

Stephen Mitchell MPA, BSN, RN
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Work Experience

Pacific Lutheran University School of Nursing, Lynwood WA

9/25 – Current

Clinical Instructor

Teaching Academic Year 25-26

- Taught in the undergraduate nursing mental health theory & clinical courses
 - NURA 315 Mental Health Theory
 - NURA 316 Mental Health Clinical
- Taught in the undergraduate lab practicum
 - NURA 316 Lab Course

Service Academic Year 24-25

- Served on the Scholarship Committee
- Served on the School of Nursing Operations Committee
- Served as the Course Coordinator in Spring 2026 for NURA 316

Seattle University College of Nursing, Seattle WA

9/22 – 8/25

Assistant Teaching Professor

Teaching Academic Year 24-25

- Taught in the undergraduate nursing mental health theory & clinical courses
 - 3390 Mental Health Theory
 - 3391 Mental Health Clinical
- Taught in the undergraduate senior practicum & leadership synthesis courses
 - 4520 Senior Synthesis
 - 4790 Transition to Professional Practice
 - 4791 Transition to Professional Practice Clinical

Service Academic Year 24-25

- Served on the Faculty Search Committee as a co-chair
- Served on the BSN/Diagnostic Ultrasound Curriculum & Evaluation Committee
- Served on College of Nursing Faculty Staff Assembly
- Served on the University Term Faculty Committee
- Served as the BSN Content Lead for Mental Health & Senior Synthesis Courses

Teaching Academic Year 23-24

- Taught in the undergraduate nursing mental health theory & clinical courses
 - 3390 Mental Health Theory
 - 3391 Mental Health Clinical
- Taught in the undergraduate senior practicum & leadership synthesis courses
 - 4520 Senior Synthesis
 - 4790 Transition to Professional Practice
 - 4791 Transition to Professional Practice Clinical

Service Academic Year 23-24

- Served on the Faculty Search Committee as a co-chair
- Served on the BSN/Diagnostic Ultrasound Curriculum & Evaluation Committee
- Served on College of Nursing Faculty Staff Assembly
- Served on the University Term Faculty Committee
- Served as the BSN Content Lead for Mental Health & Senior Synthesis Courses
- Engaged in additional service work by contributing to the Faculty Workload task force group

Teaching Academic Year 22-23

- Taught in the undergraduate nursing mental health theory & clinical courses
 - 3390 Mental Health Theory
 - 3391 Mental Health Clinical

Service Academic Year 22-23

- Served on the Faculty Search Committee
- Served on Faculty Staff Assessmby
- Engaged in additional service work by contributing to the Faculty Workload task force group

Swedish Medical Center/Providence, Seattle WA

1/25- Current

Staff Nurse ECT unit

- Direct patient care for behavioral health, drug/alcohol & medical complex patients
- Support patients through their diagnosis by provided information and nursing support as needed

6/23 – 1/25

Staff Nurse- per diem (Behavioral Health & ECT units)

- Direct patient care for behavioral health, drug/alcohol & medical complex patients
- Support patients through their diagnosis by provided information and nursing support as needed

Lakeside Milam Recovery Center, Kirkland WA

5/24 – Current

Staff Nurse- part time

- Direct patient care for behavioral health, drug/alcohol patients
- Support patients through their diagnosis by provided information and nursing support as needed

Guardian Nurses Healthcare Advocates, Seattle WA

1/20 – 8/22

Nurse Advocate/Mobile Care Coordinator

- Coordinate care for behavioral health, drug/alcohol & medical complex patients
- Assist patients with accompanying them to provider appointments
- Schedule appropriate at home visits to ensure care is appropriate
- Visit patients in the hospital to support hospital staff with the specific treatment plan
- Manage the patient's complex care by scheduling appointments, labs and tests based on the treatment plan
- Support patients through their diagnosis by provided information and telephonic nursing support as needed

University of California, San Francisco/Langley Porter Psychiatric Hospital & Clinics, San Francisco, CA

12/18 – 8/19

Nurse Manager- Inpatient Adult Psychiatric Unit

- Directly supervised approximately fifty nursing staff
- Managed scheduling for all unit nursing staff and payroll
- Assisted in the preparation of the Joint Commission survey
- Managed the nursing staff development including mandatory education/competencies and other requested training by hospital administration
- Hired and terminate nursing personnel
- Managed unit quality assurance program and assist with other hospital quality projects
- Assisted in the management of the referral and admission process to the hospital
- Developed new process strategy using Lean principals for admissions to the unit
- Implemented a process for suicide screening

