journal of Infection Prevention. 2023;0(0). doi:10.1177/17571774231159388

Nicole M. Nelson, Anna Aceto, Gordon F. West. (2023). New patient privacy curtains to provide passive infection prevention, Infection Prevention in Practice, 5(3), doi.org/10.1016/j.infpip.2023.100291.

Gordon F. West. (2025). A validation experiment: Utilizing ultraviolet light to disinfect high use nursing equipment, *American Journal of Infection Control*, 53(5), 548-551, https://doi.org/10.1016/j.ajic.2024.12.017.

PRESENTATIONS

Rose, T., West, G.F., Troop, M. (2016). Preparation for Clinical Relocation (Poster Presentation). Phyllis J. Verhonick Conference San Antonio, TX

Rose, T., West, G.F., Troop, M. (2016). Consistent Interventions and Use of "Teach-Back" Patient Education in the Reduction of Falls (Poster Presentation). Phyllis J. Verhonick Conference San Antonio, TX

West, G.F. (2016). Exploring bacterial growth on hospital uniforms (Podium Presentation). Leadership in Action American Organization of Nurse Executives Conference Honolulu, HI.

West, G.F., Lustik, M., Mimori, A., Menendez, R. (2017). Assessing Nursing Satisfaction & Usability of Hands Free Communication (Poster Presentation). TSNRP Research and Evidence-Based Practice Dissemination Course Ellicott City, MD.

West, G. F., Resendiz, M., Lustik, M., Nahid, M. (2017). Comparing Bacterial Growth on Inpatient Nursing Hospital Uniforms (Poster Presentation). Leadership in Action American Organization of Nurse Executives Conference Honolulu, HI

- West, G. F., Resendiz, M., Lustik, M., Nahid, M. (2018). Comparing Bacterial Growth on Inpatient Nursing Hospital Uniforms (Poster & Podium Presentation). TriService Nursing Research Program Dissemination Course. San Antonio, TX.
- West, G.F., Resendiz, M. (2018). Describing Bacterial Content on Inpatient Nursing Uniforms (Podium Presentation). Sigma 29th International Nursing Research Conference. Melbourne, Australia.
- West, G.F., Resendiz, M., Lustik, M., Nahid, M. (2018). Identifying infectious contamination of military uniform in a hospital setting (Poster Presentation). Academy of Medical-Surgical Nurses Annual Convention, Lake Buena Vista, FL.
- West, G.F., Resendiz, M. (2018). Bacterial contamination of military and civilian uniforms in an Emergency Department (Poster Presentation). Army Nurse Corp Association, San Antonio, TX.
- West, G.F., Resendiz, M., Lustik, M., Horseman, T. (2019). Effectiveness of Rapid Cycle Ultraviolet Disinfection for Hospital Communication (Podium Presentation). TriService Nursing Research Program Dissemination Course. San Diego, CA.
- West, G.F., Resendiz, M., Lustik, M., Horseman, T. (2019). Bacterial contamination of military and civilian uniforms in an emergency department (Podium Presentation). TriService Nursing Research Program Dissemination Course. San Diego, CA.
- Hover, A., Resendiz, M., Horseman, T., West, G.F. (2019). Bioburden Assessment of Surgical Instrument Cleanliness Post-Sterilization: A Pilot Study (Podium/Poster Presentation). TriService Nursing Research Program Dissemination Course. San Diego, CA.
- Chang, C., Lawrence, N., West, G.F. (2019). Comparing Nurse Staffing Perception to Workload Metrics within Tripler Army Medical Center (Podium/Poster Presentation). TriService Nursing Research Program Dissemination Course. San Diego, CA.
- Blanchard, D., Resendiz, M., West, G.F. (2019). A Review of Literature: Ultraviolet Disinfection in the Clinical Environment (Podium/Poster Presentation). TriService Nursing Research Program Dissemination Course. San Diego, CA.
- Allen, M., Resendiz, M., West, G.F. (2019). Patient privacy curtains in relationship to hand hygiene: Exploring behaviors and bacteria (Podium/Poster Presentation). TriService Nursing Research Program Dissemination Course. San Diego, CA.
- West, G.F. (2020). Dirty little secrets: High touch surfaces within the healthcare environment (Podium Presentation). LTC Juanita Warman Nursing Excellence Conference. Tacoma, WA.

Bradley, D.F., Hover, A., Resendiz, M., Horseman, T., West, G. F. (2020). Do contaminated instruments pose a risk to clean instruments in a set? (Poster Presentation). Virtual AORN Global Surgical Conference & Expo. Anahelm, CA.

West, G.F. (2020). Interim Results: Ultraviolet Disinfection in the Clinical Environment. (Podium Presentation). Virtual Madigan Research Day. Tacoma WA.

Nelson, N.M., Aceto, A, West, G.F. (2023). Patient Privacy Curtains, Danger Hanging in Plain Sight (Poster Presentation). TriService Nursing Research Program's 2023 Research and EBP Dissemination Course. San Antonio, TX.

Lucciola, Megan E.; Miller, Justin L.; Swiger, Pauline A.; Orina, Judy A.; Miley, Jennifer H.; West, Gordon F.; Patrician, Patricia A. (2024). Data to Support Decisions: MHS Genesis and a National Nursing Database (Podium Presentation). TriService Nursing Research Program's 2024 Research and EBP Dissemination Course. San Antonio, TX.

Blanchard, D., Resendiz, M., West, G.F. (2024). Ultraviolet Disinfection in the Clinical Environment (Poster Presentation). Pacific Lutheran University Nursing Research Day. Tacoma, WA.

Orina, J.A., Miley, J.H., Miller, J.L., Lucciola, M.E., Swiger, P.A., West, G.F., Patrician, P.A. (2024). Lessons learned during an initiative to participate in a National Nursing Database (Poster Presentation). SOCRA 33rd Annual Conference, Las Vegas, NV.

West, G.F. (2025). Evidence Based Practices for Ultraviolet Disinfection in the Clinical Environment. TSNRP Early Career Investigator Coaching (ECIC) & Fellowship Program (Invited Virtual Podium Presentation). Bethesda, MD.

Miller, J.L., West, G.F., Orina, J.A., Miley, J.H., Lucciola, M.E., Swiger, P.A., Patrician, P.A., Li, P. (2025). Data to support decisions: MHS Genesis and a National nursing database (Virtual Presentation). TSNRP Early Career Investigator Coaching Program. Bethesda, MD.

West, G.F. (2025). Are Nurses Happy? Exploring Satisfaction with the practice environment in different military treatment facilities. TSNRP Dissemination Course (Podium Presentation). San Antonio, TX.

West, G.F, Park, C. (2025). Training Faculty on Simulation and monitoring student satisfaction. Seattle Nursing Research Consortium (Poster Presentation). Renton, WA.

MEMBERSHIP IN PROFESSIONAL ORGANIZATION

<u>Years</u> <u>Organization</u>

1998-present Sigma Theta Tau

2006-present Fellow, American College of Healthcare Executives

2018-present American Nurses Association

2023-present Rainier Olympic Nurses Association/ Washington State

Nursing Association

2022-present Military Officers Association of America

2022-present Army Nurse Corps Association

Manuscript Review

American Journal of Infection Control

Public Health Nursing

Nursing Outlook

Health Environments Research & Design Journal

Journal of Dentistry and Dental Medicine

Germs

Journal of Pure and Applied Microbiology (JPAM)

Military Behavioral Health

Military Medicine

Epidemiology and Infection

BMC Infectious Diseases