

Curriculum Vita

Name: Mary Ellen Biggerstaff

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Licensures:

Washington RN and ARNP

American Academy of Nurse Practitioners Family Nurse Practitioner
Certification #0021792 Expires June 2029

EDUCATION

University of California at Berkeley	MPH	2020
Duke University Johnson & Johnson	Fellow	2016
Frontier Nursing University	DNP	2015
Frontier Nursing University	MSN	2009
South Puget Sound Community College	ADN	2004
Mount Holyoke College	BA	2000

PROFESSIONAL EXPERIENCE

Academic Appointments

2024-Current	Pacific Lutheran University, Parkland, WA. Associate Professor & FNP Chair
2014 – 2024	Frontier Nursing University, Versailles, KY. Assistant Professor
2019- Current	Summit Pacific Family Medicine Residency. Elma, WA. Faculty
2012 - 2014	Washington State University, Vancouver. Clinical Faculty

CLINICAL POSITIONS

2009 – present Summit Pacific Medical Center. Elma, WA. Family Nurse Practitioner. Started as a new graduate NP. Worked full time through 2019, now employed per diem. I have worked as a full scope family nurse practitioner and as a hospitalist at the critical access hospital. Also served as Clinic Medical Director and Medical Staff president

2019- present Olympia Buprenorphine Clinic. Olympia, WA. Family Nurse Practitioner

2020-2022 Birds Eye Medical. Public Health Director. Served as a clinical and public health expert as well as coordinator for county based Covid vaccine and testing projects, including mass vaccination and mobile vaccination teams.

2010-2018 Providence Mother Joseph Care Center. Olympia, WA. FNP

2004-2009 Providence St. Peters Hospital. Olympia, WA. RN in Oncology

INTERNATIONAL EXPERIENCE

2025 Volunteer for Peace Corps Virtual Volunteer Program with Eswatini Southern Nazarene University

2025 Visiting lecturer at Szechuan University in Chengdu, China

2019 Visiting Faculty. Hue University, Vietnam through Health Volunteers Overseas. Taught classes on advanced practice nursing, medical terminology, and evidenced based practice.

2017 Organized a volunteer activity for clinical NP students to work with recent immigrants to the U.S. through International Rescue Committee

2015 Volunteer. Spent one year creating a database of Evidence Based Practice education for use by volunteers in Medical Teams International

2012 Medical Spanish Certification course in Dominical, Costa Rica

1996 Volunteer for three months in Mexico at a Children's Foster Home.

PROFESSIONAL COMMITTEES AND SERVICE

2026-Current Pacific Lutheran University, Curriculum Committee

2025-Curent Pacific Lutheran University, Global Education Committee

2024-Current Pacific Lutheran University, RAD Committee

2023-2026 AANP International Committee

2023-Current ARNP Provider Liaison for WSMA Better Prescribing

2022-2024 Frontier Nursing University, Curriculum, DEI & Rank Committee

2019-2023 HRSA National Advisory Council on Nurse Education and Practice

2019 Washington State Nurses Association, Professional Nursing Committee

2019 Faculty Mentor at the National Hispanic Nurses Association Conference

2018-2023 Board Member, One Nurse At A Time

2017-Current Board Member & Treasurer, ARNPS United of Washington

PRESENTATIONS

September 2015, DNP National Conference, "Implementing an interpreter system at a rural health care center"

October 2018, "Advocating for our immigrant patients". Frontier Nursing University. Faculty meeting

October 2019, "Experience at low barrier medication assisted treatment clinic" Frontier Nursing University. Faculty meeting

June 2020 "Appropriate Use of Interpreter Services" American Academy of Nursing Practice (Accepted)

August 2020 "A qualitative inquiry into international advance nursing practice" International Council of Nurses Advanced Practice Nursing Conference (Accepted)

November 2021, "Global Health Nursing Policy: A history through key documents and institutions" International Council of Nurses Congress 2021

September 2022, "Being a Nurse Advocate for your Immigrant and Refugee Patients". Diversity and Equity Speaker Series. University of Texas Health Sciences

September 2022, "White Savior Syndrome and Nursing Ethics" Panel Presentation at International Philosophy of Nursing Conference

November 2022, "Opiate & Substance Use Disorder", 3 Hour CME for Premiere CME
February 2023 "Chronic Pain, Treatment and Management", 3 Hour CME for Premiere CME

March 2023, "Nursing Advocacy for Immigrant Patients" Sigma Theta Tau Invited Speaker at St. Xavier Nursing University

July 2023, "An Ethical Comparison of Cross Cultural Training" International Council of Nurses Poster presentation.

