

Dr. Hemavattie Ramtahal, DNP, BSN, RN, C-EFM

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EDUCATION

Seattle University, Seattle, WA

Doctor of Nursing Practice – Certified Nurse Midwifery, GPA: 3.994 (June 2024)

Bachelor of Science in Nursing, GPA: 3.985 (August 2021)

Schenectady County Community College, Schenectady, NY

Health Studies Courses (May 2017 - August 2019)

Cornell University, Ithaca, NY

Bachelor of Science in Human Development (January 2014)

Doula Trainings International, Syracuse, NY

Trained Birth and Labor Support Doula (April 2013)

LICENSE AND CERTIFICATIONS

Registered Nurse, Washington State – License RN 61208712, Expires September 2027

Registered Nurse, Montana State – NUR-RN-LIC-21885, Expires December 2026

Certified-Electronic Fetal Monitoring – NCC ID: 104009407, Expires June 2028

CPR and Basic Life Support – American Heart Association, Expires April 2027

PROFESSIONAL EXPERIENCE

Clinical Assistant Professor of Nursing (January 2025 - Current)

Pacific Lutheran University, Lynnwood, WA

- Clinical instructor for Accelerated Bachelor of Science in Nursing students during hospital-based clinical rotations at Providence Regional Medical Center, providing targeted feedback to strengthen clinical judgment, critical thinking, and professional practice while supporting the integration of evidence-based nursing theory into safe, high-quality patient care.
- Facilitated high-fidelity obstetric emergency simulations using Laerdal platforms, leading structured debriefings to strengthen clinical decision-making, reinforce course objectives, and promote adherence to patient safety and ethical standards while reducing procedural errors.
- Medical-Surgical Skills Lab Instructor delivering and evaluating hands-on clinical training, ensuring competency in core procedures and patient care techniques. Provide targeted feedback to improve proficiency and confidence, aligned with NCLEX-RN standards and institutional learning outcomes to support clinical readiness.

Adjunct Faculty, Obstetric Clinical Instructor (December 2024 - Current)

Seattle University, Seattle, WA

- Direct supervision, support, and evaluation of student-related clinical activities and assignments for Seattle University's Bachelor of Science in Nursing students in-hospital, onsite at Northwest Hospital and Medical Center, University of Washington to promote valuable experiences that enhance safe care, positive growth, and opportunities for learning.
- Observe, evaluate, and provide timely, constructive feedback on students' clinical performance, critical thinking, professionalism, and adherence to ethical and safety standards. Maintain accurate documentation of clinical hours, and performance outcomes while ensuring the safe delivery of patient care with effective integration of nursing theory into clinical practice.

Registered Nurse (October 2024 – Current)

Assured Home Health, Redmond, WA

- Provide and direct provisions of nursing care to patients in their homes as prescribed by the physician and in compliance with applicable laws, regulations, and agency policies.
- Coordination of total plan of care with other health care professionals and agencies involved with patient and family to achieve and maintain continuity of patient care by planning and exchanging information with physician, agency personnel, patient, family, and community resources.

Community Educator (June 2014 - September 2020)

Planned Parenthood Greater New York - formerly Planned Parenthood Mohawk Hudson, Schenectady, NY

- This position involves collaboration with community agencies, healthcare centers, and school districts to deliver specialized reproductive healthcare services and education in alignment with Centers for Disease Control and Prevention (CDC) guidelines. The role supports the development and implementation of reproductive health education curricula, healthcare education programs, and related resources for individuals, families, and communities.
- Key responsibilities include establishing and maintaining community partnerships; engaging in outreach activities; and collaborating with community-based organizations to identify local health needs, facilitate educational programs, and connect individuals with appropriate resources.
- The position also oversees the coordination and delivery of high-quality, patient-centered health education services for youth, parents, professionals, and community members, with a focus on reaching vulnerable populations.
- Additionally, the role facilitates support groups designed for vulnerable populations by integrating relational theory, resiliency practices, and skills-based training to strengthen personal and collective well-being, connection, and health competence among community youth.

Consultant (January 2016 – September 2020)

Samaritan Hospital, St. Mary's Campus, Troy NY

- Serve as a pelvic model for the Forensic Nurse Examiner Program, in collaboration with the Sexual Assault and Crime Victims Assistance Program, to support the provision of comprehensive and compassionate care for survivors of sexual assault, domestic violence, and abuse.
- Assist in the education and training of forensic nursing students and healthcare professionals by facilitating hands-on learning experiences focused on trauma-informed care, evidence collection, and patient advocacy to ensure the highest standards of clinical and ethical practice.

