

KRISTI BEAUGHAN, FNP-BC

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Professional Summary

Professional family nurse practitioner with strong foundation in family medicine and women's health. Routinely precepting nurse practitioner students.

Goal: Seeking part-time, adjunct faculty position in nursing, nurse practitioner and/or women's health provider education.

Skills

- Health promotion and preventative care
- Patient communication
- Physical assessments
- Behavioral health

Work History

Family Nurse Practitioner, 01/2018 to Current

Lahai Health Clinic – Seattle, WA

- Provides medical services and care to patients with chronic and acute conditions, including hypertension, diabetes, musculoskeletal concerns, headaches, depression and anxiety.
- Provides women's cancer screenings.
- Provides primary and preventive care to adults of all ages. Care includes well adult examinations, gynecologic exams.
- Acts as a preceptor for nurse practitioner students.
- Creates individualized and customized care plans for each patient, working with clients to meet their health goals.
- Routinely works with interpreters to facilitate care with patients of a variety of cultural backgrounds.

Family Nurse Practitioner, 09/2019 to 06/2025

Seattle Pacific University Health Services – Seattle, WA

- Provided primary and urgent care to young adult population. Routinely collaborated with mental health professionals in shared clinic environment.
- Performed comprehensive physical and mental health assessments, accurately diagnosing conditions, and determining appropriate interventions.
- Ordered and interpreted diagnostic tests to develop and implement treatment plans.
- Prescribed appropriate pharmacologic and non-pharmacologic treatment modalities to support health and comfort of patients.

- Managed incoming calls, emails and faxes in addition to seeing an average of 10 patients per day.

Family Nurse Practitioner, 12/2018 to 01/2021

Bothell Women's Health – Bothell, WA

- Provided primary and preventive care to women aged 12 to 80.
- Provided women's health services, including providing contraception, counseling on reproductive issues and assisting with family planning needs.
- Provided lactation consultation.
- Discussed care plans with patients and explaining test results and proper use of medications to patients and family members.
- Explained medications and side effects to patients, family members and caregivers.

Adjunct Faculty, School of Nursing, 08/2019 to 06/2025

Seattle Pacific University – Seattle, WA

- Clinical supervision of 9 undergraduate nursing students.
- Instructed nurse practitioner students in the skills lab and clinical settings.
- Supervised students at Harborview Medical Center and Navos inpatient settings.
- Engaged students in on-site learning activities and post-clinical conference discussion.
- Skilled at working independently and collaboratively in a team environment.

Family Nurse Practitioner, 08/2017 to 07/2020

Swedish Medical Center – Seattle, WA

- Provided comprehensive lactation services, including providing contraception, counseling on breastfeeding issues and assisting with family planning needs.
- Educated patients on treatment options, medical needs and non-medical options for treatments and therapy.
- Performed frenotomies when determined to be medically necessary.

Clinical Nurse Practitioner, 03/2021 to 08/2023

3W Medical for Women – Seattle, WA

- Provided well woman exams for women aged 17-70.
- Assessed for and treated STDs in both male and female patients.
- Prescribed appropriate pharmacologic and non-pharmacologic treatment modalities to support health and comfort of patients.

Education

Master of Science: Family Practice Nurse Practitioner, 2017

Seattle Pacific University - Seattle, WA

Emphasis in adolescent and primary care medicine.

Master of Science: Nursing Education, 1988

University of Arizona - Tucson, AZ

Emphasis in psychiatric nursing and nursing education.

Certifications

- ANCC Certified in Family NP, WA license AP 60790543.
- Registered Nurse in WA, License RN 00079587.
- CPR certified through American Heart Association.
- Completed 40 hour SANE Training by Harborview Medical Center, 2023.