MultiCare Health Systems, Tacoma WA

1/18 – 11/18

Clinical Director- Inpatient Psych Units

- Managed three inpatient psych units: adolescent; adult; and geriatric (adolescent unit at Tacoma General and the adult & geriatric units at Auburn Medical Center)
- Managed budget and monthly financials for the three units
- Managed educational projects for all inpatient psych units including Trauma Informed Care Implementation
- Assisted in the development of programming, patient satisfaction surveys and patient improvement projects for the units
- Assisted in management of the intake process for all three units
- Assisted in system wide Code Gray policy implementation and development for the health system

Navos Mental Health Solutions Affiliate of MultiCare Health Systems, Seattle WA**5/14 - 1/18*****Director of Clinical Administration: 8/16 – 1/18***

- Assisted the agency's Chief Clinical Officer in major clinical projects through out the agency including:
 - PreManage/EDIE (software for patient tracking) with Adult Outpatient
 - Implementation of LOCUS/CALOCUS (assessment tool) into all of the outpatient programs
 - Development of the agency clinical super users
- Managed integrated care efforts with cross collaboration teams of Public Health and Project Handle staff
- Managed/assisted in the clinical outpatient policy revision & updating
- Assisted in patient satisfaction/experience quality project in the agency's hospital
- Managed the implementation of Tele-psychiatry
- Managed the Outpatient and Children's Residential Nursing Departments

Nurse Manager: 5/14 - 8/16

- Directly supervised approximately seventy nursing staff
- Managed scheduling for all unit nursing staff and payroll
- Assisted and manage Department of Health, Joint Commission and Division of Mental Health surveys and managed unit quality assurance program
- Performed staff annual performance reviews
- Managed the nursing staff development including CPR class, mandatory education and other requested training by hospital administration & managed hospital wide nursing orientation
- Hired and terminate nursing personnel
- Assisted in the management of the referral and admission process to the hospital

Community Psychiatric Clinic, Seattle WA**12/13 - 5/14*****Nursing Supervisor***

- Managed a team of healthcare professionals with 24 hour accountability (LPNs and Case Managers)
- Managed the coordination of care for all patients
- Assisted in the referral and admission process to the facility
- Managed Department of Health and CARF audits with regulatory compliance
- Hired and terminated nursing personnel and managed all annual reviews

Northwest Hospital/UW Medicine, Seattle WA**12/05 - 7/14*****Clinical Coordinator (Geropsychiatric Unit): 10/10 - 11/13***

- Supervised approximately thirty nursing staff with 24 hour accountability
- Managed scheduling all unit nursing staff and assisted with payroll auditing
- Assist with unit's utilization review process, intake and admission process to the unit

- Assisted with Department of Health, Joint Commission and Division of Mental Health surveys and managed the unit's quality assurance program
- Performed annual staff performance reviews and probationary reviews
- Assisted with selecting and hiring nursing staff

Staff Development Coordinator: 3/12 - 3/13

- Managed the nursing staff development including CPR class, mandatory education and other requested training by hospital administration
- Managed hospital wide nursing orientation, nursing residency, nursing contact hour programs and hospital wide de-escalation education (CPI)
- Assisted with Department of Health, Joint Commission and Division of Mental Health surveys and managed the unit's quality assurance program

Staff Nurse (Full time and Reserve: Geropsychiatric and Sugrical Unit): 9/09 - 7/14

Admitting Representative: 9/07 - 9/09

Certified Nursing Assistant (Telemetry and Emergency Room): 12/05 - 9/07

Seattle University College of Nursing, Seattle WA

9/12 - 6/13

Adjunct Clinical Faculty:

- Managed undergraduate nursing students in their psychiatric clinical rotations
- Developed individualized student education plans based on the university's core clinical curriculum

Harborview Medical Center, Seattle, WA

6/08 - 9/09

Nurse Technician (Inpatient Psychiatry- 5WA, 5WB & 5Maleng)

Education

Seattle University, Seattle WA

Master of Public Administration

12/16

Seattle University, Seattle, WA

Bachelor of Science in Nursing

8/09 Graduated: Magna Cum Laude

Mental Health Professional

2/15 - Current

American Heart Association

Certified Instructor, Basic Life Support

3/12 - 1/15

Crisis Prevention Institute

Certified Instructor

8/12 - 8/14

Non-Profit Volunteer Associations

Transitional Resources, Seattle WA

Board of Directors

7/13 - 10/16

10/19 – 10/24

Vice President

4/20 – 10/24

Past Board President

4/15 - 10/16

Presentations

International Meeting of Simulation in Healthcare

- Presented at the January 2013 IMSH conference in Orlando, FL on the co-created psychiatric simulations part of the curriculum developed for health care professionals' novice in the care of mental health patients