AWARDS, POSTERS, HONORS AND PRESENTATIONS

- Ramtahal, Hemavattie, "Provider Navigation of Cannabis Use Among Patients Who Seek Reproductive Healthcare" (2024). Seattle University, Doctor of Nursing Practice Projects. 126.
- National Health Service Corps (NHSC) Scholarship Program Class of 2022, September 2022.
- Ramtahal, H, Performer. "Vagina Monologues." YWCA Schenectady, February 29, 2020.
- Inaugural speech. 1st Annual Schenectady Women's March, January 18, 2020.
- Roots and Wings Award. Working Group on Girls, October 3, 2019.
- Oneida Middle School Commencement Ceremony Speaker. Schenectady NY, June 20, 2019.
- Ramtahal, H. Featured. "Pigs without Blankets Documentary." Connected Health Solutions.
- Ramtahal, H, Performer. "Vagina Monologues." YWCA Schenectady, October 20, 2018.
- Ramtahal H., Actress. "PrEP is for me." Planned Parenthood Mohawk Hudson, June 18, 2018.
- Fuel Her Fire Emerging Leader Recipient. Girls Incorporated of the Greater Capital Region, September 27, 2017.

- Certificate of Special Congressional Recognition, September 27, 2017.
- New York State Assembly Citation, September 27, 2017.
- New York State Senate Proclamation, September 27, 2017.
- New York State Senate Certificate of Merit, September 27, 2017.
- Graduation Salute. Capital Region Sponsor-A-Scholar, June 2, 2016.
- Bridges Out of Poverty Panel. The Schenectady Foundation, December 3, 2014.
- Empowerment Through Literacy Speech, Strong Smart and Bold Breakfast. Girls Incorporated of the Greater Capital Region, November 6, 2014.
- Paul, E., Ramtahal, H., Perez, P., Diu, M., Casasola, M., Evens, G. (2013) "Poverty and Infant Distractibility: An Early Advantage for Low-Income Infants?" Poster session no. 13. Society for Research in Child Development Bi-Annual Meeting, Seattle, WA.
- New York State Assembly Certificate of Merit, June 2009.
- City of Schenectady Certificate of Merit, June 2009.
- New York State Senate Certificate of Merit, June 2009.

FUNDED RESEARCH EXPERIENCE

Cornell Infant Studies Lab, Project Baby Games (August 2010 - January 2013)

Lab & Recruitment Manager/Teaching Assistant/ Research Assistant

- Investigated various aspects of socio-emotional outcomes in middle and low-income families. Developed and modified various procedures to provide controlled research environments.

Infants' Spatial Play: The Role of Parental Language and SES (June 2012 - August 2012)

Lead Researcher

- Examined parental talk and behavior during infant play to understand how parental SES may be shaping the complexity of infant play, which in turn may have important consequences for their learning. Developed and tested coding methods to quantify parent-child play sessions for analysis.

OTHER PROFESSIONAL COLLABORATIONS AND VOLUNTEER WORK

- The National Society of Leadership and Success - Seattle University Chapter, Seattle, WA
 - Member since March 2022
 - Seattle University College of Nursing Mentorship Program, Seattle, WA
 - Mentor 2021-2022 academic year; Mentee 2020-2021 and 2021-2011 academic year
 - Adolescent Pregnancy Workgroup, Schenectady County, New York.
 - Volunteer and co-chair of community workgroup 2019-2020 with the aim of reducing adolescent pregnancy and providing resources to pregnant or parenting youth
 - Sexual Assault and Victim Advocacy Services – Planned Parenthood Greater New York
 - Volunteer on-call and in-person sexual assault and victim advocate 2014-2022.
 - Adolescent Pregnancy Workgroup, Schenectady County, New York.
 - Volunteer and co-chair of community workgroup 2019-2020 with the aim of reducing adolescent pregnancy and providing resources to pregnant or parenting youth
 - Working Group on Girls of Schenectady, New York
 - Volunteer, mentor, muse, and facilitator for Girls Circle programs in identified at risk middle and high schools in Schenectady County 2014-2020.
 - Healthy Schenectady Families, Schenectady County, New York.
 - Volunteer and member of community workgroup 2020 with the aim of providing resources and services to vulnerable populations.
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