September 2024, "A Scoping Protocol for Global Nurse Prescribing for Opiate Use Disorder" - International Council of Nurses Advance Practice Conference, Aberdeen Scotland

October 2024, "Pharmacology for Substance Use Disorder" ARNPS United of Washington Annual Conference. Issaquah, WA

July 2025, "Comparative Analysis of Nurse and Non-Nurse Prescribing of Controlled Substances: A Review of National and State-Level Data" Sigma Theta Tau International Research Congress. Seattle, WA.

October 2025, "Caring for Immigrant Patients" ARNPS United Regional Annual Conference, Bellevue, WA

November 2025, "Fentanyl Use Disorder" National Correctional Health Care Conference. Baltimore, Maryland

April 2026, "Global Nurse Prescribing for Opiate use Disorder." International Nurses Society on Addictions Conference. Seattle, WA

June 2026. 3 Hour Podium Presentation. "Pharmacology for Substance Use Disorder". AANP Conference, Las Vegas, NV

June 2026, 1 hour Podium presentation "Emerging Substance Use Disorders. AANP Conference, Las Vegas, NV

September 2026, Accepted Presentation, "Advance Practice Nursing in China" ICN NP Conference, Nashville, TN

AUTHOR

Mary Ellen Biggerstaff, Kratom Use. Journal of Substance Use Nursing. Accepted July 2026

Mary Ellen Biggerstaff, "Substance Use and Addiction Medicine". Chapter for Advanced Practice Pharmacology. Anticipated 2027

Biggerstaff, M.E. (2025) Radical Nurses, Bildung Press: Olympia, WA

Biggerstaff, M. E., & Miker, K. (2025). Fentanyl Use Disorder: A Guide for Nurse Practitioners. *The Journal for Nurse Practitioners*, 21(3), 105315.r

Mary Ellen Biggerstaff, [Selected Policy Issues in Advanced Practice Nursing Education](#)

July 2026 Health Policy for Advanced Practice Nursing: A Toolkit for Implementation and Improvement. Spring Publishing

Mary Ellen Biggerstaff, "Substance Use and Addiction Medicine". Chapter for Advanced Practice Pharmacology. Published 2024

Mary Ellen Biggerstaff, Continuing Medical Education, Premiere CME. 2022-2025

Mary Ellen Biggerstaff, "Forensic Nursing" Chapter for Advanced Practice Emergency Nursing. Anticipated Publication 2023.

Mary Ellen Biggerstaff, "The Importance of Community Partnerships in Nonprofit and Business Responsiveness to COVID-19; Success Stories From the Field. Journal of Humanistic Psychology. <https://doi.org/10.1177/0022167822111389>

Mary Ellen Biggerstaff, Summit Pacific Clinical Guidelines, (2018). Published internally and approved by Medical Staff to guide clinical care at Summit Pacific Hospital System

Biggerstaff, M. E., & Short, N. (2017). Evaluation of specialist referrals at a rural health care clinic. *Journal of the American Association of Nurse Practitioners*, 29(7), 410-414.

Biggerstaff, M. E., & Skomra, T. S. (2020). Nurses as Immigrant Advocates: A Brief Overview. *Online Journal of Issues in Nursing*, 25(2).

Mary Ellen Biggerstaff (2019) "Nursing in Vietnam" Global Nursing Caucus Newsletter

Grants

Interfaith America's Faith in Health Professions Campus Grant. 60,000\$