

LYNDA BYER, RN, MS

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EDUCATION

Master of Science, Public Health Nursing

University of Illinois, Chicago, Illinois

Bachelor of Science in Nursing (Cum Laude)

University of Michigan, Ann Arbor, Michigan

LICENSURE

Registered Nurse (RN)

Washington State License #61385048

ACADEMIC APPOINTMENTS

Pacific Lutheran University, School of Nursing

Parkland, Washington | 2023–Present

Full-Time Faculty, Pre-Licensure Nursing Program

Teaching Responsibilities

- Nursing Foundations and Health Promotion (Didactic Course)
 - Three-hour classroom instruction for first-semester nursing students
- Community Health Nursing Clinical Instructor
 - Clinical supervision and evaluation of undergraduate nursing students across diverse community-based settings
- Graduate Student Preceptor
 - Mentorship of Master of Science in Nursing students with interests in nursing education and public health

Leadership and Service

- Coordinator, Tribal Health Initiatives
 - Developed and maintained collaborative partnerships with the Puyallup (Takopid) community

- Coordinated STEM programming initiatives between the School of Nursing and tribal partners
 - Lead Faculty, Tribal Health Team for graduate nursing students
 - Facilitated development of additional tribal community partnerships
- Coordinator, Blessing of the Hands Ceremony
 - Organized and led first-semester pre-clinical professional formation ceremony

Dominican University

San Rafael, California | 2012–2013

Clinical Instructor, Community Health Nursing

- Provided clinical supervision and evaluation of senior BSN students during Community Health Nursing rotations
- Developed and established new community clinical placements in local high schools

Oakland University

Rochester, Michigan | 1987–1988

Clinical Instructor, Community Health Nursing

- Provided clinical instruction, supervision, and evaluation of senior BSN students in community health settings

University of Illinois

Chicago, Illinois | 1980–1984

Instructor, School of Nursing – Public Health

- Provided clinical supervision and evaluation of undergraduate nursing students
- Served as Research Assistant supporting OSHA-funded occupational health research projects

PROFESSIONAL EXPERIENCE

Collabria Care / Adventist Health St. Helena Hospital

St. Helena, California | 2012–2022

Program Manager, Hospital to Home Program

Contracted to reduce hospital readmissions and improve care transitions for a 150-bed acute care hospital.

Program Development and Outcomes

- Designed and implemented a post-acute care transition program based on readmission analytics
- Developed educational tools targeting high-risk diagnoses including Heart Failure, COPD, Pneumonia, CABG, and AMI
- Achieved hospital readmission rates consistently below state and national benchmarks
- Contributed to elimination of readmission penalties for Heart Failure, COPD, and Pneumonia during tenure
- Led quality improvement initiatives resulting in no CABG or AMI penalties during the final three years of the program

Community Partnerships

- Established and strengthened collaborative relationships with rural health clinics serving under-resourced populations
- Created clinical learning experiences for Pacific Union College RN-BSN students

Quality Improvement Initiatives

- Developed and implemented "Move to Heal" mobility program
- Led hospital-wide Oral Care Campaign resulting in a 30% reduction in pneumonia cases
- Facilitated development of inpatient Palliative Care Program
- Led participation in the Palliative Care Quality Collaborative (PCQC)
- Increased discharge referrals to hospice and community palliative care by 40%
- Reduced length of stay among palliative care patients by 0.5 days

Leadership

- Developed and directed annual Certified Nursing Assistant (CNA) Symposiums
- Chaired Readmission Reduction Task Force

Michigan Department of Community Health

Michigan | 2001–2011

Coordinator, Adolescent Sexually Transmitted Infection Screening Project

- Managed STI screening programs at 15 school-based health centers and nine juvenile detention facilities
- Developed research protocols and web-based data management systems
- Served as member of the Infertility Prevention Project Alliance
- Managed project budgets and quarterly reporting requirements

Michigan Public Health Institute

Michigan | 2010–2011

Nurse Consultant – CDC-Funded Project Connect Grant

- Developed referral systems to improve adolescent access to reproductive health services
- Provided clinical consultation and site development support

Oakland County Health Division

Pontiac, Michigan | 1999–2011

Special Health Services Coordinator

- Directed MDCH-funded Adolescent Screening Project
- Managed grant-funded STI screening and treatment programs for at-risk adolescents
- Oversaw project budgets and reporting requirements

Oakland County Health Division

Pontiac, Michigan | 1993–1999

Public Health Nurse

- Provided immunization, influenza, sexually transmitted infection, and HIV services
- Delivered community-based public health nursing care

SCHOLARLY PRESENTATIONS

National Presentations

- National Quest Meeting (2015, 2020, 2021)
- National STD Prevention Conference (2000, 2002, 2004, 2006, 2008, 2010)
- National Association of School-Based Health Care Annual Conference (2008, 2011)
- National Public Health Institute Conference (2011)

Regional and State Presentations

- Michigan Premier Public Health Conference (2004, 2011)
- Michigan STD & HIV Annual Conference (1999, 2001, 2007)
- Regional CDC Conference: Addressing STDs within the Juvenile Justice System (2002)
- Michigan Juvenile Detention Association Conference (2000, 2001, 2002)
- Region V Infertility Prevention Project Conference (2003, 2009)

HONORS AND AWARDS

- Innovation Award Grant, Adventist Health (2014)
 - “It Takes a Village” Award, Michigan Department of Community Health (2006)
 - Staff Worker of the Year, Michigan Juvenile Detention Association (2001)
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PROFESSIONAL AREAS OF EXPERTISE

- Public Health Nursing
 - Community Health Nursing
 - Nursing Education
 - Clinical Instruction
 - Population Health
 - Care Transitions and Readmission Reduction
 - Quality Improvement
 - Adolescent Health
 - Sexually Transmitted Infection Prevention and Screening
 - Palliative Care Program Development
 - Community Partnership Development
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